

BE PATIENT WITH
THOSE WHO DO
THINGS IN A
DIFFERENT WAY

STOP SPEAK
BULLYING UP 

TELL SOMEONE
YOU'RE HAPPY
THEY'RE PART
OF YOUR SCHOOL

STOP SPEAK
BULLYING UP 

INVITE SOMEONE
LOOKING FOR A
PLACE TO SIT TO
JOIN YOUR CREW

STOP SPEAK
BULLYING UP 

SAY "GOOD
MORNING" TO
SOMEONE WALKING
TO CLASS ALONE

STOP SPEAK
BULLYING UP 

NOTICE IF SOMEONE
IS ALONE AT RECESS
AND ASK IF THEY
WANT TO JOIN YOU

STOP SPEAK
BULLYING UP 

GIVE A SINCERE
COMPLIMENT
ABOUT SOMETHING
WELL DONE

STOP SPEAK
BULLYING UP 

THANK SOMEONE
YOU'VE NEVER
SPOKEN TO FOR
SOMETHING THEY
DO EVERY DAY

STOP SPEAK
BULLYING UP 

INTRODUCE
YOURSELF TO
SOMEONE NEW

STOP SPEAK
BULLYING UP 

LEARN SOMETHING
NEW ABOUT A PEER

STOP SPEAK
BULLYING UP 

ASK SOMEONE HOW
THEIR DAY IS GOING
AND REALLY LISTEN
TO THE ANSWER

STOP SPEAK
BULLYING UP 

**WAY TO INCLUDE!
NOW RECORD AT:
INCLUDESOMEONE.COM**



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