Step 1

Housing: How Do We Start?

Three-part Housing Workshop Series

• Housing: How do we start?
  Monday, April 10th, 6:30 p.m.- 9:00 p.m.

• Housing: How is it paid for?
  Monday, April 24th, 6:30 p.m. - 9:00 p.m.

• Housing: What are the options?
  Monday, May 8th, 6:30 p.m. - 9:00 p.m.
This workshop will address:

- Why should you start thinking about housing and services now?
- Why are housing and services evolving?
  - Minnesota's Olmstead Plan
  - Home and Community-Based Services Rule
- What is Person-Centered Thinking and Planning?
- How can the Person-Centered Thinking & Planning process provide information and direction for housing and services options?
- What are the housing options?
Why should you start thinking about housing and services now?

- The IEP Team must consider independent living as part of the Transition IEP.
- You and your son or daughter are experts about their strengths, gifts and preferences.
- Housing options and supports involve eligibility criteria, timelines and waiting lists.
- Limited availability of affordable housing and support staff....

AND.....
We think you will want your young adult to …get a “Life” AND a “Home” not just a “Place”

What does that mean?

Why is Housing Evolving?
Why is Housing Evolving?

- Parents and individuals with disabilities are demanding housing and services that are integrated and based on person-centered thinking principals.
- The federal government’s directive to implement the Olmstead Decision.
- Centers for Medicare & Medicaid Services directive to implement the Home & Community-Based Services (HCBS) rule.
- Separating housing from services.

Home & Community-Based Services (HCBS)

What is a waiver?
- In 1983 added to the “Social Security Act 1915 (c)
- Medical Assistance programs allow the state to “waive” the typical requirements of MA.
- Called Home and Community-Based Service (HCBS) waivers.
- Used to provide services in Home and Community Based settings instead of restrictive settings like hospitals, nursing homes or ICF/DD’s that isolate people.
- Can be used to pay for additional services beyond MA.
- Target specific populations.
The Olmstead Decision

Where have we come from?

- The Olmstead Decision, 1999
  - Court ruled that integration is fundamental to the purposes of ADA and that states may be required to provide community-based services rather than institutional placement for individuals with disabilities.
  - https://www.pacer.org/housing/gettingstarted > Minnesota’s Olmstead Plan

Minnesota’s Olmstead Plan: The Vision

Minnesota will be a place where people with disabilities are living, learning, working and enjoying life in the most integrated setting

- Person Centered Planning
- Housing & Services, Employment, Lifelong learning & Education
- Transportation, Healthcare & Healthy Living, Positive Supports, Crisis Services, Assistive Technology, Preventing Abuse & Neglect
- Community Engagement
Home and Community-Based Services (HCBS) Rule

What is the Home & Community Based Settings Rule?

• In 2014, Centers for Medicare & Medicaid Service released new rules that create standards for HCBS services.

• Long-term services must be provided in the most integrated setting AND have full access to the benefits of community living.

• Defines what an HCBS setting is and is not.

• Enhances the quality of HCBS and provides protections to participants.

Requirements of a Home & Community Based Setting

• Is integrated and supports access to the greater community.

• Provides opportunities to seek employment and work in competitive integrated settings and engage in community life, and control personal resources.

• Ensures the individual receives services in the community to the same degree of access as individuals not receiving Medicaid Home & Community Based Services.
Home and Community-Based Services (HCBS) Rule

Requirements of a Home & Community Based Setting

• Ensures an individual’s rights of privacy, dignity, respect and freedom from coercion and restraint.

• Optimizes individual initiative, autonomy, and independence in making life choices.

• Facilitates choice regarding services and supports and who provides them.

Person-Centered Practices & Informed Choice

• Service planning must use a person-centered planning process that addresses health & long-term services and support needs in a manner that reflects the individual’s preferences and goals and puts the person at the center.

