



## Educator Guide for K-3 Students

### Carmen's Corner Episode 5: Advocacy

#### Overview

After watching the fifth episode of Carmen's Corner featuring the Kids Against Bullying puppets, use the student worksheets to engage your students (and the adults in their lives) to think about who we should speak to when we need help and how to speak up for ourselves and for others. As Carmen says, "Don't give up! Keep reaching out until you get the help you need."

#### Goal

To help K-3 students define advocacy and self-advocacy, as well as learn about effective ways to find someone to help themselves or others.

#### Materials needed

Internet access if worksheet is to be printed out. You will also need a printer, paper, pencils, crayons, or other drawing tools.

#### Steps to use with in-classroom or distance learning

1. Have students watch Carmen's Corner, Episode 5, Part A [<https://tinyurl.com/CarmensCornerEp5PartA>] and Part B [<https://tinyurl.com/CarmensCornerEp5PartB>]. Part A is approximately 8:18 minutes long and Part B is approximately 7:34 minutes long. The episodes cover the following topics in this order (timestamps are shown after each section to simplify instruction):

- a. **Part A: Welcome!** [0:35]
- b. **Word of the Day:** *coraje/courage* [1:02]
- c. **Weekday Update with Sally:** Sally shares some different ways that kids can reach out to adults to ask for what they need. [2:07]
- d. **¿Sabes qué?:** Miguel hosts a gameshow-style segment that challenges viewers to decide if what's happening is TELLING or TATTLING. [3:37]
- e. **BRAIN BREAK!** This marks the end of Part A. [7:04]
- f. **Part B: Ask Carmen.** Carmen answers a question from Callie about how she can prevent bullying at her school. [0:13]
- g. **Special Guest: Elizabeth from Burton Tech High School.** Viewers meet high school student Elizabeth, who is part of a student group at her school called "Mentors and Protectors" (MAPs). MAPs students are advocates for all students at their school and help everyone feel cared for and safe. [1:12]



