

“Save Me”

Song written by Eden Paige

Discussion questions

- 1) In each story, bullying happens to the teens by someone or to someone they are close to (a family member, friend, or classmate). What are some reasons that the target or witness might not speak up?
- 2) What are some of the ways the teens could have been supported to reach out to ask for help?
- 3) Do you think teachers are aware of bullying going on in the classroom or on school grounds? If yes, then what is something they could do that would be helpful? What are some things that your teachers have done or could do to help make the classroom feel safer?
- 4) What is the significance that it is a male character (Connor) who represents the person with an eating disorder? How do you feel about the interaction with his parents at the dinner table and how do you think Connor is feeling?
- 5) Why do you think Emily agrees to send a nude photo to her boyfriend? Why would her boyfriend share the photo with others? Why would her classmate be mean to Emily in response? How do you think these experiences affected Emily? What impact does sharing the photo have on her boyfriend?
- 6) Do you feel that the use of social media plays a role in pressuring teens to send nude photos or videos, or do you feel that it is peer on peer pressure?
- 7) Do you think the impact of bullying will affect these teens throughout their adult years?
- 8) Have you or anyone you know been bullied or experienced similar issues? How was it handled and what was the outcome? What could you do to help someone who is being bullied?
- 9) What resources are you aware of in your school or community that are be available if someone needs help?
- 10) Throughout the video, the director uses a water visual. What do you think that water visual represents? Do you think it represents the same thing for all three of the characters in the video who are experiencing bullying differently?
- 11) Each of the characters in the video could also be experiencing some mental health issues. Is there a connection between mental health and experiences with bullying?
- 12) For those of you who witness peers struggling and recognize that others may need help, who can you reach out to in order to get them the support they need?

Discussion questions developed by Eden Paige's creative team and PACER's National Bullying Prevention Center.