• “Informed Choice” – A person (and/or their legal representative) makes a voluntary decision, after being informed about all available options for case management, services and providers. Information needs to be delivered using the person’s primary method of communication at a level he or she can understand.
Home and Community-Based Services (HCBS) Rule

Additional requirements for provider controlled & operated settings:

• A person has a lease* in their own home that offer the same responsibilities/protections for evictions & appeals as the tenant landlord law in their state.
• A person has their own living, sleeping, bathing and eating areas.
• A person has privacy in their living or sleeping area and are free to decorate it as they choose.
• A person chooses if they want a roommate and who they are.
• The Individual controls his/her own schedule including access to food at any time.
• The Individual can have visitors at any time.
• The setting is physically accessible to the individual.

Reframing the Way We Think!

“A Person’s Own Home” is:

• NOT a program
• NOT an “open bed” or placement
• NOT a model
• NOT a development
• NOT independent (“It is interdependent”)
• IS CHOICE
• IS a process
• IS one person at a time - individualized
• IS collaboration
• IS right supports at the right time
What is Person-Centered Thinking & Planning?

PACER’s Housing & Services Process Guide
Person-Centered Thinking & Planning

- Focuses on outcomes, dreams, and visions of the person, not a “system-centered” process driven by programs, stereotypes, segregated programs like traditional models.

- A set of tools that address what is important to and for a person to have quality of life, is essential to give people more choice and control and the way they are supported.

- A set of tools used to capture information to improve understanding communication and relationships.

- Gathers information from the people who are important to the person and know them the best: family, friends, neighbors, support workers and other professionals.

We think you will want your daughter or son to…

...get a “Life” AND a “Home” not just a “Place”
Person Centered Thinking = Everyday ways of thinking

- Tools for asking “What do we know?” before jumping to “What do we do?”
- The more time you spend on defining the issues, the more effective the solution!

“If I had an hour to save the world, I would spend 55 minutes defining the problem” – Albert Einstein

Person Centered Thinking Tools

- Rituals and Routines
- What is Working (What makes sense?) AND
  What is NOT Working (What doesn’t make sense)
Person Centered Planning Tools
Rituals and Routines

Rituals guide us through our days and bring consistency, comfort and control

- Morning
- Going to bed
- Mealtimes
- Transition
- Birthday
- Cultural/Holiday
- Spiritual
- Vacation
- Comfort
- Celebration
- Grief/Loss

Used with permission - The Learning Community for Person-Centered Practices [https://tlcpcp.com](https://tlcpcp.com)

Person Centered Planning Tools
What is Working? What is not Working?

Sorts “what is working” and “what is not working” from different perspectives to identify a way forward.

- Tool that helps people problem solve, negotiate, gain deeper understanding
- What is working and not working from the person’s perspective?
- What is working and not working from the perspectives of family, staff and other important people?
- When everyone is able to share, people feel listened to.

Used with permission - The Learning Community for Person-Centered Practices [https://tlcpcp.com](https://tlcpcp.com)
Person Centered Planning Tools – There are Many Options

Formal planning with facilitator

- Essential Lifestyle Planning
- Personal Futures Planning
- MAPS
- PATHS
- Circles of Support
- Liberty Plan
- Charting the Life Course

Using Person-Centered Thinking to Start your Housing Plan
How can a One Page Profile be used to plan for services/supports?

The one-page profile captures what is important to the person, important for the person and how they want to be supported:

- What’s important to the person
- What’s important for the person
- What people like and admire about the person
- How to best Support the person
- A photo capturing who the person is.
- Is a helpful tool of introduction for the people and support providers who are part of your young adult’s life.

How can we use the One Page Profile to plan for services/supports?

- **Photo(s):** that capture the person’s “spirit”

- **Appreciations:** List the positive qualities, strengths, and talents of the person. Also called what we “like” and “admire” about the person.
  - Great sense of humor
  - Caring and affectionate
  - Amazing physical stamina
  - Knows all the artists and songs of the 1980’s
How can we use the One Page Profile to plan for services/supports?

