Step 2
Housing: How is it paid for?

PACER’s Housing Publications

PACER’s Housing Guidebook, Website, Tip Sheets, Navigation Chart
https://www.pacer.org/housing
### Three-part Housing Workshop Series

- **Housing: How do we start?**  
  Monday, March 14, 6:30 p.m. - 9:00 p.m.

- **Housing: How is it paid for?**  
  Monday, March 28, 6:30 p.m. - 9:00 p.m.

- **Housing: What are the options?**  
  Tuesday, April 11, 6:30 p.m. - 9:00 p.m.

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**Why should you start thinking about housing and services now?**

- The IEP Team must consider independent living as part of the Transition IEP.
- You and your son or daughter are experts about their strengths, gifts and preferences.
- Housing options and supports involve eligibility criteria, timelines and waiting lists.
- Limited availability of affordable housing and support staff....

**AND.....**
We think you will want your young adult

...get a “Life” AND a “Home” not just a “Place”

Why is Housing evolving?

• Parents and individuals with disabilities are demanding housing and services that are integrated and based on person-centered thinking principals.

• The federal government’s directive to implement the Olmstead Decision.

• Centers for Medicare & Medicaid Services directive to implement the Home & Community-Based Services (HCBS) rule

• Separating housing from services.
Minnesota’s Olmstead Plan: The Vision

Minnesota will be a place where people with disabilities are living, learning, working and enjoying life in the most integrated setting

- Person Centered Planning
- Housing & Services, Employment, Lifelong learning & Education
- Transportation, Healthcare & Healthy Living, Positive Supports, Crisis Services, Assistive Technology, Preventing Abuse & Neglect
- Community Engagement

About the Minnesota Olmstead Plan / Minnesota Olmstead Implementation Office (mn.gov)

Home and Community-Based Services (HCBS) Rule

Requirements of a Home & Community Based Setting

- Is integrated and supports access to the greater community.
- Provides opportunities to seek employment and work in competitive integrated settings and engage in community life, and control personal resources.
- Ensures the individual receives services in the community to the same degree of access as individuals not receiving Medicaid Home & Community Based Services.
Home and Community-Based Services (HCBS) Rule

Requirements of a Home & Community Based Setting

• Ensures an individual’s rights of privacy, dignity, respect and freedom from coercion and restraint.

• Optimizes individual initiative, autonomy, and independence in making life choices.

• Facilitates choice regarding services and supports and who provides them.

Additional requirements for provider controlled & operated settings:

• A person has a lease* in their own home that offer the same responsibilities/protections for evictions & appeals as the tenant landlord law in their state.

• A person has their own living, sleeping, bathing and eating areas.

• A person has privacy in their living or sleeping area and are free to decorate it as they choose.

• A person chooses if they want a roommate and who they are.

• The Individual controls his/her own schedule including access to food at any time.

• The Individual can have visitors at any time.

• The setting is physically accessible to the individual.
How can we use the One Page Profile to plan for services/supports?

The one-page profile captures what is important to the person, important for the person and how they want to be supported.

“A tool of introduction”:
• For housing providers, support staff
• Finding roommates
• For family members and friends
• For case managers
• For medical providers

This workshop will address:

• Process for eligibility for housing services and supports.
• Main funding sources from federal, state and county.
• Rental resources, Public Housing and the Section 8 Program.
• Housing funding supplements and payment examples.
How do we start the process?

PACER’s Housing & Services Process Guide

Navigating the Housing and Services Process

How will your young adult pay for housing and services?

You will need to consider:
- Income
- Number of roommates
- Rent
- Personal income
- Mortgage or rent
- Current income supplements

What is your young adult’s vision for community living?

