**Word of the day**

The word of the day is *coraje*, which means *courage* in Spanish. Trace the words below:

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coraje = courage
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(Spanish)  (English)

**You're the artist!**

Do you have superpowers? Brad has the superpowers of kindness, acceptance, and inclusion. Do you have powers like Brad? Draw them below!
**Let’s practice!**

If you needed to ask for help, what would you say? Circle the phrases you might say. Practice saying all of them out loud!

- “Can you help me?”
- “I’m feeling sad.”
- “Can I ask you a question?”
- “I need your help.”
- “What should I do?”
- “I made a mistake.”

**Define it! TELLING or TATTLING?**

Telling is what we do to get help or protect someone. Tattling is when we talk to an adult just to get someone in trouble. Read the stories on the left, decide if the student talking to an adult is telling or tattling, then circle the word to the right of each story.

<table>
<thead>
<tr>
<th>José walks by Alex. José trips on the carpet and falls. José is embarrassed that he fell and yells to the teacher, “Alex tripped me!”</th>
<th>Is this:</th>
</tr>
</thead>
<tbody>
<tr>
<td>TELLING or TATTLING</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Monica plays catch with her friend Tara at recess. Dante comes over and takes the ball away from them. He also calls them mean names. Dante does this every day. Tara talks to the adult on recess duty about what is going on.</th>
<th>Is this:</th>
</tr>
</thead>
<tbody>
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<td>TELLING or TATTLING</td>
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“Speak up, reach out, and be a friend!”