

Activities

School Open House – Introduce iStand to your students and parents during your school’s Open House. Use resources to state facts about bullying and explain what your mission is with your iStand group. Mention “Bully Awareness” month/week in October, “Unity Day” on October 9th and “Run, Walk, Roll Against Bullying” on October 9th. Invite them to visit the PACER site.

PACER – Sign up for newsletter on PACER website

Print petition flyer from site. There is one for both Elementary and Middle/High schools

Invite the students to take the survey on site

Offer the digital petition toolkit to staff

October, “Bully Awareness Month” – If you are just doing a week, this would be **October 6th-12th**, kicking it off with the “Run, Walk, Roll Against Bullying” on **Oct. 5th**. “Unity Day” is **Oct. 9th**. You can find the Student Even toolkit and the School Planning Event guide to help with these events on the PACER site.

MISCELLANEOUS ACTIVITIES:

***Notecard videos** with subjects such as: “What is bullying?”, “Bullying makes me feel.....”, “I Stand for.....”, “I can help a friend by....”, etc. There are so many subjects for this activity.

Story skits can be done using books like: “One” by Kathryn Otoshi, “Exclamation Mark” by Amy Krouse Rosenthal, “King of the Playground” by Phyllis Reynolds Naylor, “Spookley the Square Pumpkin” by Joe Troiano, etc.

Real event skits are done using actual bullying situations the kids discuss during their meetings. Without using actual names (if discussed), re-create the events such as cafeteria, playground, hallway, bus, texting, social media, party, sleepover, sports practice, etc. We video these and use them on our school’s newscast or perform them live on stage in front of the whole school during assemblies.

Posters: poster contests, “theme” posters such as “iStand for...”, “Stop the Madness!”, “Demonstrate don’t Intimidate”, “Be an iStander not a Bystander”, “Steps to Stop Bullying”, etc.

Bully Mailbox: This is a real mailbox kept in the Media Center for students to write letters to their bully. The letters are put into the mailbox and the mailbox is checked daily by staff.

“Break Out” skits aka “Flash Mobs”, though not using music and dancing, but rather a bullying incident and its resolution. Or, if you want to write a song and dance concerning bullying and do it that way, that’s even better!

There are so many activities that can be used, especially when we all share our ideas. If you would like to be put on a sharing email list, please contact Shawna Hixon hixons@martin.k12.fl.us.