

Bullyology

Characteristics of Teens Who Bully and Who Are Targeted

Assignment*:

Review each term and decide if it belongs to a person who bullies or a person targeted by bullying.

Place an X in either the “Person Who Bullies” or “Target of Bullying” column.

*Answer key on pages 3-5.



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Terminology	The “Translation”	Person Who Bullies	Target of Bullying
Aggressivus exhibitus	Acts Aggressive		
Conflictus Avidus	Avoids Conflict		
Upsetius Reactus	Becomes Upset		
Readus Skills Socialium	Reads Social Skills		
Deservus Bullius	Thinks Others Have it Coming		
Pushius Overus	Easily Pushed Around		
Attentionius Seekus	Wants Attention		
Feelingus Lackingus	Seems Heartless		

Bullyology (con't)

Characteristics of Teens Who Bully and Who Are Targeted

Terminology	The "Translation"	Person Who Bullies	Target of Bullying
Shyus Quietium	Shy, Quiet or Withdrawn		
Speciallis Believeum	Thinks He or She is All That		
Friendus Lackus	Haw Few Friends		
Markus Easius	Looks Weak		
Coolium Popularis	Seems cool or popular		
Powerius Controlium	Has power and control		
Worrius Nervousum	Feels Nervous, Worried		
Self Esteemius Lackus	Thinks He or She Deserves What Happens		

Answer key on pages 3 - 5.

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Bullyology (Answer Key)

Terminology	The “Translation”	Person Who Bullies	Target of Bullying
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Conflictus Avidus	Avoids Conflict		X
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Readus Skills Socialium	Reads Social Skills	X	
Deservus Bullius	Thinks Others Have it Coming	X	
Pushius Overus	Easily Pushed Around		X
Attentionius Seekus	Wants Attention	X	
Feelingus Lackingus	Seems Heartless	X	
Shyius Quietium	Shy, Quiet or Withdrawn		X
Speciallis Believeum	Thinks He or She is All That	X	
Friendus Lackus	Haw Few Friends		X
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Powerius Controlium	Has power and control	X	
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Bullyology (Answer Key, con't)

Aggressivus exhibitus (Acts Aggressive)

Person Who Bullies

Kids who bully can be physically pushy and react to situations with anger. Kids who are targets of bullying aren't usually aggressive. They tend to "take it" rather than "dish it out."

Conflictus Avoidus (Avoids Conflict)

Target of Bullying

Teens who bully actually can like conflict. Targets usually don't want conflict or confrontations. Many are prepared to respond assertively.

Upsetius Reactus (Becomes upset)

Target of Bullying

Kids who bully are looking for targets who will cry, get angry or get upset. Target often cry, act scared, or get angry—exactly what the bullying is hoping for. Even though they don't deserve to be bullied, their reactions can invite more bullying.

Readus Skills Socialium (Reads Social Cues)

Person Who Bullies

The looks, the body language, the tone of voice—they're all social cues. Bullies use their ability to read those signs to control situations. Kids who get bullied often don't know how to read people's looks, body language, tone of voice, and other social cues.

Deservus Bullius (Thinks others have it coming)

Person Who Bullies

Believe it or not, bullies actually think people who look or act different deserve to be hurt. They don't even feel sorry about it. Targets know that no one deserves to be bullied.

Pushius Overus (Easily Pushed Around)

Target of Bullying

Not likely. Bullies are the ones who do the pushing around. Kids who can be easily overpowered and controlled are often bullied.

Attentionius Seekus (Wants Attention)

Person Who Bullies

What better way to get noticed than to bully someone? Well, there are lots of ways—but not to a bully. Targets might want attention—especially from someone who can help them. But they don't bully to get noticed.

Feelingus Lackingus (Seems Heartless)

Person Who Bullies

So true. Bullies often enjoy making someone scared, upset or angry. They're not exactly famous for caring about other people's feelings. Sometimes kids who are targeted by bullies might seem like they don't care—but it's probably more because they're scared and don't know what to do.

Bullyology— PACERTeensAgainstBullying.org/IDENTIFY/Bullyology

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Bullyology (Answer Key, con't)

Shyus Quietium (Shy, quiet or withdrawn)

Target of Bullying

Students who bully aren't the shy type. They like being bold and getting noticed and think shy, quiet kids can be overpowered and won't defend themselves.

Speciallis Believeum (Thinks he or she is all that)

Person Who Bullies

Many kids who bully are self confident and think they are above the rules. They sometimes even convince adults that what they're doing is okay. Targets often lack self confidence and the ability to make others see things their way.

Friendus Lackus (Has few friends)

Target of Bullying

Bullies often are popular and have lots of friends (although some of those "friends" are just afraid of them). Kids who don't have friends make easy marks. There's no one to help them—and bullies know it.

Markus Easius (Looks weak)

Target of Bullying

Bullies don't look weak, but they sure like to pick on others who do. To them, kids who are not assertive and who aren't likely to tell others if they get bullied are "weak." Bullies love it when a kid isn't assertive or likely to tell. They think these kids are an easy mark.

Coolium Popularius (Seems cool or popular)

Person Who Bullies

Some kids use their social status to manipulate others into following them. Bu you know what? Their "friends" often are afraid of them. Many teens who are bullied don't have a lot of friends.

Powerius Controlium (Has power and control)

Person Who Bullies

Bullies like to feel in charge, they manipulate, scare and intimidate others to "prove" they're powerful. Kids who are bullied don't have much power or control over others.

Worrius Nervousum (Feels nervous, worried)

Target of Bullying

Teens who bully often feel confident, not worried. You'd feel nervous, too, if someone was picking on you and you didn't know how to stop it.

Self Esteemius Lackus (Thinks he or she deserves what happens)

Target of Bullying

Bullies don't think anything bad should happen to them, but they sure think others deserve what they get. Teens with low self esteems or who feel they can't handle the situation sometimes feel like they deserve to be bullied.

Bullyology— PACERTeensAgainstBullying.org/IDENTIFY/Bullyology

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