Word of the day

The word of the day is feliz, which means happy in Spanish. Trace the words below:

feliz = happy

(Spanish) (English)

Your feelings

Color in the face that shows the feeling you are having right now. Check your feelings chart to find the right word and put it underneath the face that shows your feeling.
You're the artist

Draw your own feelings face and put the feeling word next to it!

Define it

Coping skills are the healthy things we do to help us feel better. What do you do when you want to feel better?