Create a person-centered plan, a process that:
- Is “co-constructed” focused on outcomes, dreams, and needs of the person, not a “top-down-construction driven by programs, interventions, and fragmented programs for related needs
- Includes a needs assessment and planning which is coordinated across multiple services and systems, and includes a person’s family, friends, neighbors, support networks, and other professionals
- Ensures information is shared across systems, and improves understanding, communication, and relationships
- Seeks input and feedback from people who are important to the person and knows them the best: family, friends, neighbors, support networks, and other professionals

Make a request for a Certified Assessor
Call Your County for Services

Certified Assessor

- Call your county social services department
- Ask for a MNChoices assessment for your young adult
- If you or your young adult does not have health insurance, inform them
- Apply while your young adult is still in High School (by age 18).
- Write down: date you called, who you talked to, what was said*

*See PACER fact sheet Navigating the Maze of Housing & Services: Advocacy Tips
Screening for Services
Medical Assistance Eligibility

- Centers for Medicare & Medicaid administers nationwide, provides funding, approves state plans, ensures compliance with federal regulations.
- In MN, DHS oversees MA program, administered locally by counties.
- Pays for medical services for individuals with disabilities, low-income families, including children and pregnant women, and elderly people over age 65.

There are 2 ways people are certified disabled:

- Certification by the Social Security Administration
- Certification by the State Medical Review Team (SMRT)
Screening for Services
Medical Assistance Eligibility

Certification by the Social Security Administration
• SSA makes determinations of blindness and disability for SSI and RSDI benefits  www.socialsecurity.gov

Certification by the State Medical Review Team
• SMRT makes disability determinations for people who are not eligible for SSI or RSDI or whose application is pending
• SMRT makes level of care determinations for TEFRA
  • Contact your county to initiate: https://mn.gov/portal/government/local/counties

Developmental Disability or Related Condition

Developmental Disability means “Significantly sub-average intellectual functioning” or IQ at or below 70 occurring by the age of 21 yrs.
Deficits in adaptive behavior
Assessments can be used to show “substantial limitations in present functioning” in areas of:
  • maturation,
  • learning,
  • personal independence
  • social responsibility expected for a person’s age level and cultural group
A Related Condition is:

A severe and chronic disability attributable to:
- Cerebral palsy
- Epilepsy
- Autism
- Prader-Willi Syndrome or:
- Other disability (NOT mental health disability)

Substantial functional limitation in 3 or more areas including:
- Self-care
- Communication
- Learning
- Mobility
- Self-direction, or:
- Capacity for independent living

Mental Health Children
Severely Emotionally Disturbed (SED)

Meets one of the following criteria:
- Admitted within last 3 years or at risk of being admitted to inpatient/residential treatment
- MN resident receiving inpatient/residential treatment
- DX by mental health professional of:
  - Psychosis or clinical Depression
  - Risk of harming self or others as a result of ED
  - Psychopathological symptoms as a result of physical /sexual abuse or psychic trauma within past year.
- Significantly impaired home, school, community functioning lasting at least one year or in the written opinion of a MH professional presents a substantial risk of lasting one year.
Mental Health Adults

Acute Mental Illness & Serious & Persistent Mental Illness (SPMI)

Acute MH:
• MH Serious enough to require prompt intervention.

SPMI meets one of the following criteria:
• 2 hospitalizations within 24 months
• Hospitalization/residential treatment exceeding 6 months within preceding 12 months
• DX of schizophrenia, Bipolar Disorder, Major Depression, Borderline Personality Disorder
• Significant impairment in functioning
• Written DX from a MH professional in last 3 years stating adult is at risk of requiring inpatient or residential treatment unless case management/community support services are provided.
• The adult has in last 3 years been committed by the court as a person who is mentally ill...

Screening for Services: Adult Mental Health
MnCHOICES, Diagnostic & Functional Assessment

Depending on type of screening Team members will include:
• Person with a disability and legal representative (parent/guardian)
• Relative or support person(s)
• Certified Assessor
• County Social Worker
• Mental health professional
• Nurse

https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health
Screening for Services
Certified Assessor
PCA, HCBS Waiver, Homecare Nursing

- **MnCHOICES** is a comprehensive screening process for people of all ages who have any type of disability or need for long-term services and supports.
- Replaces other screenings used in the past (DD, LTCC, PCA, Private Duty Nursing)
- Is **person-centered**, based on individual’s strengths, goals, preferences and assessed needs.
- Creates a Community Support Plan (CSP) that summarizes the results
- Gives you next steps based on your son/daughter’s needs


