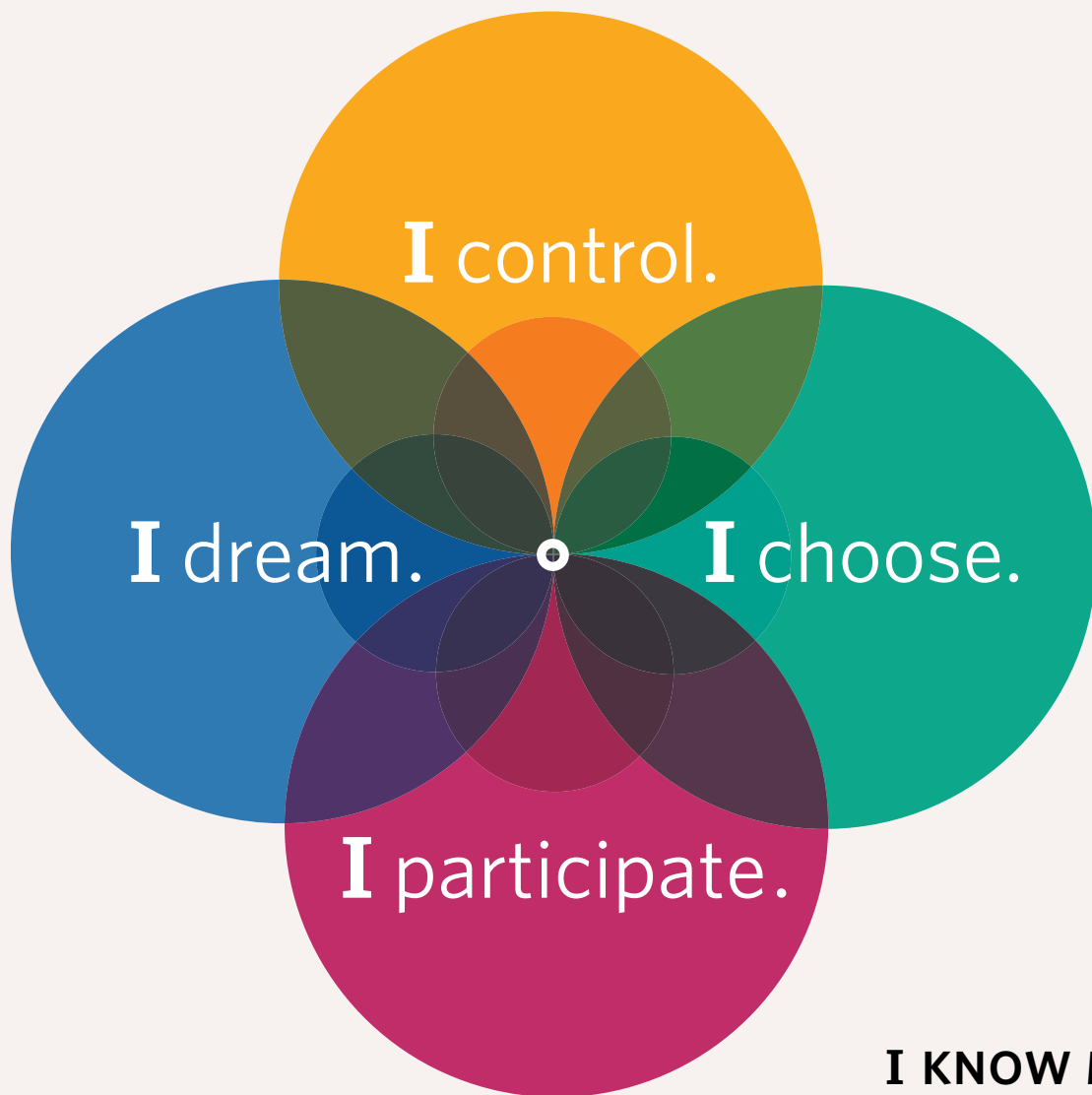


What does person-centered mean for me?

An introduction.



I am in charge of my meetings, my choices and my own life.

- I decide what's important **to me**.
- You can help me know what's important **for me**.
- I can choose who helps me.
- It's OK to say what I really think and how I feel.
- I can change my mind.



I CONTROL.

I have likes and wants. My ideas are important.

- I'm the expert about what I want my life to be.
- I have skills and strengths.
- Understanding my skills and strengths helps me make good choices and set goals.
- It's OK to try new things, take risks and learn from successes and failures.



I DREAM.

I choose how I live, learn, work and play.

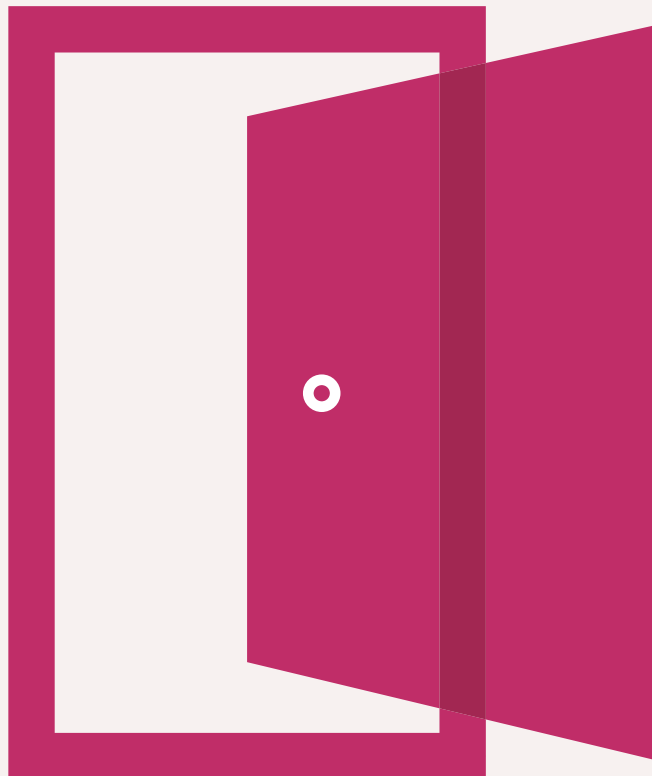
- I ask questions, explore options and tell people what I need and want.
- I can **live** in a place where I am comfortable.
- I can **learn** new things my whole life, along with everyone else.
- I can find **work** that matches my interests and skills.
- I can decide what **play** means to me and how to spend my time.



I CHOOSE.

I can thrive in my community.

- I can go places and take part in activities and events.
- I make my community a better place.
- I can make friends and get to know my neighbors.
- I can be a part of the workforce and earn a living.



I PARTICIPATE.

I am supported.

- I am treated with dignity and respect.
- People in my life listen to my wants and wishes.
- I am encouraged to explore my dreams.
- I am responsible for taking action to reach a goal.
- I know that reaching my goals may require planning and patience.



I CREATE MY BEST LIFE.

**Talk about what you
want with the people
who support you.**

**If you need help, call us.
866-333-2466**



Disability Linkage Line is here to help. We make it easier for you to seek solutions and build a plan. The service is free for all Minnesotans. There are no wrong questions. **866-333-2466**



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