During National Bullying Prevention Month in October, students and adults can participate in theme weeks to promote **KINDNESS, ACCEPTANCE, and INCLUSION** to prevent bullying in the classroom and other youth settings.

**WEEK ONE: EXPLORE**

Learn how kindness, acceptance, and inclusion can help prevent bullying.

**WEEK TWO: PLAN**

Record ideas for wearing and sharing orange on Unity Day.

**WEEK THREE: CELEBRATE**

Gather in-person or online on Unity Day to share your efforts and show your commitment.

**WEEK FOUR: REFLECT**

Determine ways to continue bullying prevention efforts all year to create a kinder, more inclusive, and more accepting world.

The student activity book is designed to be completed each week with activities to support the weekly theme.

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**NATIONAL BULLYING PREVENTION MONTH**

A campaign founded in 2006 by PACER’s National Bullying Prevention Center that is held during the month of October to unite communities nationwide to educate and raise awareness of bullying prevention.

**UNITY DAY**

A one-day event held the third Wednesday of October to come together in one giant, **ORANGE** message of hope and support. It’s a day to **WEAR AND SHARE ORANGE** to visibly show that our society believes no child should ever experience bullying.

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