Screening for Services
Typical Documents needed

- **One-Page Profile**
- Legal birth certificate
- Social Security Card
- **Educational Records**: Current (or last) Individual Education Plan (IEP), Functional Behavior Assessment, Section 504 plan, Summary of Performance, Work-Based Learning Plan and/or related employment information
- **Medical Records**: Neuropsychiatric evaluation, Diagnostic Assessment, current health related records and/or related services reports (OT, PT, Speech/Language, Alternative Augmentative Communication (AAC)
- **Social History**
Screening for Services
MnCHOICES Assessment

Areas to be assessed are:

- Person Information
- Quality of Life
- ADLs (Activities of Daily Living)
- IADLS ("Instrumental" ADL's)
- Health
- Psychosocial
- Memory and Cognition
- Sensory and Communication
- Safety and Self Preservation
- Employment, Volunteering and Training
- Housing and Environment
- Self-Direction
- Caregiver
- Assessor Conclusions

Screening for Services
Functional Assessment - Mental Health

A key eligibility requirement (with Diagnostic and Level of Care Assessments)

- Mental health symptoms and needs presented in diagnostic assessment
- Self-care and independent living capacity
- Medical and dental health
- Social Functioning, including use of leisure time
- Interpersonal functioning, including relationships with the adults family
- Vocational and educational functioning
- Financial assistance needs
- Housing and transportation needs
- Current living conditions
- Use of drugs and alcohol (if applicable)
- Other needs/problems
The Screening Process

Level of Care Needed?

• The assessor must consider the level of care (LOC) needed by the person whenever the person is at risk of placement in:
  
  • Hospital, Neurobehavioral Hospital
  • Nursing Facility
  • Residential or Regional Treatment Center
  • Intermediate Care Facility for Developmental Disabilities (ICF/DD)

The Screening Process

Considerations

During the screening process parents should consider:

• What is the functioning level of my young adult without any support on their worst day?
• Assessments and rating scales convert to “level of care” = $ dollars/budget
• Budget and rates are set by the state
• Data from your young adult’s doctor and related services team members is important when submitting assessment information.
What Services & Supports Does My Young Adult Qualify For?

**Informed Choice!**

“The person with a disability (and/or their legal representative) makes a voluntary decision, after being informed about all available options, for case management, services and providers. Information needs to be delivered using the person’s primary method of communication at a level he or she can understand.”

- What is the funding stream called that my young adult qualifies for?
- What is the menu of services under that funding stream they have access to?
What Services & Supports Does My Young Adult Qualify For?

- Personal Care Attendant (PCA)
- Homecare Services
- Homecare Nursing
- Home-Delivered Meals
- Respite
- HCBS Waiver
- Individualized Home Supports with and without training
- Individualized Home Supports with Family Training
- Integrated Community Supports
- Behavior Specialist Services
- Independent Living Skills Therapies (ILS)
- Community First Services & Supports (CFSS)
  Will replace PCA
- Consumer Directed Community Supports (CDCS)
- Consumer Support Grant (CSG)
- Family Support Grant (FSG)
- Housing Stabilization Services
- Life Sharing
- Adult Rehabilitative Mental Health Services (ARMHS)
- Assertive Community Treatment (ACT)
- Certified Peer Specialist Services
- 24-Hour Emergency Assistance
- Consumer Directed Community Supports (CDCS)
- Consumer Support Grant (CSG)
- Family Support Grant (FSG)
- Housing Stabilization Services
- Life Sharing
- Adult Rehabilitative Mental Health Services (ARMHS)
- Assertive Community Treatment (ACT)
- Certified Peer Specialist Services
- 24-Hour Emergency Assistance

Home & Community-Based (HCBS) Waivers

What is a waiver?

