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FOURTH ANNUAL NATIONAL TED & DR. ROBERTA MANN FOUNDATION SYMPOSIUM ABOUT CHILDREN & YOUNG ADULTS WITH MENTAL HEALTH AND LEARNING DISABILITIES

AGENDA

8 – 8:30 AM

Registration | Continental Breakfast | Grand Ballroom Foyer

8:30 – 8:50

Welcome

Introduction of Dr. Roberta Mann, President, Ted and Dr. Roberta Mann Foundation

Paula Goldberg, Executive Director and Co-founder, PACER Center, MN

Mary Schrock, Chief Operating & Development Officer, PACER Center, MN

8:50 – 8:55

Opening Remarks

David Durenberger, Former U.S. Senator from Minnesota, MN

8:55-9

Vocal Selection

Dorothy Benham, Former Miss America, MN

9 – 10

Opening Keynote Presentation | Fulfilling the Dream

***Keynote Speaker:** *Roberto Rivera, The Good Life Organization, IL*

10 – 10:15

Move to Workshop Rooms

10:15 – 11:30

Workshops

1. ADHD Coaching: Individual and School Models | Atrium Room 7

Judy Bandy, R.N., Licensed School Nurse, Metro-area Middle School, MN

Holly West Jones, M.A., ADHD Specialist, Waterside Coaching & Counseling, MN

When schools and professionals work together to address attention-deficit hyperactivity disorder (ADHD), families benefit. These professionals will explain what ADHD coaching is, describe a model that can be delivered through private coaching or an ADHD lab provided by schools, and present an innovative and comprehensive school program based on the coaching model. They'll also share exciting outcomes, such as a change in perspective toward students with ADHD.

2. Bipolar Disorder Demystified | Atrium Room 6

Marya Hornbacher, Author, MN

Hornbacher will give a firsthand account of her personal struggle with severe bipolar disorder, including the difficulty of obtaining an accurate diagnosis. As she explains that bipolar disorder is often found in conjunction with other mental health problems such as substance abuse, eating disorders, ADHD, and anxiety disorder, she will use her personal experience to shed light on what the illness is like for children and adults who have it. Her goal's are to help teachers, family members, and professionals learn about how to identify and treat the illness, and to provide hope to those who have it and those who love them.

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* All keynote sessions will take place in the Grand Ballroom

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3. Depression in Children and Adolescents: Diagnosis, Treatment, and Suicide Prevention | Atrium Room 4

Jonathan Jensen, M.D., Director of Training and Education for the Child and Adolescent Psychiatry Fellowship, University of Minnesota, MN

Dr. Jensen will discuss research findings on the differences in depression among adults, adolescents, and children. He'll address inheritable risk factors, the effect other illnesses may have on depression, the difficulty of diagnosis, the tendency for depression in some people to develop into mania, and suicide risk. Finally, he will discuss the treatment of depression, treatment of families, and ways to work with care providers to prevent the consequences of depression.

4. The Many Faces of Anxiety in Children and Teens | Atrium Room 1

Susan Jenkins, M.D., Medical Director, Consulting Psychiatrist, Owner and CEO, Bluestem Center for Child and Family Development, MN

In this fun and informative presentation, Dr. Jenkins and students from Rochester, Minn., will illustrate the many ways in which anxiety can show itself in the home and in the classroom. She also will provide information about how common anxiety is and what treatment methods are available.

5. The NEW Science of Learning: Brain Fitness for Kids | Bloomington Meeting Room

Paula Tallal, Ph.D., Board of Governor's Professor of Neuroscience and Co-director, Center for Molecular and Behavioral Neuroscience at Rutgers University, NJ

Professor Tallal will discuss what recent advances in behavioral, physiological, and neuroimaging research show about how the brain builds basic cognitive skills (memory, attention, processing efficiency, and sequencing) that are fundamental to learning. She also will explain how parents and teachers can enhance these skills in children. Practical examples and data from interventions will show how neuroscience research has increased student success.

6. Traumatic Loss & Complicated Grief | Veranda Ballroom 1-2

Tom Ellis, M.A., Executive Director, Center for Grief, Loss & Transition, MN

Ellis will define traumatic loss and complicated grief and explore the effects of post-traumatic stress disorder and common trauma reactions. He'll also discuss supportive and healing concepts as well as self-care.

7. When the Chips are Down: Behavior Management Strategies for the Child with LD | Veranda Ballroom 5-8

Rick Lavoie, M.A., M.Ed., Education Consultant, MA

Lavoie will present dozens of field-tested behavior management techniques for students with language and attentional deficits. Designed for use at home and in the classroom, the strategies emphasize support, structure, and responsiveness. He will also discuss the philosophical underpinnings of each strategy.

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8. When You Think It's Asperger's Disorder, but It's Not! | Edina Room

Barry Garfinkel, M.D., President and Founder, Center for Developmental Psychopharmacology, MN

Read Sulik, M.D., Assistant Commissioner for Chemical and Mental Health Services for the Minnesota Department of Human Services, MN

Dr. Garfinkel will present an overview of obsessive-compulsive disorder (OCD) and Tourette syndrome, including treatment strategies and educational implications. Dr. Sulik will discuss OCD and Tourette look-alikes, how they can mimic other conditions, and how they can be easily misinterpreted and misdiagnosed.

11:30 AM – 12:15 PM **Lunch (pre-set box lunches) | Move to General Session Room**

12:15 – 12:20 **Keynote Presentation | Teens Against Bullying Video and Presentation**

12:20 – 12:40 **Keynote Presentation | See Me First...Reducing the Stigma of Mental Health Disabilities for Youth**

**Keynote Speaker: PACER Center Youth Advisory Board, MN*

12:40 – 1:45 **Keynote Presentation | Life Course Outcomes of Children with ADHD: Implications for Treatment**

**Keynote Speaker: Russell A. Barkley, Ph.D., Clinical Professor of Psychiatry, Medical University of South Carolina, SC*

1:45 - 2 **Move to Workshop Rooms**

2 – 3:15 **Workshops**

(Please see the descriptions from the morning sessions as they will be identical.)

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workshops continued on the reverse side of the page.

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Administration for the Minnesota Department of Human Services, MN*

3:15 – 3:30

Break | Move to General Session Room

3:30 – 4:30

Closing Keynote Presentation | It's So Much Work to Be Your Friend

***Keynote Speaker:** Rick Lavoie, M.A., M.Ed., Education Consultant, MA

4:30

Closing Remarks

**Please hand in your evaluation and participant forms
and pick up your certificates of attendance in the lobby.**

Additional resource materials are available in the lobby.