

Additional Resources, Websites, Articles

(if link does not work, try doing an internet search of the title)

Resource links: Self-advocacy

- How you can help your child learn to be a good self advocate - www.pacer.org/parent/php/PHP-c95.pdf
- Your IEP Meeting: A great place to practice self advocacy skills - <http://www.pacer.org/parent/php/php-c149a.pdf>
- Sample Self Advocacy Plan - www.pacer.org/parent/php/PHP-c95.pdf

Resource links: Special Education & 504 Resources

- Section 504 - <http://www.pacer.org/parent/504/>
- Evaluation: What does it mean for your child? www.pacer.org/parent/php/PHP-c2.pdf
- 13 Eligibility categories for special education - <http://education.state.mn.us/MDE/SchSup/ComplAssist/Monitoring/Checklists/>
- Top 10 Topics of Parent Concerns & Matching Resources - <http://www.pacer.org/parent/php/php-c78.pdf>
- Middle & High School Transition Planning - <http://www.pacer.org/transition/learning-center/planning/>
- Transition to Adulthood: Where do we start? <http://www.pacer.org/transition/resource-library/publications/NPC-22.pdf>
- How you can help your child be a good self advocate - <http://www.pacer.org/transition/resource-library/publications/NPC-5.pdf>
- Be your own best advocate & Sample self advocacy plan www.pacer.org/parent/php/PHP-c116.pdf & <http://www.pacer.org/parent/php/php-c149b.pdf>

Resource links: Communication & School Planning

- Planning for a school meeting about your child's behavior needs - <http://www.pacer.org/parent/php/php-c144.pdf>
- Tips for teachers and school staff from students with mental health and behavioral challenges - <http://www.pacer.org/parent/php/php-c148.pdf>
- Youth tips for parents: How to talk to your teenager about his or her mental health - <http://www.pacer.org/parent/php/PHP-c216.pdf>
- Planning for a school meeting about your child's behavior needs - <http://www.pacer.org/parent/php/php-c144.pdf>
- Tips for teachers and school staff from students with mental health and behavioral challenges - <http://www.pacer.org/parent/php/php-c148.pdf>
- Youth tips for parents: How to talk to your teenager about his or her mental health - <http://www.pacer.org/parent/php/PHP-c216.pdf>

Resource links: Additional School-based concerns / topics

- Bullying – <http://www.pacer.org/bullying/resources/publications/>
- Guide to School Discipline (MN) – <http://www.pacer.org/school-discipline-information/>
- Mental Health and School Avoidance: What parents need to know - <https://www.pacer.org/parent/php/PHP-c269a.pdf>
- Mental Health and School Avoidance: Tips to developing an educational plan for your child - <https://www.pacer.org/parent/php/PHP-c269b.pdf>
- Communications with the Corrections System: What Should Parents Know? - <http://www.pacer.org/parent/php/php-c150.pdf>
- What youth need to know if questioned by the police - www.pacer.org/parent/php/php-c171.pdf

Crisis Planning Resources – PACER

(if link does not work, try doing a search at www.pacer.org)

- Crisis Management Plan: Support at Home for Children and Youth with Mental Health Needs - <http://www.pacer.org/parent/php/PHP-c225.pdf>
- Behavior Intervention or Crisis Plans - <http://www.pacer.org/parent/php/php-c141.pdf>
- What is a Functional Behavioral Assessment and How is it Used? <http://www.pacer.org/parent/php/php-c215a.pdf>
- Examples of Positive Behavioral Intervention Strategies - <http://www.pacer.org/parent/php/php-c215b.pdf>
- Planning for a school meeting about your child's behavior needs - <http://www.pacer.org/parent/php/php-c144.pdf>
- Skills for Independent Living: Parents Help Build Social Skills - www.pacer.org/transition/video/topic.asp?se=Social%20Skills

Other Crisis Planning Resources

- Mental Health Crisis Planning for Children – NAMI-MN - <http://www.namihelps.org/NAMI-MHCrisisPlanforChildrenFeb2016.pdf>
- Children's Psychiatric Hospitalization – NAMI-MN - <http://www.namihelps.org/Childrens-Psychiatric-Hospitalization-Booklet.pdf>
- Dealing with a Mental Health Crisis: Information & Resources for First Responders – NAMI-MN - <http://www.namihelps.org/First-Responder-Pamphlet.pdf>
- Mental Health Crisis Planning for Adults, NAMI-MN - <http://www.namihelps.org/NAMI-MHCrisisPlannforAdultFeb2016.pdf>
- Child Crisis Response Services, Minnesota – www.childcrisisresponsemn.org