• **Important to the person:** What matters to the person from their perspective.
  - Things in life that help us to be **satisfied**, **content**, **comforted**, **fulfilled**, and **happy**.
    - People to be with/relationships
    - Things to do and places to go (hobbies/interests, when and how often)
    - “Rituals and Routines”
    - Rhythm or pace of life
    - Status and control
    - Things to have

Templates courtesy of Helen Sanderson and Associates  [www.helensandersonassociates.co.uk](http://www.helensandersonassociates.co.uk)
Used with permission - The Learning Community for Person-Centered Practices [https://tlcpcp.com](https://tlcpcp.com)

How can we use the One Page Profile to plan for services/supports?

• **Important for the person:** Issues of health, safety and what others see necessary to help the person
  - Health:
    - Prevention and treatment of illness, medical conditions
    - Promotion of wellness (self-care, diet, exercise)
  - Issues of safety
    - Environment
    - Well being – physical emotional
    - Free from fear

Templates courtesy of Helen Sanderson and Associates  [www.helensandersonassociates.co.uk](http://www.helensandersonassociates.co.uk)
Used with permission - The Learning Community for Person-Centered Practices [https://tlcpcp.com](https://tlcpcp.com)
How can we use the One Page Profile to plan for services/supports?

• **Important for the person:**
  • What others see as necessary to help the person:
    ✓ Be valued
    ✓ Be a contributing member of their community

• **How to support the person:** What people need to know, and what people need to do.
  ✓ What is helpful? What is not?
  ✓ “Matching Characteristics”

The balance of important to and important for
Rachel’s Description

Rachel

What others like and admire about Rachel
Her ‘model-looks’; she is a stunner!

Wicked sense of humour
Her ability to make friends and connect with people
Her taste in men, music and DVD’s!
Her long eye lashes and expressive eyes
She is a funny babie!

Important To Rachel

Contact with her family, especially her mum and sister Lindsay.
Listening to pop music, especially boy bands and funky
gorgeous male artists
(favourites at the minute - McFly; Shayne Ward; Westlife)
Having people around her who she can
have a laugh and a giggle with.
Having fun and getting messy –
like water fights in the bath;
being nibbled by Button her hamster.
Looking stylish in trendy clothes and accessories
in her favourite colour – pink.
Loves having her hair and nails done – (girl pampering)
Her mobile phone to keep in touch (calls and texts)
with what is happening!
Being supported by people who know her
well and who she likes
Not to be in her chair any longer than she has to be –
must get out of it as soon as possible, prefers to lie on the floor or on her tummy on her bed
That everyone who supports Rachel understands
her communication (see communication charts)

Rachel’s Description

Rachel

Important to Rachel for the future
Getting to a football match – with a priest and all the gear!
Going to a star-studded ‘flash’ event where she can
dress-up and impress the man.
Going on holiday and ‘blue’ it up (preferably abroad)
Living in her stylish bachelorette pad

Important For Rachel (upon needs)

Rachel has complex needs and these must be fully
understood before you can properly support her.
You need to read the details of her file
(including her health/action plan) before supporting
her as it contains vital, detailed information
around staying healthy and safe
Having the right equipment on hand to meet her needs –
e.g. Day-beds, novel fully charged, suction machine
Rachel eats and drinks using a PEG ( gastroscope tube)
she does not take any food, drink or medication orally,
Rachel takes medication daily – refer to her medication
chart for up-to-date information.
Rachel has epilepsy – refer to her care plan around
her best to support her when she needs emergency
medication for her prolonged seizures
Rachel needs to stay calm and cool. If she gets upset she
becomes hot and this is difficult to control her aura and
manage her behaviour – you need always to have suction
equipment with you. She also must wear cool, loose-fitting
clothes

Rachel is allergic to SORBITOL, which is found in many forms of liquid medication and anti-biotics
Rachel takes Bactrofen her GP and dentist must always be reminded of this due to the risks associated with her neck and
swallowing difficulties. Rachel is prone to chest infections.
Rachel’s Communication Chart

- A way to focus on people’s communication whether they use words to speak or not.
- Clarify communication when a person’s actions are different from what they say.
- How a person communicates with their behavior.

