

Unity Day

Make it orange and make it end! Unite against bullying!

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Unite Against Bullying - Wear ORANGE on Unity Day, Wednesday, Oct. 10

What are your **true colors** when it comes to showing your support for students who are bullied? Show those being bullied that they are not alone, that you care, and lead the movement against bullying.

What You Can Do At Your School or Community

- ✓ Wear the color **ORANGE**
- ✓ Write the word **"UNITY"** on your hand, your notebook, or on a poster to hang in your locker or hallway
- ✓ Hang a banner with the word **UNITY** and ask everyone to sign
- ✓ Create and wear an orange **"unity ribbon"**

To create your own ribbons., purchase a spool of orange ribbon (5/8" wide) at a craft or dollar store. Cut into 12" strips. With a black marker, write UNITY, "The End of Bullying Begins With Me," or create your own bullying prevention message for the ribbons.



What You Can Do Online

Update your Facebook status to **"UNITY DAY, October 10th**

Join the movement to make it orange and make it end! If you are being bullied, you are not alone. Unite and be a champion against bullying!"

Go to **UNITY DAY – FACEBOOK** Page

- "Share" and "Attend" the Unity Day Event
- Post pictures of anyone wearing orange to the PACER's **UNITY DAY - Facebook** page.

Want to Do More?

- Sign PACER's "The End of Bullying Begins With You" Petition at **PACER.org/Bullying**

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Wednesday, October 10

Learn more at
PACER.org/Bullying

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