- Medical Assistance programs allow the state to “waive” the typical requirements of MA.
- Called Home and Community-Based Service (HCBS) waivers.
- Used to provide services in Home and Community Based settings instead of restrictive settings like hospitals, nursing homes and ICF/DD’s
- Can be used to pay for additional services beyond MA
- States decide how to target specific populations
- HCBS waivers are a primary funding stream for housing services and are not used for rent, room & board costs.
ARHMS: Adult Rehabilitative Mental Health Services
“Rehab Option”

• **Rehab Option** created with federal Medicaid dollars for those falling through the cracks.

• Individuals don’t necessarily have to have had a hospitalization but **can be at risk for being placed in an institution**

• Services are to instruct, assist, and support the recipient Interpersonal communication skills, independent living skills, medication education/monitoring, mental illness symptom management skills/relapse prevention, employment-related skills, and transition to community living services, crisis response services, and housing assistance.

Writing the Support Plan
CSP, CSSP & CSSP Addendum, PCA, ICSP/ITP

Developed by person with a disability/their legal guardian:

• Goals based on assessment of person-centered service needs and informed choice.

• What indicators will be used to measure outcomes of goals?

• Specific services to be provided including amount, frequency, duration, budget and who will provide service.

• Agreed upon times to review the plan (at least annually) to address progress of attaining outcomes

**Mental Health: ICSP (above) to coordinate with the ITP**

• ITP: Intervention, treatment, and services developed by provider under the supervision of a mental health professional.
The Need for Guardianship, Conservatorship

- Begin the process 6 Months before 18th Birthday
- Guardianships are court-ordered protective arrangements
- A parent, relative, friend or court appointed person, manages the personal life affairs, as needed, for a person with a disability.
- The need for a guardian or conservator must be based on the person’s skills and abilities to make decisions on his or her own behalf not just on their disability.
- New changes were made to the guardianship laws in 2020.
- Changes include strengthening the Bill of Rights and alternatives to guardianship, “supported decision making” before considering restricting rights through guardianship.
- MAGIC: https://www.minnesotaguardianship.org/education
- ARC of MN: https://arcminnesota.org/learn-connect/learning-center/guardianship

Appeals Process

- If you do not agree with the decision, you can appeal in writing to the Commissioner or Department of Human services (DHS)
- MN DHS Appeals Division
  PO Box 64941
  St. Paul, MN. 55164-0941
  Phone: 651-431-7523
- Your appeal must be submitted in 30 days of your receipt of the county’s written denial (or 90 days with “good cause”).
Contacts for Support

Your County Social Services Director/Supervisor of DD or MH at: https://mn.gov/dhs/general-public/about-dhs/contact-us/county-and-tribal-nation-offices

Regional Resource Specialists:
Main number: 651.431.4300 or 866.287.7655
https://edocs.dhs.state.mn.us/lservlet/Public/DHS-4850B-ENG

Ombudsmen for DD, Mental Health
Main number: 651-757-1800 or 1.880.657.3506
http://mn.gov/omhdd

Contacts for Support

Ombudsman & Regional Resource Specialists

Ombudsmen are a consumer advocate, paid by the state, who can be called if there are concerns, complaints and questions about:

- Quality of Services
- Consumer safety, welfare and rights
- Access and referral to appropriate services
- Need for information concerning services
- Ideas for making services better

Ombudsman are assigned to regions of the state
What housing options does my young adult want?

How will they pay for them?
SOME HOUSING OPTIONS FOR PEOPLE WITH DISABILITIES

OBJECTIVES

- Basic overview of affordable housing options
- Some housing search tools
- How Housing Support and MSA Housing Assistance can help pay for housing
MARKET-RATE HOUSING

- Home ownership
- Rental housing
  - Apartments
  - Rooms
  - Shared housing

SITE-BASED HOUSING SUBSIDIES

- Public Housing (some is scattered-site)
- Project-based Section 8 (HUD funds Section 811 for people with disabilities and Section 202 for elderly persons)
- Residents pay 30% of income for rent
SITE-BASED “REDUCED RENT” HOUSING

- Low Income Housing Tax Credit (also known as Section 42)
- Rent is less than market rate, but may be more than 30% of income
- Must have income below certain standards (usually some % of the area median income)

VOUCHER-BASED HOUSING SUBSIDIES

- Section 8 Housing Choice Vouchers
  - Funded by the federal government
  - Waiting lists are long (if open at all)
  - HCV are “portable” so recipients can move
- Bridges rental assistance program
  - Funded by State of MN
  - For people leaving institutional settings
- Recipients pay 30% of income for rent
Public Housing

What is the Public Housing program?
Public Housing is a government-funded program that provides rental housing to low-income households. Renters in Public Housing units pay 30% of their income for rent, while some units may have a low fixed rent amount. Some of the buildings are older and more basic. This subsidy generally stays with the building; when you move, out you no longer have the rental assistance.

