

October: Theme is “Uniting for Social Inclusion”

October is National Bullying Prevention Month! [Learn more!](#)

Education: Role of bystanders

Elementary school students

Q: What can you do if you see bullying?

A: If you see bullying happen, you can help stop it. How? Speak up! When kids are willing to speak up about what they think is wrong, they can make a difference. If you are willing to say that bullying is not cool, other kids will be more willing to speak up, too. Visit the [KidsAgainstBullying](#) website to learn what you can do.

Become a “Kid Against Bullying,” take the [pledge](#).

Middle and high school students

Q: What can you do if you see a student with a disability being bullied?

A: The best thing you can do is to be prepared and to be supportive. Creating your own action plans help you think through situations and determine response options. Learn more about the [Student Action Plan](#).

Q: What do you think is the most powerful action to help someone who is being bullied?

A: Visit the [TeensAgainstBullying](#) website to [share your opinion!](#)

Interaction: ALL students

Participate in UNITY DAY!

Theme: “Together against bullying — united for kindness, acceptance, and inclusion.”

Call to action: **WEAR AND SHARE ORANGE!**

Make it **ORANGE** and make it end! What are your true colors when it comes to bullying? If you care about safe and supportive schools and communities, make your color **ORANGE** on **Unity Day**. That’s the day everyone can come together — in schools, communities, and online — and send one large **ORANGE** message of support, hope, and unity to show that we are together against bullying and united for kindness, acceptance, and inclusion.

Ideas include:

- Wear orange to show solidarity for social inclusion and an end to bullying of students with disabilities
- Share stories and pictures focusing on social inclusion of students with disabilities, #UnityDay2016
- Encourage participating in activities such as creating orange chains, unity trees, unity parade, and much more.
- Dance to “You Can’t Take That Away from Me” featuring a performance by 2016 American Idol star Tristan McIntosh
- Display a unity banner at your school and ask everyone to sign

Visit the [Unity Day](#) page for more ideas, including how to order posters and other materials.