Templates courtesy of Helen Sanderson and Associates
www.helensandersonassociates.co.uk
Video at: www.helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools/communication-chart
Used with permission - The Learning Community for Person-Centered Practices

Chris’s Description

This one-page description was created to introduce Chris to the individuals that support him.

WHAT’S IMPORTANT TO CHRIS
- My family & friends
- Food
- Taking
- Reading & coloring
- Taking & operating radio/boombox (because & ngôi)
- Drinking coffee in the morning (socially)
- Playing Wii games
- Watching a movie & TV (movies)
- Relaxing in the evening
- Running on a playground at our park & walking in it
- Fun activities: Soccer, basketball, basketball, dancing, go-karts, barbeques, swimming, dance, hiking, Etc.
- Doing my best at restaurants
- Having a bath that I love next to my
- Being loved locally

WHAT’S IMPORTANT FOR CHRIS
- Environment-like the case of the house & food in warm
- Communication with family & friends daily
- To help me remember to do it or use
- Daily routines with the house & exercise
- Vertically in my world
- Community involvement
- Help with daily activities
- Taking care of the house & children etc.
- Transportation to activities

COOL CHRIS

WHAT PEOPLE LOVE ABOUT CHRIS
- Influenza, makes great sense of humor
- Strawberry & banana & chocolate
- Demanding
- Family
- Library
- Being getting out of the house
- Triangles
- Good at piano

CHRIS NEEDS PEOPLE WHO ARE...
- Energetic & active
- Free & time to laugh
- Patient
- Adaptable to the things I do
- Thinks I’m great
- Needs to be an adult
- Good at coding
- Passionate about their job
Building your support networks

Natural supports are:
- Friends
- Family
- Acquaintances
- Co-workers
- Volunteers
- Mentors & Peer mentors
- Faith Community members

That promote the involvement in:
- Programs, activities, projects, volunteer experiences, employment

Community Inclusion Strategies

- Develop a daily routine that involves contact with person’s without disabilities in their community.
- Get to know the neighbors.
- Meet other people who share similar interests and hobbies.
- Become a member of civic and other local organizations, clubs, “meet-up” groups, individual and group sports.
- Encourage volunteering.
- Get on the mailing list of different community agencies to receive program schedules and information.
- Become familiar with local businesses - bank, post office, grocery store, coffee shops, bakery, faith community...
What are the Housing Options?

Why is Housing Evolving?

- Parents and individuals with disabilities are demanding housing and services that are integrated and based on person-centered thinking principals.
- The federal government’s directive to implement the Olmstead Decision.
- Centers for Medicare & Medicaid Services directive to implement the Home & Community-Based Services (HCBS) rule.
- Separating housing from services.
Housing’s Guiding Questions…

• Where do you want to live?
• How will you pay for rent and food?
• How will you afford staff support?
Show Me the Money:
Ways to Pay for Rent and Food

• Contribute your own funds: you use your own money*
  *For “qualifying expenses”.

• Licensed settings: money flows from the state to the provider

• “Own Home”: MSA/MSA Housing Assistance* money flows from
  the state to you
  *MSA = MN Supplemental Aid

What housing options does my son or daughter want?

• Family home, Friend’s or Relatives Home
• Apartment, Condominium, Townhome, Home
  • Participant Controlled (“Person’s Home”)  
  • Other Provider Controlled
• Community Residential Settings
  • (Formerly Adult & Family Foster Care, “Group Homes”)
    • Institutions Intermediate Care Facilities for Individuals with Developmental Disabilities (ICF/DD)
  • Nursing Homes
• Co-op Housing
• Co-Housing
Housing Services & Supports
What supports are needed?