*Example of rent at 30% of income: Householder with one full-time worker at $7,25 per month pay $218 per month.

How does it work?
You apply at a housing authority for a unit based on the bedroom size needed to accommodate the number of members in your household. Some units are reserved only for households that are elderly or disabled. The waiting list you apply for may be long and it may take several months for your name to get to the top of the list. Once you are selected from the waiting list, you may be offered a small selection of units to choose from as there may be a limited number of available units.

Do I qualify?
To qualify you must fall within the Department of Housing and Urban Development’s required income limits.

How do I apply?
Although the Department of Housing and Urban Development (HUD) provides funding for Public Housing, local housing authorities administer the program. Waiting lists for public housing can often be long or closed. View the Housing Authority Waiting List to find out about openings in the metro area. Below are the phone numbers of Housing Authorities in the metro area with public housing programs.

<table>
<thead>
<tr>
<th>Housing Authority</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bloomington HRA</td>
<td>502-503-8937</td>
</tr>
<tr>
<td>Carver County CDA</td>
<td>502-446-8715</td>
</tr>
<tr>
<td>Columbia Heights HRA</td>
<td>763-706-3900</td>
</tr>
<tr>
<td>Dakota County CDA</td>
<td>651-676-4400</td>
</tr>
<tr>
<td>Forest Lake HRA</td>
<td>651-464-4400</td>
</tr>
<tr>
<td>HoMBRRA</td>
<td>651-548-6345</td>
</tr>
<tr>
<td>Metro HRA</td>
<td>651-602-1428</td>
</tr>
<tr>
<td>Mound HRA</td>
<td>952-472-5076</td>
</tr>
<tr>
<td>Minneapolis PHA</td>
<td>612-342-1400</td>
</tr>
<tr>
<td>Scott County CDA</td>
<td>502-480-9022</td>
</tr>
<tr>
<td>South St Paul HRA</td>
<td>651-554-3270</td>
</tr>
<tr>
<td>St Louis Park HA</td>
<td>952-924-2579</td>
</tr>
<tr>
<td>St Paul PHA</td>
<td>651-268-5158</td>
</tr>
<tr>
<td>Washington County HRA</td>
<td>651-656-0936</td>
</tr>
</tbody>
</table>
DHS HOUSING PROGRAMS

- Housing Support (formerly called Group Residential Housing or GRH)
- Minnesota Supplemental Aid (MSA) Housing Assistance
You must **apply for** Housing Support and MSA:

- **Online** at [MNbenefits](http://MNbenefits.mn.gov)
- **Call** your county human services agency
- **In person** at the county human services agency
- Complete the **Combined Application Form (CAF)** [DHS-5223](#) and return by mail, fax, or drop box.
**Housing Support Pays For:**

- **Room and board costs** in licensed or registered settings (adult foster care, board and lodge facilities, boarding care homes, housing with services), or

- **Rent and utility expenses** in supportive housing (for people who have experienced long-term homelessness), and sometimes

- **Supportive services** for people in certain settings who are not receiving waivered or other services.

**How Does Housing Support Work?**

- People pay their countable income
- State pays the rest

$954 max
Eligible for SSI or General Assistance and Income below certain limits and Assets below certain limits:
- SSI Basis of Eligibility: $2,000
- GA Basis of Eligibility: $10,000

HS group setting – person with no income

- Person Has No Income
- MN-DHS: $111 Personal Needs $954 HS Room and Board
- Providers must ensure every recipient has:
  - 3 meals daily
  - Bed + linens
  - Laundry
  - Housekeeping
  - Lavatory supplies
  - Maintenance and operation of the building and grounds
- Authorized Housing Support Provider $954
- $194
- $750
WHAT IS COUNTABLE INCOME?

