

# 4 FOURTH ANNUAL NATIONAL TED & DR. ROBERTA MANN FOUNDATION SYMPOSIUM ABOUT CHILDREN & YOUNG ADULTS WITH MENTAL HEALTH AND LEARNING DISABILITIES

## 2009 NATIONAL SPEAKER BIOS



### NATIONAL SPEAKERS

The Ted & Dr. Roberta Mann Foundation Symposium about Children & Young Adults with Mental Health and Learning Disabilities is committed to inviting national speakers to share their expertise with parents and professionals. The topnotch presenters you hear today will provide high-quality, professional presentations regarding proactive, positive teaching strategies and interventions, as well as effective treatment planning. Together with your commitment and enthusiasm, we will continue to improve outcomes for children and young adults with mental health and learning disabilities. We are honored to have the following distinguished speakers join us today.



**JUDY BANDY, R.N.**

Judy Bandy, licensed school nurse, graduated from Ball State University School of Nursing. She has held various pediatric and public health positions. She is in her seventh year of school nursing at a metro-area middle school. For the past five years, she has provided leadership to a unique program to support students with attention-deficit hyperactivity disorder (ADHD), their parents, and school staff.



**RUSSELL A. BARKLEY, Ph.D.**

Russell A. Barkley is a clinical professor of psychiatry at the Medical University of South Carolina and a research professor of psychiatry at the State University of New York Upstate Medical University in Syracuse. Barkley is a diplomate in three specialties: Clinical Psychology (ABPP), Clinical Child and Adolescent Psychology, and Clinical Neuropsychology (ABCN, ABPP). He is a clinical scientist, educator, and practitioner who has authored, co-authored, or co-edited 13 books and clinical manuals now numbering 23 separate editions. He has published more than 230 scientific articles and book chapters related to the nature, assessment, and treatment of ADHD and related disorders.



**TOM ELLIS, M.A.**

Tom Ellis is the executive director and clinical supervisor of the Center for Grief, Loss & Transition in St. Paul, which provides specialized therapy and education in the areas of complicated grief, trauma, and life transition. A licensed marriage and family therapist, he is also a consultant, writer, and trainer. He recently received the Distinguished Service Award from the Minnesota Association for Marriage & Family Therapy. Ellis is a graduate of the University of St. Thomas, the University of Minnesota, and St. Mary's University of Minnesota, where he earned a master's degree in counseling psychology.





**BARRY GARFINKEL, M.D.**

Dr. Barry Garfinkel is president and founder of the Center for Developmental Psychopharmacology. A noted specialist and author in the areas of adolescent and child psychiatry, psychopharmacology, ADHD and learning disabilities, suicide in children and adolescents, and depression, he earned his M.D. from the University of Manitoba and completed his psychiatric training at the University of Toronto.



**MARYA HORNBACHER**

Marya Hornbacher published her first book, "Wasted: A Memoir of Anorexia and Bulimia," in 1998. What started as an idea suggested by a writer friend became the classic book that has been published in 14 languages, is used in universities and writing programs all over the world, and has, according to the thousands of letters the author has received over the years, changed lives. Her new memoir, "Madness: A Life," is an intense, beautifully written book about the difficulties and promise of living with mental illness. It is already being called "the most visceral, important book on mental illness to be published in years." The recipient of a host of awards for journalism and a Pulitzer Prize nomination, she has lectured at universities around the country, taught writing and literature, and been published in academic and literary journals since 1992.



**SUSAN JENKINS, M.D.**

Dr. Susan Jenkins owns and directs Bluestem Center for Child and Family Development in Rochester, Minn. The clinic has 13 professionals and focuses on the needs of children and adults with neurodevelopmental disorders, including: autism spectrum, Asperger's, ADHD, depression, anxiety, post-traumatic stress disorder, obsessive-compulsive disorder, and others. She completed medical and residency training at the University of Chicago and Mayo Clinic, and has practiced child and adolescent psychiatry in Rochester for 20 years.