Medical Assistance Services:

• Personal Care Attendant (PCA)
• Community First Services and Supports (CFSS) - Will replace PCA
• ARMHS (Adult Rehabilitative Mental Health Services
• Home Care Nursing
• Respite
• Housing Stabilization Services

“Waiver Reimagine” Home and Community Based Waiver
Services. Categorizing Services by Settings:

• A Person’s Home, or In the Family Home:
  • Individualized Home Supports with and without training
  • Individualized Home Supports with Family Training
  • Integrated Community Supports
  • Live-in Caregiver
  • Shared Living
  • Natural Supports

• Residential Services:
  • Community Residential Services - Adult and Child
  • Family Residential Services - Adult and Child

Apartment, Condominium, Townhome, Home Rental or Ownership

- **Participant controlled housing – “A Person’s Own Home”**
  - Person Chooses type of housing (holds lease or mortgage)
    - Rents Own Home
    - Home ownership
    - Person chooses roommate, location, service provider and amount of services

- **Other Provider Controlled Housing** (holds lease or owns building)
  - Apartment Programs
  - Provider Owned or Leased Homes
  - Person chooses location of providers choice of building and package of services from provider

Participant Controlled – “A Person’s Own Home”

What are the characteristics of “A Person’s Own Home”?

- NOT a program
- NOT an “open bed” or placement
- NOT a model
- NOT a development
- NOT independent
- **IS CHOICE**
- **IS** a process
- **IS** one person at a time - *individualized*
- **IS** collaboration
- **IS** right supports at the right time
How People Have Found & Funded Their Own Homes

Kevin & Michael – Single Family Home
Kevin & Michael – Single Family Home

Kevin’s Financial Situation
• Rent: $875 each = $1,750
• Food: $275 each
• Utilities/Split: Electric-$68, Gas/Heat $35-$128 = $81.50, Water/Sewer/Trash - $140, Internet- $58.00 = $695 split =$347.50 each + Kevin’s Phone: $45.00 = $392.50
• Income: RSDI: $937
• Income/Job: $160 every wk working 4 hrs/4 days wk = 16 hrs wk = $640

MSA/MSA Housing: Not receiving Waiver Service
• DD Waiver – IHS w/training

Natural Supports
• Family/ friends

Total Income: $1,577
Expenses: $1,542.50* = $34.50 left
*$1,150 – $427 left when utilities/phone included in rent

Chris, Anne, Scott – Townhome

PACER CENTER™
CHAMPIONS FOR CHILDREN WITH DISABILITIES™
Chris, Anne, Scott – Townhome

Chris’s Financial Situation

- **Rent**: $600 each for 3 roommates = $1,800
- **Food**: $250 ($750 total for 3)
- **Utilities**: Rent includes all utilities
- **Income**: RSDI $1,135
- **Income/Job**: Day Support - $150 gross, $100 net per month
- **Personal Fun**: $80

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Waiver Service

- DD Waiver – IHS w/training, Day Support

- **Natural Supports**: family/friends

Total: $1,235 a month

Expenses: $1,100 = $235

Daniel and Charlie – Fourplex
**Daniel and Charlie – Fourplex**

**Dan’s Financial Situation**
- **Rent:** $600 each roommate = $1,200
- **Utilities:** Electric-$20 each, other utilities included in rent
- **Food:** $273
- **Income - SSI:** $320
- **Income/Job:** $800 ($850 gross) working about 4.5 hours for 4 days week

**MSA + Food Support/SNAP:**
- $150

**Waiver Service**
- CDCS, SES/Employment but now natural supports on job

**Natural Supports**
- Family/ friends/co-workers

**Total income:** $1,270 - **Expenses:** $893 = $377

*Note: 2 units getting low-income tax credits*

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**Amada - Affordable Housing Development - Apartment**

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Amada & Jake - Affordable Housing Development - Apartment

Amanda’s Financial Situation
- Rent: $1,221 (2 bedroom) $610.50 ea.*
- Utilities: heat, water, gas, sewer, trash = $50.00 ea.+ $100.00 Electric: TBD, Phone/"Obama Phone" = $0
  Internet/Cable $100 ea. = $200.00 = $150.00
- Food: $250
- Income - SSI: $914
- Food Support/SNAP: $281
- MSA: $81
- MSA Housing Assistance: $420.50

Waiver Service
- DD Waiver – IHS w/training, w/o training, Customized Employment
- Natural Supports: family/ friends

Total Income: $1,696.50 - Expenses: $1010.50 = 686
* Qualification Resident makes under 40% of AMI. This developer received 4.8 mill. “TIF funding” City of Minnetonka.

