Step 3

Housing: What are the Options?
Three-part Housing Workshop Series 2023

- Housing: How do we start?
  Monday, March 14, 6:30 p.m. - 9:00 p.m.

- Housing: How is it paid for?
  Monday, March 28, 6:30 p.m. - 9:00 p.m.

- Housing: What are the options?
  Monday, April 11, 6:30 p.m. - 9:00 p.m.
PACER’s Housing Publications

PACER’s Housing Guidebook, Website, Tip Sheets, Navigation Chart
PACER.org/housing
This workshop will address:

- Where does your young adult want to live?
- How will your young adult afford rent, food?
- How will your young adult afford the staff support necessary to live in the most integrated setting?
- How the person-centered thinking & planning process provides information and direction for housing & services options.
- How our presenters obtained person-centered housing & services.
PACER’s Housing & Services Process Guide

Navigating the Housing and Services Process

This guide offers an overview of the main considerations and important steps parents and their young adult with a disability may want to consider when navigating the housing and services process.

The acronyms and their definitions can be found on the back panel. For more information on this topic, refer to PACER’s publication “Housing: Where Will Our Children Live When They Grow Up?” For a free copy, call PACER at (952) 838-9000 or order online at PACER.org.

How will your young adult pay for housing and services?

You will need to consider:
- Supports/staff
- Number of roommates
- Food
- Personal needs
- Mortgage or rent
- Current income supplements

What is your young adult’s vision for community living?

Create a person-centered plan, a process that:
- Is “person-centered,” focused on outcomes, dreams, and visions of the person, not a “system-centered” process driven by programs, stereotypes, and segregated programs like traditional models
- Uses a set of tools that address what is important to a person and for a person to have quality of life, essential to give people more choice and control over the way that they are supported
- Uses a set of tools to capture information, and improve understanding, communication, and relationships
- Gathers information from the people who are important to the person and know them the best: family, friends, neighbors, support workers, and other professionals

Make a request for a Certified Assessor
PACER’s Housing & Services Process Guide

Does the budget allow my young adult to live in this housing option?

- Review budget and level of care
- Budget is determined
- Identify, interview roommates and service providers

**Disagree with decision? Use appeal process**

Finalize Your Support Plan

- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign release, forms, rental agreement

**Finalize Your Support Plan**

- Coordinated Service & Support Plan (CSSP)
- Individual Abuse Prevention Plan (IAPP)
- Personal Care Assistance (PCA) Service Plan
- Individual Community Support Plan (ICSP)
- Individual Treatment Plan (ITP)
- Sign releases, forms, rental agreement, or mortgage
Three Basic Questions

• Where do you want to live?
• How will you afford rent and food?
• How will you afford the staff support necessary?
Examples

- Potential unlimited possibilities within resources
- Community residential setting (group home)
- Mother-in-Law Apartment
- Duplex
- Four plex with scattered apartments
- Modify a garage as a one-bedroom apartment seven feet from your brother
- Rent an apartment
- Neighborhood housing group
- Co-housing – Plymouth (Indu)
- Own a home or condo (first time home buyer $, land trusts)
- Apartments controlled by the provider (Integrated Community Support)
The Array of Housing Options

- Licensed Housing
- Other Provider Controlled Housing
- Participant Controlled Housing
The Array of Housing Options

- Licensed Housing
- Other Provider Controlled Housing
- Participant Controlled Housing
The Array of Housing Options

- Licensed Housing
- Other Provider Controlled Housing
- Participant Controlled Housing
Integrated Community Support Basics

A new service through DHS Waiver Reimagine. Services that provide support and training to adults age 18+ who live in an ICS provider-controlled setting.

The ICS provider is **teaching**, not doing hands-on care for the individual.

- ICS covers training and support to meet the person’s assessed needs and goals in at least once of the following:
  - Community participation
  - Health, safety and wellness
  - Household management
  - Adaptive skills

A person who lives in ICS setting is not required to receive ICS. However, when a person lives in an ICS setting, they may only receive services from that provider. The provider certifies the building. Only one provider of this service is allowed per building.
The Array of Housing Options

- Licensed Housing
- Other Provider Controlled Housing
- Participant Controlled Housing
What is “Own Home?”