Countable income, from work or benefits, is what remains AFTER certain deductions.

For Housing Support, deductions include a $111 “personal needs allowance.”

For earnings, we disregard the first $65, the $111 PNA, and half the remainder. Example: $500 earned - $65 - $111 = $324/2 = $162 countable income
Goodwill’s Work Incentives Planning & Assistance Program helps explain Social Security work incentives.

Must be a Social Security recipient with a disability.

- Call 1-800-976-6728
- Email workincentivesconnection@gesmn.org
- Go to goodwillseasterseals.org and look for Disability Services
**MINNESOTA SUPPLEMENTAL AID (MSA)**

MSA is a monthly cash supplement for some recipients of SSI and/or RSDI benefits.

To be eligible, you must be:

- Over age 18 (unless blind) and
- Receiving SSI, OR
- Would receive SSI but for excess income (and over 65, or Blind, or Disabled)

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**MSA BENEFITS**

$841 SSI + $81 MSA = $922 total

Some people may be eligible for additional MSA “special needs” benefits, including:

- Representative payee fees ($25/month)
- Guardian/Conservator fees (up to $100/month)
- Special diets (prescribed by doctor; amounts vary)
- MSA Housing Assistance
## COMBINED APPLICATION

24. For Minnesota Supplemental Assistance only: Does anyone in the household have any of the following expenses?

<table>
<thead>
<tr>
<th>Expense</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Representative payee fees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Guardian or conservator fees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medically-prescribed special diet</td>
<td></td>
<td></td>
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<tr>
<td>High housing costs</td>
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</tr>
</tbody>
</table>

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## MSA HOUSING ASSISTANCE

Must be:

- Eligible for MSA, **and**
- Under age 65 when applying, **and**
- Monthly housing costs (rent & utilities) exceed 40% of gross monthly income
and one of the following…

- Relocating from an institution (hospital, nursing facility, RTC inpatient, or ICF-DD) or intensive residential mental health treatment program, OR
- Eligible for Personal Care Assistance (PCA) services, OR
- Receiving waivered services, OR
- Transitioning from Housing Support

**MSA HOUSING ASSISTANCE**

| $841 | SSI |
| + $81 | MSA |
| + $397 | MSA Housing Assistance* |
| **$1,319** | Total Income |

Caveat: If MSA benefits increase, SNAP benefits may decrease. The impact depends on many factors.
MSA HOUSING ASSISTANCE

MSA recipient chooses where to live, how much to spend on housing, and how to spend any remaining income.

Total income $1,319

CRISIS HOUSING FUND

Short-term assistance (rent or mortgage, utilities) to people with serious mental illness whose income is being used to pay for inpatient psychiatric treatment of 90 days or less. The goal is to retain the client’s housing.

As of June 20, 2021 this program has been suspended.
ABLE ACCOUNTS

ABLE (Achieving a Better Life Experience) accounts allow people who became blind or disabled BEFORE age 26 to save money to pay for many different disability-related expenses, including housing.

- Maximum annual contribution is $15,000.
- Balances up to $100,000 are excluded from the SSI resource limit.
- MN ABLE Plan: www.savewithable.com/mn

John Petroskas
MN Department of Human Services
John.Petroskas@state.mn.us
PACER’s Housing & Services Process Guide
...coming in the next workshop

Does the budget allow my young adult to live in this housing option?

- Review budget and level of care
- Budget is determined
- Identify, interview roommates and service providers
- Disagree with decision? Use appeal process

Finalize Your Support Plan
- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign release, forms, rental agreement

- Review budget and level of care
- Budget is determined
- Identify roommates, service providers, landlords, realtyleasing companies, if setting, liquor is needed
- Disagree with decision? Use appeal process

Finalize Your Support Plan
- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign releases, forms, rental agreement, or mortgage

Celebrate and Move in!

