



Educator Guide to Carmen's Corner for K–3 Students Episode 1: Kindness

Overview

After watching the first episode of *Carmen's Corner* featuring the Kids Against Bullying puppets, use the worksheets to engage your students (and the adults in their lives) in thinking about kindness. As Carmen says, “Practicing kindness is something we can each do, every day, to make the world a better place!”

Goal

To create discussion around the bullying prevention concepts and ideas presented in the video series, *Carmen's Corner*, and to affirm positive social behaviors between students.

Materials needed

Internet access (<https://tinyurl.com/CarmensCornerEp1>); if worksheets are to be printed out, then you will also need a printer, paper, pencils, crayons, or other drawing tools.

Steps to use with in-classroom or distance learning

1. Have students watch **Carmen's Corner, Episode 1**. The episode is approximately 12 minutes long. The episode covers the following topics in this order (time stamps are shown after each section to simplify instruction):
 - a. **Introduction** to *Carmen's Corner*, Carmen, and how a hand-and-rod puppet works [0:35]
 - b. **Word of the Day:** Amable/Kind [2:37]
 - c. **Good Stuff:** Some ways that kids are being kind, wherever they are [3:25]
 - d. **Ask Carmen:** Questions about bullying sent to Carmen; this episode asks, “What is bullying?” and, “What should you do if you're being bullied?” [4:48]
 - e. **Special Guest:** Bailey Huston, from PACER's National Bullying Prevention Center, discusses how you can be kind and how to practice kindness every day [7:09]
 - f. **Joke of the Day!** [9:41]



2. Send or distribute the appropriate worksheet to your students:
 - a. **At home:** Parents can participate by watching the video, recording their child’s answers, or contributing an idea
 - b. **In the classroom:** Debrief the video first with a class discussion and then have students start the handout, revisiting sections with class discussion when necessary
3. After worksheets are done, **discuss in a class meeting** and let students talk about their answers
4. After worksheets are handed in or sent back, **create a “Kindness Wall”** to post drawings, jokes, or other student (and parent!) contributions using the answers generated by the worksheet

Notes for educators

Worksheet A:

The primary emphasis of this worksheet is on acts of kindness. The questions can be completed with adult assistance. Students are encouraged to write or draw their answers.

Worksheet B:

This worksheet emphasizes kindness as well as bullying prevention ideas. Questions should be completed by students on their own.

“Speak up, reach out, and be a friend!”