



Parent Documentation: Behavior Concern for Infants (Birth to 1 Year)

Directions: This sheet will help you track when, how often, and how long the behavior of concern lasts in order to communicate this information to a medical professional or medical hotline. Note: Any time you are concerned about your infant’s behavior, you should call your pediatrician, a medical hotline, or other professional.

Chart for 24 hours - two times

Behavior of Concern	Date(s)	How Long? How Often? Record how long the behavior lasts. Keep track of the number of times per hour.	Parent Action Record who you contacted: Child’s pediatrician, medical hotline, or other professional.	Result Record the nature of advice, appointment, or referral. Document interactions with medical or help personnel.
Excessive crying				
Not sleeping; restless sleeper				
Does not show affection for familiar faces				
Shows fear without cause				
Does not track movement with eyes by 2-3 months				
Muscles rigid when held; does not want to be held				
Seldom smiles				
Other concerns				