Resources

PACER’s Housing Project:
www.PACER.org/housing
Contact Person: Susan Shimota
Phone: 952-838-9000
Email: susan.shimota@PACER.org

Hennepin County Social Services
Jerry Mellum, Senior Planning Analyst
Hennepin County Human Services and Public Health Department
Phone: 612-596-7094
Jerry.Mellum@hennepin.us

PACER’s National Parent Center on Transition & Employment & Transition to Life After High School (MN Parents)
www.PACER.org/transition
https://www.pacer.org/students/transition-to-life

Disability Hub MN
disabilityhubmn.org 1.866.333.2466
Resources

**Person Centered Planning:**
Helen Sanderson and Associates [www.helensandersonassociates.co.uk](http://www.helensandersonassociates.co.uk)
The Learning Community for Person Centered Practices
[https://tlcpcp.com](https://tlcpcp.com)
MN Department of Human Services > Person Centered Practices
ARC Minnesota: Transition Vision Project
[https://arcminnesota.org/planning-your-future/person-centered-planning](https://arcminnesota.org/planning-your-future/person-centered-planning)
Phone: 952-920-0855
Email: [https://arcminnesota.org/ways-we-can-help/ask-an-advocate](https://arcminnesota.org/ways-we-can-help/ask-an-advocate)

**MN Governor’s Council on Developmental Disabilities**
“Its My Choice”:

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**Resources**

**MN Department of Human Services Main Page**
[http://mn.gov/dhs](http://mn.gov/dhs)
- People with Disabilities>Services>Home and Community Services
  [https://mn.gov/dhs/people-we-serve/people-with-disabilities](https://mn.gov/dhs/people-we-serve/people-with-disabilities)
- Healthcare>Child & Adult Mental Health:
- Housing
  [http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing](http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing)
- Housing Benefits101 [https://mn.db101.org](https://mn.db101.org)
- Disability Benefits 101 [https://mn.db101.org](https://mn.db101.org)
- MN Department of Human Services – Home and Community-Based Services Rule Overview
  [https://www.youtube.com/watch?v=llq8AUH41k](https://www.youtube.com/watch?v=llq8AUH41k)
- MN Department of Human Services – Waiver Reimagine
Resources

Minnesota’s Olmstead Plan
www.pacer.org/housing/gettingstarted >Minnesota’s Olmstead Plan

The ARC of MN - Housing Resources
https://arcminnesota.org
https://arcminnesota.org/learn-connect/learning-center/housing
Phone: 952-915-3632

MN Department of Human Services – Housing Stabilization Services
https://mn.gov/dhs/partners-and-providers/policies-procedures/housing-and-homelessness/housing-stabilization-services/housing-stabilization-services.jspf

Metropolitan Center for Independent Living, Inc.
www.mcil-mn.org  651.646.8342

“Find Choose & Keep Great DSPs (Direct Support Professionals) Toolkit”

Housing Link
Housing Rental Listings, Public Housing, Section 8, Waitlists & Newsletter
www.housinglink.org

TAC - Technical Assistance Collaborative
www.tacinc.org/knowledge-resources/publications/e-books/section-8-made-simple
Voucher Database for MN: http://www.tacinc.org/knowledge-resources/vouchers-database/?state=MN

HUD - Information for Disabled Persons

HUD Resource Locator
https://resources.hud.gov
Resources

MN Housing Finance Agency
www.mnhousing.gov

MN Home Ownership Center
https://www.hocmn.org

Homes for All
http://homesforallmn.org/
https://www.hocmn.org/homeownershipopportunityalliance

MN Department of Human Services (DHS) Community-Based Services Manual
https://tinyurl.com/sn9pmt6

Social Security Administration

In Closing….

- Educate yourself! NETWORK, NETWORK!

- It is beneficial to start the application process for social services in your high school years.

- Plan time to start your person-centered plan with your young adult about housing services and options.

- Time is an advantage due to limited funding, availability of supports & services, and affordable, accessible housing.

Next Workshop, Step 3 - Housing: What Are The Options?"
Monday, April 11, 6:30 to 9:00 p.m.