

### **Educator Guide for K-3 Students**

## Carmen's Corner Episode 6: Unity

### Overview

After watching the sixth episode of Carmen's Corner featuring the Kids Against Bullying puppets, use the student worksheets to engage your students (and the adults in their lives) to think about uniting to help create communities full of kindness, acceptance, and inclusion. As Carmen says, "When we each help a little, together, we can reach big goals like preventing bullying and making the world a better place."

### Goal

To help K-3 students define unity, as well as learn about ways that students can practice kindness, acceptance of difference, and inclusion in their school communities.

# Materials needed

Internet access if worksheet is to be printed out. You will also need a printer, paper, pencils, crayons, or other drawing tools.

### Steps to use with in-classroom or distance learning

- 1. Have students watch Carmen's Corner, Episode 6, Parts A and B.
  - a. https://tinyurl.com/CarmensCornerEp6PartA
  - b. <a href="https://tinyurl.com/CarmensCornerEp6PartB">https://tinyurl.com/CarmensCornerEp6PartB</a>
- 2. Part A is approximately 7:35 minutes long and Part B is approximately 7:39 minutes long. The episodes cover the following topics in this order (timestamps are shown after each section to simplify instruction):
  - a. **Welcome!** [0:35]
  - b. **Word of the Day:** *juntos/together* [1:10]
  - c. **Unity Garden:** Miguel visits the garden to see what kids are taking care of this season. [2:00]
  - d. **Ask Carmen:** Joey writes in to ask about Unity Day, and Carmen talks about how kids can come together to prevent bullying and fill the world with kindness, acceptance, and inclusion. [3:53]
- juntos
- e. **BRAIN BREAK!** This marks the end of Part A. [6:19]
- f. Part B: Special Guest Cristian from Fairview Elementary. Cristian talks about The Upstander's Club and ways students at his school unite to prevent bullying. [:14]

- g. **Sing Along with Sally:** Sally shares the song she and her friends made up to celebrate Unity Day at their school. [3:55]
- h. Farewell [6:17]
- 3. Send or distribute the appropriate **worksheet** to students:
  - a. At home: Parents can participate by watching the video, recording their child's answers, or contributing an idea.
  - b. In the classroom: First, debrief the video with a class discussion and then have students start the handout, revisiting sections with class discussion when necessary.
- 4. **After worksheets are done, discuss in a class meeting** and let students talk about their answers.
- 5. After worksheets are handed in or sent back, **create a list of all the people in your students' world who they could ask to join them in practicing kindness, acceptance, and inclusion.**

### Notes for educators

### **Worksheet A:**

The primary emphasis of this worksheet is about understanding the ways students can show kindness, acceptance of difference, and inclusion at school or at home. The questions can be completed with adult assistance.

#### **Worksheet B:**

This worksheet emphasizes ways students can unite to fill the world with kindness, acceptance of difference, and inclusion in order to prevent bullying. This worksheet is meant to be completed by the student.

"Speak up, reach out, and be a friend!"