Let’s talk about what it means to include!
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According to Webster’s English Dictionary, INCLUDE is to make someone part of a whole.

We include everyone and celebrate diversity to strengthen our community.
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To include someone is to bring them **IN** so that they feel like they are a part of something. It could be as simple as a conversation, engaging in an activity together, or asking them to participate in a group.

When someone is included, it helps them feel respected, valued for who they are, and like they belong.

When you practice inclusion you learn and grow while strengthening your community.
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Include: The **IN** matters! To be inclusive, means to:

- **INVOLVE**
- **INTRODUCE**
- **INTERACT**
- **INVITE**
- **INTEREST**
- **INSPIRE**
Let’s talk about what it means to include!

IN words all add up to being inclusive!

- INTroduce yourself to others!
- INVolve others in your conversations!
- INVite others to play!
- Tell someone why they are INspiring!
- Show INterest in learning about experiences different from yours.
Let’s think about ways to be inclusive!
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1. INclude everyone all the time!

- **Be patient**, each of us does something in a different way
- **Tell someone** why they’re important to you
- **Compliment someone** for doing their best
- **Learn something new** about someone, and celebrate difference and diversity
Let’s think about ways to be inclusive!

2. Include everyone at school!

- **Say “good morning”** to someone who you don’t know
- **Notice when someone is alone** and invite them to join you
- **Read books** to learn about different ways of being and thinking
- **Invite someone** you may not know well to join your crew
- **Create inclusion posters** that celebrate differences or diversity
- **Share notes** with positive messages
3. INclude everyone while at home and in your community!

- **Make signs** with inclusion messages for your window, driveway, or yard
- **Set up a play date** with someone new
- **Host a virtual game night** for friends and neighbors
- **Create opportunities** to learn about and with diverse students
Let’s discuss ideas to include!
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1. What does it mean to include someone?

2. Why is it important to ensure everyone feels included?

3. How does it make you feel when you practice inclusion?
YOU CAN MAKE A DIFFERENCE.
INCLUDE SOMEONE TODAY!

PACER's National Bullying Prevention Center and Cartoon Network's Stop Bullying: Speak Up have partnered to inspire kids across the nation to make a difference by including someone. Visit www.IncludeSomeone.com