

UNITY DAY — 10.19.16

Together Against Bullying — United for Kindness, Acceptance, and Inclusion

PACER's National Bullying Prevention Center®

Make it orange, make it end. What are your true colors when it comes to showing your support for students who are bullied?

Show those being bullied that they are not alone, that you care, and lead the movement against bullying.

What You Can Do At Your School or Community

- Order a free 24 X 36-inch Unity Day poster to display in your school, home, or community.
- Wear Orange! It can be an orange T-shirt, tie, hat, or shoelaces.
- Hang a banner with the word "UNITY" and ask everyone to sign.
- Inspire participation through activities such as Project Connect, Unity Day parade, and mural projects.
- Coordinate a fundraising project and donate to PACER's National Bullying Prevention Center.
- Create and wear an orange UNITY ribbon.

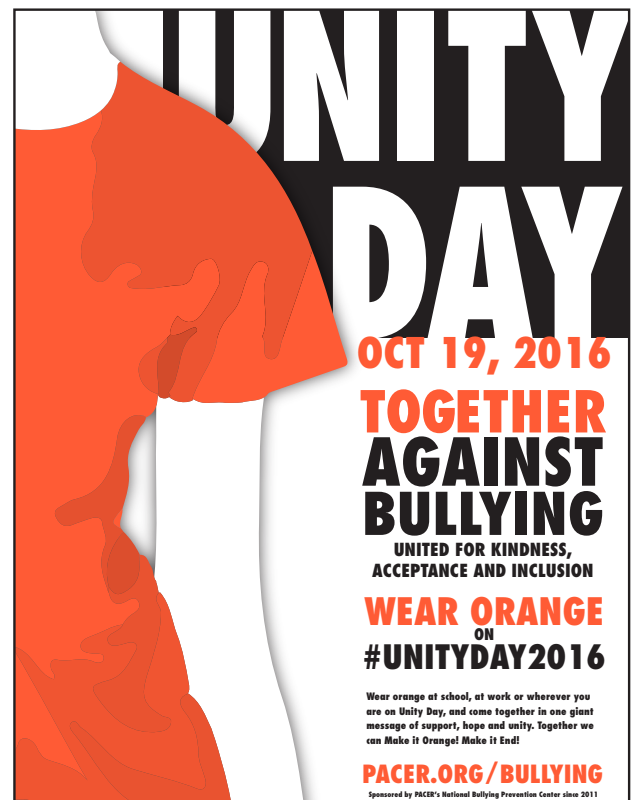
To create your own ribbons, purchase a spool of orange ribbon and cut into 12-inch strips. With a black marker, write "UNITY" or your own bullying prevention message on the ribbons.

What You Can Do Online

- Update your Facebook status to **"UNITY DAY, October 19"**
Join the movement to make it orange and make it end! If you are being bullied, you are not alone. Celebrate Unity Day to show we are together against bullying and united for kindness, acceptance, and inclusion.
- Share your stories and pictures online using **#UnityDay2016**
- Inform the media about Unity Day activities in your community.

Share the Orange

- Download the free images on PACER's website to share through your web and social media pages to spread the word about Unity Day.



Learn more at PACER.org/Bullying



**PACER's
National Bullying Prevention Center®**
The End of Bullying Begins with You.

Sponsored by PACER's National Bullying Prevention Center

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952.838.9000 | Bullying411@PACER.org | Facebook.com/PACERsNationalBullyingPreventionCenter