Navigating the Housing and Services Process

This guide offers an overview of the main considerations and important steps parents and their son or daughter with a disability may want to consider when navigating the housing and services process.

The acronyms and their definitions can be found on the back panel. For more information on this topic, refer to PACER’s publication “Housing: Where Will Our Children Live When They Grow Up?” For a free copy, call PACER at (952) 838-9000 or order online at PACER.org.

How will your son or daughter pay for housing and services?

You will need to consider:
• Supports/staff
• Number of roommates
• Food
• Personal needs
• Mortgage or rent
• Current income supplements

What is your son or daughter’s vision for community living?

Create a person-centered plan, a process that:
• Is “person-centered”, focused on outcomes, dreams, and visions of the person, not a “system-centered” process driven by programs, stereotypes, and segregated programs like traditional models.
• Uses a set of tools that address what is important to a person and for a person to have quality of life, essential to give people more choice and control and the way they are supported.
• Uses a set of tools to capture information and improve understanding communication and relationships.
• Gathers information from the people who are important to the person and know them the best: family, friends, neighbors, support workers, and other professionals.

Make a request for a Certified Assessor see inside
What level of support does my young adult need?

**Level of Care (LOC) = Your Budget $**

**Screening for Services**
- Home & Community-Based Services (HCBS), MA Services, Adult Mental Health Services
  - MnCHOICES Assessment

**MA Services**
- MA Targeted Case Management (TCM)
- Home Care Services
  - Personal Care Assistance (PCA)
  - Home Care Nursing (HCN)
  - Skilled Nurse Visit (SNV)
- Community First Supports and Services (CFSS) (transitioning)

**State Grant Services**
- Semi-Independent Living Services (SILS)
- Consumer Support Grant (CSG)
- Family Support Grant (FSG)
- Pilot and demonstration projects

**Adult Mental Health Services**
- Adult MH Target Case Management (AMH-TCM)
- Adult Rehabilitative Mental Health Services (ARMHS)
- Assertive Community Treatment (ACT)
- Crisis response and stabilization services
- Emergency services
- Intensive Residential Treatment Services (IRTS)
- Certified peer specialist

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**What housing services does my young adult qualify for?**

**Home and Community-Based Services (Waivers)**
- Developmental Disabilities (DD)
- Community Access for Disability Inclusion (CADI)
- Community Alternative Care (CAC)
- Brain Injury (BI)

**Service Options Under the Waivers**
- Consumer Directed Community Supports (CDCS)
- Case Management
- Individualized Housing Supports: Without Training, With Training, With Family Training (transitioning)
- Integrated Community Supports (ICS) (transitioning)

**Develop Coordinated Service & Support Plan (CSSP) & CSSP Addendum**
- Traditional supports?
  - Choose from list of service provider options, interview, hire, may assist with training
- Consumer-directed?
  - Identify a Financial Management Services (FMS) provider, advertise for staff, interview, hire, train staff

**Develop Personal Care Assistance (PCA) Service Plan**
- Traditional PCA?
  - Choose from list of service provider options, interview, hire, may assist with training
- PCA Choice?
  - Find, hire, train, schedule your staff
- Other MA services available?

**Develop Mental Health Individual Community Support Plan (ICSP) and Individual Treatment Plan (ITP)**
- Choose from list of service provider options
  - Interview, hire, may assist with training

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“Informed choice” means the person with a disability (and/or their legal representative) makes a voluntary decision, after being informed about all available options, for case management, services, and providers. Information needs to be delivered using the person’s primary method of communication at a level he or she can understand.
What housing options does my young adult want?

