

What Changes When Minnesota Youth with Disabilities Turn 18? Barb Ziemke, PACER Center October 8, 2021



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Inspiring Possibilities: Living Learning and Working After High School--WELCOME!

- > 9:30 am: What Happens at age 18?
- > 10:45 am: Off to College
- > 12:15 pm: Rethinking Guardianship
- > 1:30 pm: Career Counseling and Supports
  - > 2:20 pm: Conference Wrap-up Your Next Step

This workshop made possible with support from the Richard M. Schulze Foundation

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#### Effective parent involvement supports selfdetermination and successful outcomes

Family involvement is a greater predictor of successful outcomes for youth than income or social status. *Transitionta.org* 



"Youth with disabilities in postsecondary settings have better outcomes when they and their family members are engaged in ongoing planning, communication, and collaboration to meet their needs..." NWCD-youth.info

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#### Positive Parent Involvement Can Support Self-Determination

Effective parent involvement supports the ongoing development of the young adult's self-determination, autonomy and interdependence.



Self-determination and self-advocacy skills need to be built, not assumed."

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## The parent's role changes

- Decision-maker → advisor
- Driver's seat → passenger's seat

• Head coach → sideline coach

- Boss → consultant
- Planning, communicating and advocating for
- → planning, communicating and advocating with

	"Action is the antidote to fear."	
Don't just think it, ink it!	rence	
Seadline Who Ca Information Who Ca	n Help	

#### Education and legal rights change at 18

By age 17, school provides notice that IEP and other legal rights will transfer to the student at age 18 unless a legal guardian has been appointed through a court process

- Prepare Your Child for Age of Majority and the Transfer of Rights in MN
- Increase self-determination skills

• Learn about and consider the options

- "Less restrictive legal options" including Supported Decision-Making
- Guardianship—Recent changes to MN law

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# All males must register with selective service

- Register for the selective service within 30 days of turning 18, regardless of disability. Late registrations accepted up to age 26.
- Register online with Social Security number (SS#) at www.sss.gov/register/ OR
- Mail in the form from post office (no SS# required)

More information at Selective Service System: www.sss.gov

#### No Driver's License? Apply for a MN State ID

- Apply at the DMV
- Reduced cost (.50) State ID can be requested through social worker
- Documentation options:
  - Copy of birth certificate
  - -Copy of Social Security card
  - -Copy of immigration card

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 High school graduation date and plan may change
 Consider need to continue Special Education and Transition Services after senior year of high school
 Eligible students may remain in school up

- Eligible students may remain in school up until July 1 after they reach age 21 by IEP team decision
- Discuss "anticipated date of graduation" annually

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## Graduation with a diploma in MN

- Students have not have graduated until they receive their official, signed diploma
- Students are no longer eligible for school district transition programs or services once they accept diploma
- IEP and 504 Plans don't continue at college or on the job





Consider the need for publicly-funded adult disability services, supports and benefits

- Will have eligibility criteria; assets and income limits based on individual with disability
- May have waiting lists, funding or provider gaps
- Complicated application and assessment process
- Use IEP team and school resources to find out about options and "create linkages" before graduation
- Tap into information and navigation resources

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Supplemental Security Income (SSI) or Social Security Disability (SSDI) Benefits

- Applications before age 18 consider parent's income and may be denied
- Child under 18 who has been receiving SSI will be re-evaluated for adult eligibility within a year of their 18<sup>th</sup> birthday
- \$2000.00 asset limit and income limits for initial eligibility
- Ways to apply:
  - Complete your application online.
  - Call the toll-free telephone number 1-800-772-1213
  - Call or schedule a visit to your local Social Security office.
  - PACER's Benefits and Supports Learning Center

"County Services," "Human Services," "Social Services," "Disability Services"

- Dept. of Human Services (DHS) for Intellectual and Developmental Disabilities and other qualifying disabilities. County case management and services are based on eligibility requirements (example, <u>https://www.hennepin.us/residents/human-</u> <u>services/services-disabilities )</u>
- Adult Rehabilitative Mental Health Services (ARMHS) and other services for adults with MH needs. Based on eligibility. Contact your county.

/health

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Medical Assistance (MA)

- MN's Medicaid public health insurance program
- Parental fee requirement ends at 18
- SSA disability determination or State Medical Review Team (SMRT) process required
- Individual cannot have assets over \$3000.00
  Some exclusions apply \*
  - -Note: Process and timeline varies by county
- More information at DB101.org and PACER.org/health

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Examples of services MA may fund based on eligibility and need

- Medical services and transportation
- Home Health Aide Services
- Therapies (OT, PT, Speech)
- Nursing Facilities, hospitals and ICF-MR (group home)

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- Private duty nurse / Skilled nurse visits
- Personal Care Attendant (PCA)
- Waivered services -Now includes "employment services"

#### **MnCHOICES** Assessment

- Anyone who needs long-term care can call their local <u>county</u> <u>human services agency</u> and request a MnCHOICES assessment.
- The MnCHOICES assessment can help you figure out what services and programs might help you live in the community, including <u>MA-Waiver programs</u>, <u>Medical Assistance (MA)</u>, <u>personal care assistance (PCA) services</u>, or other benefits.
- Even if you are not eligible for public benefits, the assessment can help you understand what services, accommodations, and resources exist. DB101.org

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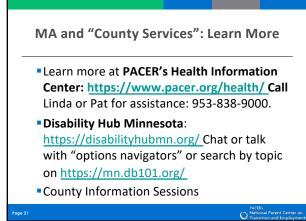
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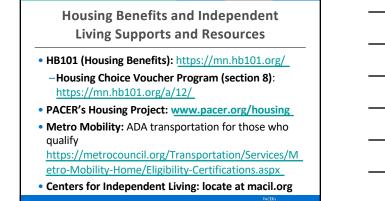
## Warning: Ongoing paperwork and "case management" ahead

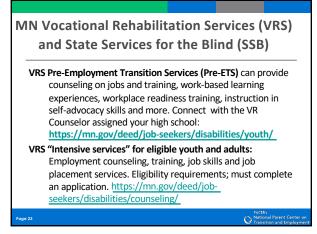
- Continued eligibility is dependent on continuing to meet all disability criteria, income and asset limits, and completing mandatory reviews (paperwork)
- Reviews may be required monthly, semi-annually, or annually
  - -MA form to submit every 6 months
  - -SSI Rep Payee report to submit annually
  - -Annual Guardianship reporting
  - MNChoices Assessment annually
- All forms must be completed and returned with
- verifications by the deadline

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Community-based organizations without eligibility requirements

- Centers for Independent Living (CIL) http://www.mcil-mn.org/
- MN Disability Organizations: https://www.pacer.org/parent/php/PHP-c36.pdf
- MnHelp.Info
- <u>Dakota County RecreationalDirectory2019</u>
- https://ausm.org/resources/directory/

### Tips for youth who do not meet eligibility for adult disability services

•Focus on more than academics in school

•Maximize Personal Learning Plan resources •Create a "Transition Plan"

•Connect IEP Transition Services to post-graduation goals for the future

•Request Pre-Employment Transition Services

•Visit a college disability services office by grade 11

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More tips for youth who do not qualify for adult disability services • are into technology: <u>The Path to Independence:</u> <u>Mobile Apps to Support Transition-Age Youth</u> • Simon Technology Center • Simon Technology Center • Aree AT Consultations • Lending library • are Minn State Careerwise.org online resources: <u>http://careerwise.minnstate.edu/</u> • splore job-seeker supports at a CareerForce Center: <u>https://www.careerforcem.com/locations</u>