Sam & Devin – Two Bedroom Duplex, Live-In Caretaker
Sam & Devin – Two Bedroom Duplex, Live-In Caretaker

Sam’s Financial Situation

- **Rent:** $650 for each = $1,300
- **Food:** $250 for each = $500
- **Utilities/Split:** Electric-$58, Gas- $42
  Water/Sewer/Trash- $60= $160=$80 ea
- **Income - SSI:** $914
- **Food Support/SNAP:** $281 ($20.00 min)
- **MSA:** $81
- **MSA Housing Assistance:** $420.50

Waiver Service

Caregiver Living Expenses:
(1/2 of rent and food = $900)

Natural Supports:
Family/ friends

Total Income: $1,696.50 - Expenses: $980 = $716.50

Leslie and Cara – Community Residential Setting

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CHAMPIONS FOR CHILDREN WITH DISABILITIES™
Leslie and Cara – Community Residential Setting

Leslie and Cara financial situation:
- **Income:** SSI $914
- **Provider keeps:** $793
- **State adds:** $248
- **Total Housing Support:** $1041
- **Person keeps:** $121, **Personal Needs**
- **Expenses not covered by provider…**

Waiver Service
- **DD Waiver – Community Residential Services**
- **Day Support Services**

Natural Supports
- **Family/ friends**

Total Income to Housing Provider: $1041
Total Income for person: $121

Family Residential Settings & Life Sharing

Family Residential Settings:
- The home **is the primary residence** of the family residential license holder who is also the primary caregiver.
- Same provisions as Community Residential Settings.

Shared Living:
- Young adult can rent or own their own home and share with a support person, other individuals or a family.
- Enhanced matching process and training.*
- Life Sharing licensed through an agency who is an independent contractor.*

*For some shared living models

CBSM... Resource: Life sharing matching process and ongoing support options [mn.gov]
Community Residential Settings – Board & Lodge, Assisted Living…

Other “congregate” settings
- Includes services where seniors or people with disabilities live in the same building
- Includes: board and lodging establishments, non-certified boarding care homes, housing with services establishments or assisted living.
- May include five or more people
- May have individual or shared bedrooms
- May share living, dining spaces

Institutions
Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD)
- Residential facility licensed as a health care institution and certified by the MN Department of Health to provide health or rehabilitative services for persons with developmental disability or a related condition who require active treatment.
- Have developmental disability or a related condition
- Need a 24-hour plan of care
- Need continuous active treatment
- Cannot apply skills learned in one environment to a new environment without aggressive and consistent training
Institutions

Nursing Homes

Nursing homes are long-term care facilities that offer a full array of personal, dietary, therapeutic, social, spiritual, recreational, and nursing services to residents.

Nursing level of care is needed for one or more of the following:
- Cognitive or behavioral condition
- Existence of complicating conditions
- Frailty or vulnerability
- Functional limitation
- Need for complex care management
- Need for restorative and rehabilitative or other special treatment
- Unstable health

Cooperative “Co-op” Housing

- People come together to form a special kind of corporation called a “Cooperative”
- Cooperative members own a share in a corporation that owns or controls the building(s)
- Each shareholder is entitled to occupy a specific unit
- Co-op is eligible for financial assistance or low-cost loans from government
- National Association of Housing Cooperatives: https://coophousing.org
Co-Housing

- A growing movement in the U.S.
- Co-housing communities balance the traditional advantages of home ownership with the benefits of shared common facilities.
- Creates intentional and cross-generational communities
- Opportunities for participation in the planning, design and ongoing management and development

Co-Housing Association of US: [https://cohousing.org](https://cohousing.org)
Find It>Community Directory>Minnesota

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Co-Housing Solutions

- Cohousing Solutions: Katie McCamant, Founder
  https://www.cohousing-solutions.com/videos
Next Steps....

