

During National Bullying Prevention Month in October, students and adults can participate in theme weeks to promote **KINDNESS, ACCEPTANCE, and INCLUSION** to prevent bullying in the classroom and other youth settings.

WEEK ONE: EXPLORE

Learn how kindness, acceptance, and inclusion can help prevent bullying.

WEEK TWO: PLAN

Record ideas for wearing and sharing orange on Unity Day.

WEEK THREE: CELEBRATE

Gather in-person or online on Unity Day to share your efforts and show your commitment.

WEEK FOUR: REFLECT

Determine ways to continue bullying prevention efforts all year to create a kinder, more inclusive, and more accepting world.

The student activity book is designed to be completed each week with activities to support the weekly theme.

NATIONAL BULLYING PREVENTION MONTH

A campaign founded in 2006 by PACER's National Bullying Prevention Center that is held during the month of October to unite communities nationwide to educate and raise awareness of bullying prevention.

UNITY DAY

A one-day event held the third Wednesday of October to come together in one giant, **ORANGE** message of hope and support. It's a day to **WEAR AND SHARE ORANGE** to visibly show that our society believes no child should ever experience bullying.