Overview

Use the student worksheets to engage your students and the adults in their lives in thinking about what we all can do to accept others’ differences. As Carmen says, “When we accept ourselves and others just the way we are, we make the world a better place!”

Goal

To help K-3 students define acceptance of difference and how children express those differences. This two-part episode also introduces students to a new puppet, Max, who has autism.

Materials needed

Internet access if worksheet is to be printed out, then you will also need a printer, paper, pencils, crayons, or other drawing tools.

Steps to use with in-classroom or distance learning

   a. Part A: Welcome! [0:35]
      b. Word of the Day: amigos/friends [1:17]
      c. Cooking with Miguel: Miguel and his uncle share their family recipe for a delicious breakfast dish called mangú. Carmen notes that it’s really different from the bowl of cereal she has in the morning. [2:09]
      d. Good Stuff with Brad: Brad introduces some kids who like different and similar things. [3:27]
      e. Ask Carmen: Questions about bullying sent to Carmen; in this episode Carmen helps a student understand how to help a new classmate who is being bullied because he speaks with an accent. [4:28]
      f. BRAIN BREAK! This marks the end of PART A [6:33]
      g. Part B: Special Guest, Max. We meet a new puppet, Max, who has autism. He talks with Carmen about himself and demonstrates his reading ability. [:11]
h. **Fabulous Fashions with Shannon!** Shannon talks about the different kinds of clothes kids wear to school around the world. [3:48]

i. **Farewell** [5:38]

2. Send or distribute the appropriate **worksheet** to students:
   a. At home: Parents can participate by watching the video, recording their child’s answers, or contributing an idea.
   b. In the classroom: Debrief the video first with a class discussion and then have students start the handout, revisiting sections with class discussion when necessary.

3. **After worksheets are done, discuss in a class meeting** and let students talk about their answers.

4. After worksheets are handed in or sent back, **create a class idea map of ways to make others feel like they belong and are accepted as part of the class.**

**Notes for educators**

**Worksheet A:**
The primary emphasis of this worksheet is on learning about similar and different. The questions can be completed with adult assistance.

**Worksheet B:**
This worksheet emphasizes what we all can do to accept others’ differences. This worksheet is meant to be completed by the student.

“Speak up, reach out, and be a friend!”