Residential Settings
- Apartment, condo, townhome, house
- Assisted living
- Community Residential Settings (transitioning)
- Family Residential Settings (transitioning)

“My Own Home”: Rent, Owned by Individual(s)
- Apartment, condo, townhome, house
- Cooperative, co-housing
- Affordable housing development
- Public Housing
- Subsidized Private Housing - HUD Section 8, 811, 42, 202
- Low Income Housing Tax Credit
- Bridges Certificates

Family, young adult, provider, and county collaborate to implement the plan

Funding for Housing Supplement
- Housing Support

Funding for Housing Supplement/Rent/Mortgage
- MSA + MSA Housing Assistance
- Other housing assistance - MHFA Home Improvement Loans, Land Trust
- Supplemental Nutrition Assistance Program (SNAP), phone, and utility assistance

Does the budget allow my young adult to live in this housing option?

- Review budget and level of care
- Budget is determined
- Identify, interview roommates and service providers

Disagree with decision? Use appeal process

Finalize your support plan
- Coordinated Service & Support Plan (CSSP) & Addendum
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign release, forms, rental agreement

Celebrate and Move in!

Disagree with decision? Use appeal process

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- Coordinated Service & Support Plan (CSSP) & Addendum
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign releases, forms, rental agreement, or mortgage
The goal of PACER’s Housing Project is to develop information and resources to help parents of children and young adults with disabilities and students understand their options for independent living and housing. Visit PACER.org/housing for more information.

### Acronyms by Category

#### Screening/Planning Tools for Programs & Services

- MnCHOICES
- Coordinated Service & Support
- Plan/Addendum
- Individual Community Support Plan
- Individual Treatment Plan
- Individual Abuse Prevention Plan

#### Income Supplements

- General Assistance
- Medical Assistance
- MA for Employed People with Disabilities
- MN Supplemental Aid
- MSA Housing Assistance
- Supplemental Nutrition Assistance Program
- Supplemental Security Income
- Social Security Disability Insurance
- Special and Supplemental Needs Trusts

#### Additional Programs/Services for MA Recipients

- Adult MH Target Case Management
- Adult Rehabilitative Mental Health Service
- Assertive Community Treatment
- Certified Peer Specialist
- Children's Therapeutic Services & Supports
- Community First Services and Supports
- Consumer Support Grant
- Crisis Response and Stabilization Services
- Day Training and Habilitation
- Diagnostic Assessment

### Extended Employment EE
- Family Support Grant FSG
- Home Based Mental Health Service HBMHS
- Housing Access Coordination HAC
- Independent Living Skills ILS
- Individualized Home Supports IHS
- In-Home Family Support Services IHFS
- Intensive Residential Treatment Services IRTS
- Integrated Community Supports ICS
- MA Homecare Services MA
- MA Targeted Case Management TCM
- Personal Care Assistance PCA
- Home Care Nursing, Skilled Nurse Visit HCN, SNV
- Respite
- Semi-Independent Living Services SILS
- Supported Living Services SLS
- 24-Hour Emergency Assistance

### Home and Community-Based Services (HCBS)

- Brain Injury Waiver BI
- Community Alternative Care Waiver CAC
- Community Access for Disability Inclusion CADI
- Consumer Directed Community Supports Waiver CDCS
- Developmental Disabilities Waiver DD
- Housing Support
- MSA Housing Assistance MSA

### Emergency Food and Shelter Program

- Crisis Housing Fund
- Emergency Services Program ESP
- Family Homeless Prevention & Assistance Program FHPPAP
- Minnesota Family Investment Program MFIP
- Transitional Housing Program THP

### State and Community Resources

- Bridges certificates
- Community Development Agency CDA
- County Housing Community Works and Transit
- Housing Redevelopment Authority HRA
- Public Housing Agencies PHAs
- HUD Section 8, 811, 42, 202
- HUD Section 8 vouchers
- Subsidized Housing

### MN Housing Finance Agency (MHFA)

- Current low interest rate loans for first time buyers
- MHFA Home Improvement Loans
- MHFA Rental Rehabilitation Program

### Grants from Federal Government to Counties and Community Development

- Affordable Housing Developments
- Community Action Program CAP
- Community Development Block Grant CDBG
- Community Land Trust
- Family Housing Fund
- Greater MN Housing Fund GMHF
- Habitat for Humanity
- HUD HOME Program