• Start the conversation with your young adult about where they want to live when they grow up.
• Plan time to begin the person-thinking and planning process with your young adult.
• Educate yourself! NETWORK, NETWORK, NETWORK!

Next workshops:
• Step 2 - Housing: How is it paid for? 
  Monday, April 24th, 6:30 - 9:00 p.m.
• Step 3 - What are the options? 
  Monday, May 8th, 6:30 - 9:00 p.m.

Resources

PACER’s Housing Project: 
www.PACER.org/housing  
Contact Person: Susan Shimota  
Phone: 952-838-9000  
Email: susan.shimota@PACER.org

Hennepin County Social Services  
Jerry Mellum, Senior Planning Analyst  
Hennepin County Human Services and Public Health Department  
Phone: 612-596-7094  
Jerry.Mellum@hennepin.us

PACER’s National Parent Center on Transition & Employment:  
https://www.PACER.org/transition  
Transitioning to Life After High School - PACER Center

Disability Hub MN  
disabilityhubmn.org  1.866.333.2466
Resources

Person Centered Planning:
Helen Sanderson and Associates  www.helensandersonassociates.co.uk
The Learning Community for Person Centered Practices
https://tlcpcp.com

MN Department of Human Services > Person Centered Practices

ARC Minnesota: Planning & Coaching
https://arcminnesota.org/ways-we-can-help/planning-your-future
Phone: 952-920-0855, ARC Statewide: 833-450-1494
Email: https://arcminnesota.org/ways-we-can-help/ask-an-advocate

MN Governor’s Council on Developmental Disabilities
“Its My Choice”:

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Resources

Minnesota’s Olmstead Plan
https://www.pacer.org/housing/gettingstarted_Minnesota’s-Olmstead-Plan

The ARC of MN - Housing Resources
Phone: 952-920-0855, ARC Statewide: 833-450-1494

Metropolitan Center for Independent Living, Inc.
https://www.mcil-mn.org  651.646.8342
Resources

MN Department of Human Services Main Page
http://mn.gov/dhs

- People with Disabilities>Services>Home and Community Services
  https://mn.gov/dhs/people-we-serve/people-with-disabilities
- Healthcare>Child & Adult Mental Health:
  http://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care

- Housing
  http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing
- Housing Benefits101 https://mn.hb101.org
- HB101 Places https://mn.hb101.org/places.htm
- Disability Benefits 101 https://mn.db101.org

Resources

MN Department of Human Services – Housing Stabilization Services
https://mn.gov/dhs/partners-and-providers/policies-procedures/housing-and-homelessness/housing-stabilization-services/housing-stabilization-services.jspf

MN Department of Human Services (DHS) Community-Based Services Manual
https://tinyurl.com/sn9pmt6
CBSM - Resource: Life sharing matching process and ongoing support options (state.mn.us)

“Find Choose & Keep Great DSPs (Direct Support Professionals) Toolkit”


Metro Crisis Coordination Program (MCCP) Residential Openings List
https://mnopenings.org
Resources

Housing Link
Housing Rental Listings, Public Housing, Section 8, Waitlists & Newsletter
www.housinglink.org
Housing Link “Streams” Database: https://www.housinglink.org/Streams/

TAC - Technical Assistance Collaborative
www.tacinc.org/knowledge-resources/publications/e-books/section-8-made-simple
Voucher Database for MN: http://www.tacinc.org/knowledge-resources/vouchers-database/?state=MN

HUD - Information for Disabled Persons: https://www.hud.gov/topics/information_for_disabled_persons
HUD Resource Locator https://resources.hud.gov
HUD Reasonable Accommodations & Rights for Individuals with Disabilities:
https://www.hud.gov/program_offices/fair_housing_equal_opp/reasonable_accommodations_and_modifications
HUD File a Complaint: https://www.hud.gov/program_offices/fair_housing_equal_opp/online-complaint

MN Housing Finance Agency
https://www.mnhousing.gov

MN Home Ownership Center
https://www.hocmn.org

Homes for All
http://homesforallmn.org/
https://www.hocmn.org/homeownershipopportunityalliance

Social Security Administration