WHO ARE THEY FOR?

Pre-ETS Services are available to students who are in grade nine through the age of 21 and who have one of the following:

- An Individualized Education Program (IEP)
- A 504 plan
- A record or note from a mental health or medical provider that verifies an impairment
- A Social Security Administration (SSA) beneficiary award letter

WHAT ARE THEY?

The Minnesota Vocational Rehabilitation Services (VRS) program partners with high schools to arrange for or provide any of the following five services at no charge to students:

1. **Job Exploration**: Exploring interests and careers to start preparing for your future now
2. **Work Experience**: Seeing and trying out jobs
3. **Training and College Exploration**: Exploring options for training or job skills (such as community, technical and 4-year college options, apprenticeship programs, etc.)
4. **Work Readiness Training**: Learning basic skills to find and keep a job (such as how to fill out a job application, figure out transportation, and how you use money)
5. **Self-Advocacy Training**: Learning to ask for what you need

HOW CAN I GET THEM?

VRS has Pre-ETS Services available across the state. Find the Pre-ETS Representative in your area at: https://mn.gov/deed/job-seekers/disabilities/youth/pre-ets/pre-ets-providers/