- **Person controls the home** by renting or owning.
- Person has a lease and pays rent, utilities directly.
- Person chooses their own service provider.
- Person determines who does specific tasks (shopping, errands, other tasks).
- Person gets services based on their own plan (not group)
- Services are delivered individually
- Shared services are decided independently
- Not a wrap around service or a situation where several families use one provider.
- Can be 24/7 services based on assessed need.
- Family members are the back up for staffing vs. the agency.
Expectations for Own Home

- Person has a lease/owns their home
- Person has their own living, sleeping, bathing, eating areas
- Person has privacy in their living/sleeping area
- Person chooses if they want a roommate or not
- Unit has lockable access and egress
- Person can decorate and furnish unit to their choosing
- Person controls their own schedule and activities
- Person has access to their own food and kitchen and buys their own food.
- Person can have visitors at any time
- Person is free to choose their service provider without being at risk of losing housing, and to choose not to receive services.
- Family is often the backup for staffing when there are openings in the schedule
Where Do You Want to Live?
Search for residential openings

Enter zip code...

Radius
15 miles

SEARCH BY LOCATION
Sort by Type of Housing and Funding
Www.housinglink.org

HousingLink

Subsidized Housing ▼ Property Owners & Managers ▼ Housing Resources ▼ Beyond Backgrounds ▼ Data & Research ▼ About Us ▼

Are you denied housing because of a criminal background, low credit score or recent eviction?

Beyond Backgrounds can help

Where do you want to rent?
Enter a city, zip, or county

Distance ▼ Rent ▼ Bedrooms ▼ Building Type ▼ Subsidized Housing ▼ Seniors/Disabled ▼

Simplifying affordable housing
www.mnhelp.info
Enter the specific service and area
How Will I Afford the Staff Support Necessary?
How will you afford the staff support necessary?

- Natural supports
- Personal Care attendant services
- Home and community-based waiver services
  - In home—Individualized Home Supports with training, without training and with family training, Night supervision, 24 Hour Emergency Assistance, Electronic Monitoring, Home delivered meals, Live-in expenses, Homemaker and more!!
  - Community Residencial Setting—group home. Staff are provided based on a ratio of need.
  - Integrated Community Support—provider-controlled apartment setting that teaches skills.
- ARMHS—Rehabilitative Mental Health Services (MA funded)
- Customized Living—apartment with meals and supports in the building.
- Employment options.
Developmental Disabilities (DD) Waiver

In response to the COVID-19 peacetime emergency, DHS has updated policy/procedures and issued related instructional bulletins to ensure continuity of care for people in Minnesota who access services. These changes:

- Allow LTSS assessments and reassessments to be conducted remotely (March 23, 2020, eList)
- Allow case management visits to be conducted remotely (April 6, 2020, eList)
- Prevent eligibility in LTSS programs from being terminated (June 22, 2020, eList)

**Legal authority**

Federally approved DD Waiver Plan, Minn. Stat. §252.27, Minn. Stat. §256B.092.

Minn. R. 9525.0064 to 9525.0036, 42 CFR 483.440

**Definition**

Developmental Disabilities (DD) Waiver: Program that provides home and
Covered services

As part of the Waiver Reimagine project, DHS is streamlining some services in the waiver service menu. For more information, see CBSM—Waiver Reimagine streamlined service crosswalk.

The following services are covered under the DD Waiver. For a service-specific policy page, select a service from the list:

- 24-hour emergency assistance (includes personal emergency response systems [PERS])
- Adult day services (includes family adult day services)
- Adult day services bath
- Assistive technology
- Caregiver living expenses
- Case management
- Case management aide
- Chore services
- Community residential services
- Consumer directed community supports (CDCS)
- Crisis respite
- Day support services
- Employment development services
How Will I Afford Rent and Food?
How will you afford rent and food?

- MN Supplemental Aide/ MSA Housing Assistance
- Housing Support Funds
- Social Security
- Retirement Survivors Disability Insurance (RSDI)
- Employment
- Fare for All
- Free phone [www.qlinkwireless.org](http://www.qlinkwireless.org)
- Energy assistance [https://accel.minnesotaenergyresources.com/home/lieap.aspx](https://accel.minnesotaenergyresources.com/home/lieap.aspx)
- Waiver funded “home delivered meals”
- Waiver funded “caregiver live-in expenses”
- Roommate
- Section 8, Section 811, Section 42
### Individualized Housing Options Worksheet - Your self-directed plan

