



## PACER's Mission

*PACER Center enhances the quality of life and expands opportunities for children, youth, and young adults with all disabilities and their families so each person can reach their highest potential.*

## PACER WEBSITES

### **PACER.org**

Information and links for families

### **PACER.org/Bullying**

Bullying prevention resources

### **PACER.org/Transition**

Information for young adults and their parents

### **PACER.org/STC (Simon Technology Center)**

Assistive technology resource center for children, families, and professionals

### **PACER.org/CMH (Children's Mental Health)**

Resources for families of children with mental health, emotional, and behavioral disorders

### **PACER.org/Health**

Information about the health care system



## About PACER Center

**PACER Center** enhances the quality of life and expands opportunities for children, youth, and young adults with all disabilities and their families so each person can reach his or her highest potential. PACER operates on the principles of parents helping parents, supporting families, promoting a safe environment for all children, and working in collaboration with others.

Opened in 1978, PACER is a nonprofit organization that works in coalition with 18 disability groups.

In 2006, PACER founded the **National Bullying Prevention Center**, which actively leads social change, so that bullying is no longer considered an accepted childhood rite of passage.



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PACER@PACER.org | **PACER.org**



**Your place for information, training,  
and support for families of  
children and youth with disabilities  
and for resources on bullying prevention.**

**PACER.org | 952.838.9000 | PACER@PACER.org**



**Early Childhood**

# PACER HELPS

## PACER HELPS IN MANY WAYS

Through more than 30 projects, PACER provides individual assistance, workshops, publications, and other resources to help families make decisions about education and other services for their child or young adult with disabilities.

PACER's National Bullying Prevention Center® (PACER.org/Bullying) provides resources designed to benefit all students, including those with disabilities.

### PACER IS FOR:

- Families and their children or young adults with disabilities or special health care needs from birth through adulthood.
- Educators and other professionals who work with students with or without disabilities.
- Parents of all children and schools working together to encourage family engagement in education.



**Multicultural Resources**



**Transition to Adulthood**



**Assistive Technology**

# LEARN MORE ABOUT PACER

## HOW DO I START?

- Call PACER at 952.838.9000
- Go online to PACER.org
- Send an e-mail to PACER@PACER.org
- Follow us on social media!



## WHAT CAN I EXPECT?

**By contacting PACER, you're taking the first step toward finding more support for your family.**

The majority of PACER staff are parents of children with disabilities who understand what you are experiencing and are ready to help.

## HOW CAN PACER HELP ME?

**PACER staff will guide you to the resources or information you need to help your child.**

PACER helps a wide variety of families and professionals on local, state, and national levels every day. Most PACER Center services are provided free of charge to Minnesota families.