

Hey Look Me Over!



**Ensuring Infants and Toddlers
are achieving at every stage and
every age.**



What is child development?

- *Child development* refers to how a child becomes able to do more complex things as they get older.
- Development is different than growth.
- *Growth* only refers to the child getting bigger in size.
- When we talk about normal development, we are talking about developing skills.



The 5 areas of development are:

- Large muscle
- Small muscle
- Communication
- Cognition
- Social Emotional

Lets look at each of these in more depth...

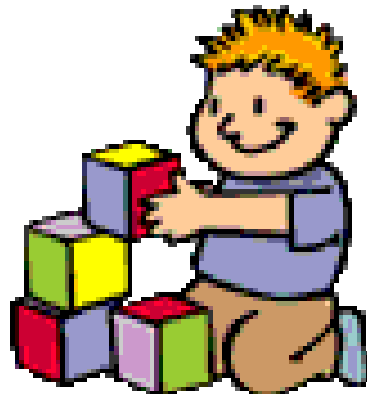
Large Muscle:

Using large groups of muscles to sit, stand, walk, run, etc., balancing, and changing positions.



Small muscle:

Using hands to be able to eat, draw, dress, play, write, and do many other things.



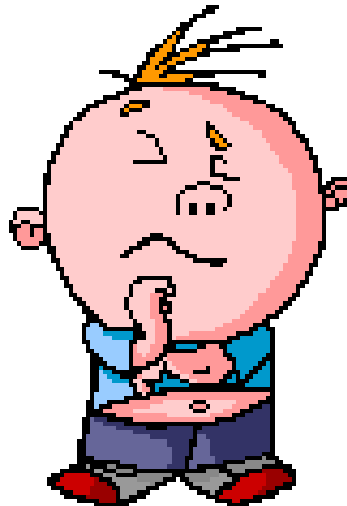
Language and Communication:

Speaking, using body language and gestures, communicating, and understanding what others say.



Cognitive:

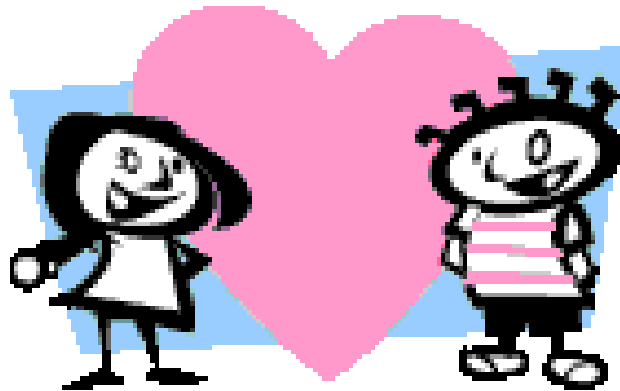
Thinking skills including learning, understanding, problem-solving, reasoning, and remembering.



Social:

Interacting with others, having relationships with family, friends, and teachers.

Cooperating and responding to the feelings of others.



What are developmental milestones?

- *Developmental milestones* are a set of functional skills or age-specific tasks that most children can do at a certain age range.
- Although each milestone has an age level, the actual age when a typically developing child reaches that milestone can vary quite a bit.
- Every child is unique!



The first three years of a child's life are an amazing time of development ...

- What happens during those years stays with a child for a lifetime.
- It's so important to watch for signs of delays in development.
- Get help if you suspect problems. **The sooner a child gets early intervention the better their progress will be.**



What is Early Intervention?

- Early intervention refers to a special program designed to help parents learn how to help their children develop optimally when the child is showing a delay – or there is potential for a child to develop delays based on various conditions.
- A child may qualify if they show a delay in one area of development.
- Or if the child meets state criteria to automatically qualify because the child has certain diagnosed conditions.

Children who are automatically_eligible for Part C Early Intervention in Minnesota...

A child with certain:

1. Chromosomal/Genetic Disorders
2. Neuro-developmental disorders
3. Prenatal/perinatal conditions **infants born weighing under <1500 grams**
4. Physical conditions
5. Sensory losses
6. Social-emotional conditions

Minnesota Children with Special Health Needs Website has further information on conditions that result in automatic eligibility.

www.health.state.mn.us/mcshn



If a child qualifies, he/she may receive some of these services based on his/her need:

- Core services available at NO cost:
 - Determining eligibility:
 - Referral, Screening, Evaluation, Assessment
 - Specialized instruction
 - Parent training
 - Related Services
 - Service Coordination



Your role is very important!

- Help your child develop skills in all areas.
- Note what your child can do well.
- Note anything that seems hard for your child.
- Discuss any concerns with your child's doctor or care provider.

Remember...

FREE assistance is available by calling:

HELP ME GROW

1-866-693-4769

help me



Visit **MNparentsknow.info** for more information about developmental milestones.