This super fun kindness catcher will provide ideas for being kind.

Remember to say, "Please"

Ask, "How's your day going?"

Offer to help someone

Be patient when others do things differently

Write a kind note to someone

Smile and say hello to someone

"Thank you," be sure to say,

Give a nice compliment

Friend

Remember to say, "Please"

Kindness

©2020, PACER Center | National Bullying Prevention Center is a program of PACER Center
8161 Normandale Blvd | Minneapolis, MN 55437 | 952.838.9000 | bullying411@pacer.org
PACER.org/bullying | PACERKidsAgainstBullying.org