

Parent Documentation: Behavior Concern for Infants (Birth to 1 Year)

Directions: This sheet will help you track when, how often, and how long the behavior of concern lasts in order to communicate this information to a medical professional or medical hotline. Note: Any time you are concerned about your infant's behavior, you should call your pediatrician, a medical hotline, or other professional.

Chart for 24 hours - two times

| Behavior of Concern | Date(s) | How Long? How Often? Record how long the behavior lasts. Keep track of the number of times per hour. | Parent Action Record who you contacted: Child's pediatrician, medical hotline, or other professional. | Result Record the nature of advice, appointment, or referral. Document interactions with medical or help personnel. |
|---|---------|---|--|--|
| Excessive crying | | | | |
| Not sleeping; restless sleeper | | | | |
| Does not show affection for familiar faces | | | | |
| Shows fear without cause | | | | |
| Does not track movement with eyes by 2-3 months | | | | |
| Muscles rigid when held; does not want to be held | | | | |
| Seldom smiles | | | | |
| Other concerns | | | | |