

Parent Documentation: Behavior Concern for Toddlers (1 Year to 3 Years)

Directions: This sheet will help you track when, how often, and how long the behavior of concern lasts in order to communicate this information to a medical professional or medical hotline. Note: Any time you are concerned about your infant's behavior, you should call your pediatrician, a medical hotline, or other professional.

Chart for 24 hours - two times

Behavior of Concern	Date(s)	How Long? How Often? Record how long the behavior lasts. Keep track of the number of times per hour.	Parent Action Record who you contacted: Child's pediatrician, medical hot line, or other professional.	Result Record the nature of advice, appointment, or referral. Document interactions with medical or help personnel.
Fearful of exploration				
Severe separation anxiety				
Attempts to toilet train difficult; creates excessive anxiety				
Consistently screams instead of using language				
Easily overwhelmed by stimuli; overreacts to touch or noise				
Severe temper tantrums; cannot be redirected or stopped				
Other concerns				