

Troll

Written by Frances Stickley; Illustrated by Stefano Martinuz

Discussion questions

- 1) Why were all of Troll's neighbors afraid of crossing his bridge?
- 2) Troll lived beneath the bridge where nobody could see him. Why do you think it was easier for him to be mean?
- 3) When Rabbit met Troll face to face he could not hear Troll's insulting words. Rabbit tried to talk to him with kind words. How did Troll feel? How did he respond?
- 4) When Rabbit quietly left, why did Troll decide to change his behavior and be more kind?
- 5) Why did Troll practice making friends with himself before trying to make friends with his neighbors?
- 6) What did Troll say to himself in the mirror and how did he feel about himself after practicing every day?
- 7) How did Troll's neighbors respond to him when he was kind to them? How do you think he and his neighbors felt?
- 8) Do you think that knowing someone's name helps to get to know them better?
- 9) How do we know if the words we use are kind or mean?
- 10) What can we do if we hear someone using mean or unkind words? How can we help the person speaking (doing the bullying)? How can we help the person they are speaking to (the target)?

Circle Time

Friendship:

- 1) What does it mean to be a good friend?
- 2) How would you like your friends to talk to you? Give some examples.
- 3) What do you do to be kind and considerate to your friends?

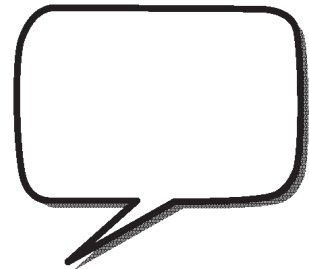
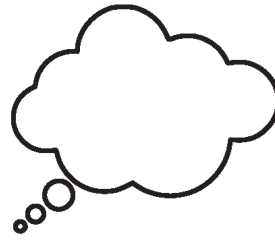
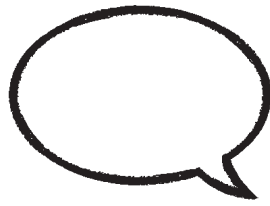
Positive Self-Talk Mirror Activity:

In the book, Troll starts his journey into kindness by making friends with himself first. He does this by telling himself kind words. Troll practices complimenting himself in the mirror. Look at your reflection and say 3 kind things to yourself. When you're done, think about it. How did your kind words make you feel?



Arts & Crafts

Activity 1: Draw Troll and fill his speech bubbles



Activity 2: Color the megaphone and use it to share kind words with friends.

