1. What can bullying look like?

2. What is an act of kindness you’ve witnessed?

3. When someone is included, how do you think that feels?

4. What does acceptance look like?

5. How does bullying impact someone’s self-confidence?

6. Does bullying happen more often than adults think?

7. What is one myth about bullying that you know isn’t true?

8. How do you think bullying feels?

9. Why do you think students bully?

10. What is a reason why students might not tell an adult about bullying?

11. How do you feel when you see bullying?

12. What is one thing you could do if you experience bullying?

13. How do you think other people feel when you are kind to them?

14. How do you think other people feel when you are kind to them?
15. What is something unique about you?

16. How can you help a friend be included?

17. When was a time someone was kind to you?

18. What is one thing you could do if you see bullying?

19. If you were planning Unity Day, what message would you want people to hear?

20. What does unity look like?

21. Why do you think it can be hard to show kindness sometimes?

22. Why are our differences important?

23. Think about a time someone included you – how did it make you feel?

24. How does it feel when you are kind to someone?

25. What is something positive that happened to you recently?

26. How can showing kindness have an impact on others?

27. How does it feel when you are included in a group?

28. Can peer pressure impact how you treat others?

29. How does working together help us prevent bullying?

30. How does showing kindness, acceptance, and inclusion help prevent bullying?

31. What is one takeaway from this month that you want to remember all year long?