



# Parent Documentation: Behavior Concern for Toddlers (1 to 3 Years)

Directions: This sheet will help you track when, how often, and how long the behavior of concern lasts in order to communicate this information to a medical professional or medical hotline. Note: Any time you are concerned about your infant's behavior, you should call your pediatrician, a medical hotline, or other professional.

## Chart for 24 hours - two times

<b>Behavior of Concern</b>	<b>Date(s)</b>	<b>How Long? How Often?</b> Record how long the behavior lasts. Keep track of the number of times per hour.	<b>Parent Action</b> Record who you contacted: Child's pediatrician, medical hot line, or other professional.	<b>Result</b> Record the nature of advice, appointment, or referral. Document interactions with medical or help personnel.
Fearful of exploration				
Severe separation anxiety				
Attempts to toilet train difficult; creates excessive anxiety				
Consistently screams instead of using language				
Easily overwhelmed by stimuli; overreacts to touch or noise				
Severe temper tantrums; cannot be redirected or stopped				
Other concerns				