**JONATHAN JENSEN, M.D.**

Dr. Jonathan Jensen is the director of training and education for the Child and Adolescent Psychiatry Fellowship at the University of Minnesota. He is a graduate of Case Western Reserve University Hospitals General and Child Psychiatry Residency Program. Psychoanalytic psychotherapy, family dynamics, and group therapy are his emphasis in psychotherapy teaching. He teaches psychopharmacology management, incorporating his research in neurochemical mechanisms underlying childhood depression, ADHD, and autism. He also is interested in obsessive-compulsive disorders in children. Forensic child psychiatry, school consultation, community consultation, and child sexual abuse, are additional areas of clinical interest.



**HOLLY WEST JONES, M.A.**

Holly West Jones received her undergraduate degree from the University of Minnesota with a double major in social work and family social science; she received a master's degree in counseling psychology from the Adler Graduate School. She has devoted her career to researching and understanding ADHD. She is the mother of a child with ADHD and understands personally and professionally the issues confronting families. In private practice in Excelsior, Minn., she provides ADHD coaching and education for families, students, and other professionals. Additionally, she consults with school districts and develops comprehensive programs for students with ADHD in their academic setting.



**RICK LAVOIE, M.A., M.Ed.**

Rick Lavoie is a popular author and national speaker with more than 30 years' experience in special education. He aims to provide information and inspiration to parents and teachers of children with learning disabilities. His award-winning videos, "How Difficult Can This Be?: The F.A.T. City Workshop" and "Last One Picked, First One Picked On: The Social Implications of Learning Disabilities," have brought his sensitive and compelling message to countless thousands throughout the world. He has served as an administrator of residential programs for children with special needs since 1972. He holds three degrees in special education and has served as an adjunct professor or visiting lecturer at numerous universities.





**ROBERTO RIVERA**

An artist and educator, Roberto Rivera transformed himself from a disengaged youth in special education classes to an honors graduate from the University of Wisconsin – Madison. The former teenage runaway is now a successful businessman who uses his story and award-winning skills as a film producer, poet, and actor as he speaks about engaging youth. Despite the fact that he has won many awards for his work from leaders such as former President Bill Clinton, Rep. Tammy Baldwin, and others, his greatest joy is working with educators in activating genius and inspiring hope in students who are labeled disadvantaged.



**READ SULIK, M.D.**

Dr. Read Sulik is a child and adolescent psychiatrist, adult psychiatrist, and pediatrician who was recently appointed assistant commissioner for Chemical and Mental Health Services Administration for the Minnesota Department of Human Services. He speaks extensively on depression, anxiety, trauma, suicide, ADHD, and more. His recent awards include the 2007 Psychiatrist of the Year and 2008 Distinguished Service Award from the Minnesota Psychiatric Society, as well as the 2008 Exemplary Psychiatrist Award from the National Alliance of the Mentally Ill. He earned his medical degree from the University of Minnesota and completed the Triple Board Combined Residency Program at the University of Kentucky.



**PAULA TALLAL, Ph.D.**

Paula Tallal is a world-renowned authority and leading researcher in language and literacy development and disorders. She is a cognitive neuroscientist and board-certified clinical psychologist who has authored more than 200 publications. She holds several patents and earned the Thomas Alva Edison Patent Prize for her research leading to the development of Fast ForWord language, reading and cognitive fitness training programs aimed at improving the educational outcomes of children struggling with language and literacy skills. A professor of neuroscience at Rutgers, The State University of New Jersey, she co-founded and co-directs the Center for Molecular and Behavioral Neuroscience.





### **PACER CENTER YOUTH ADVISORY BOARD**

The PACER Center Youth Advisory Board offers a unique view of a teen's journey through school and community as a person with a mental health disability. These articulate and talented youth share their personal stories and inspire confidence that people with mental health disabilities have much to offer society.