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Where do I want to live?</strong></td>
<td><strong>What town do I want to live in?</strong></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1st Choice:</td>
</tr>
<tr>
<td></td>
<td>2nd Choice:</td>
</tr>
<tr>
<td></td>
<td>3rd Choice:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>2. What kind of housing do I want?</strong></th>
<th><strong>Do I want to own my own place?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>House</td>
</tr>
<tr>
<td></td>
<td>Apartment</td>
</tr>
<tr>
<td></td>
<td>Duplex</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>3. Do I want a roommate?</strong></th>
<th><strong>If yes, what type of roommate do I want?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Family Member</td>
</tr>
<tr>
<td></td>
<td>College Student</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>4. What is my monthly income?</strong></th>
<th><strong>This is how much money I earn each month</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Social Security:</td>
</tr>
<tr>
<td></td>
<td>My Job:</td>
</tr>
<tr>
<td></td>
<td>Shelter Worker Funds:</td>
</tr>
<tr>
<td></td>
<td>Other:</td>
</tr>
<tr>
<td></td>
<td>TOTAL:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>5. How much money do I need to pay for housing each month?</strong></th>
<th><strong>My rent or mortgage will be_____ each month.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Housing Budget Estimator

### 1. Monthly Income (Anticipated or Current)

<table>
<thead>
<tr>
<th>Income Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Take-Home Salary from Employment</td>
<td>$ ______</td>
</tr>
<tr>
<td>Gross</td>
<td>$ ______</td>
</tr>
<tr>
<td>Non-Taxable Income (such as Social Security, SSI, etc.)</td>
<td>$ ______</td>
</tr>
<tr>
<td>Stipends (such as child support, Housing Voucher, Shelter Voucher)</td>
<td>$ ______</td>
</tr>
<tr>
<td>FDA, State Aid, etc.</td>
<td>$ ______</td>
</tr>
<tr>
<td>Other Income (Pensions, Trusts, Child Support)</td>
<td>$ ______</td>
</tr>
<tr>
<td><strong>Total Monthly Income</strong></td>
<td>$ ______</td>
</tr>
</tbody>
</table>

### 2. Monthly Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent/Mortgage</td>
<td>$ ______</td>
</tr>
<tr>
<td>Fatal/Insurance</td>
<td>$ ______</td>
</tr>
<tr>
<td>Gas/Electric/Heat</td>
<td>$ ______</td>
</tr>
<tr>
<td>Cell Phone</td>
<td>$ ______</td>
</tr>
<tr>
<td>Telephone</td>
<td>$ ______</td>
</tr>
<tr>
<td>Cable TV</td>
<td>$ ______</td>
</tr>
<tr>
<td>Internet</td>
<td>$ ______</td>
</tr>
<tr>
<td>Personal Care (Haircuts, etc.)</td>
<td>$ ______</td>
</tr>
<tr>
<td>Water/Garbage</td>
<td>$ ______</td>
</tr>
<tr>
<td>Bus Fare</td>
<td>$ ______</td>
</tr>
<tr>
<td>Ins/EPF Premium</td>
<td>$ ______</td>
</tr>
<tr>
<td>Child Support</td>
<td>$ ______</td>
</tr>
<tr>
<td>Groceries</td>
<td>$ ______</td>
</tr>
<tr>
<td>Other Expenses</td>
<td>$ ______</td>
</tr>
<tr>
<td><strong>Total Monthly Expenses</strong></td>
<td>$ ______</td>
</tr>
</tbody>
</table>

### 3. Balance

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Monthly Income minus Total Monthly Expenses</td>
<td>$ ______</td>
</tr>
<tr>
<td><strong>Balance</strong></td>
<td>$ ______</td>
</tr>
</tbody>
</table>
# Roommate Profile

Please complete the information below so we can search for, or be paired with, roommates who match your lifestyle, interests, and personality.

<table>
<thead>
<tr>
<th>Name:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>E-mail Address:</td>
<td></td>
</tr>
<tr>
<td>Phone Number:</td>
<td></td>
</tr>
<tr>
<td>Gender: Male ☐ Female ☐</td>
<td></td>
</tr>
<tr>
<td>Date of Birth:</td>
<td></td>
</tr>
<tr>
<td>Expected move date:</td>
<td></td>
</tr>
<tr>
<td>Where you live now:</td>
<td></td>
</tr>
<tr>
<td>Where you want to live:</td>
<td></td>
</tr>
<tr>
<td>Monthly working budget:</td>
<td></td>
</tr>
<tr>
<td>Do you need an accessible home/apt?</td>
<td></td>
</tr>
<tr>
<td>☐ Under $1000 ☐ Over $1000</td>
<td></td>
</tr>
</tbody>
</table>

---

### What are your habits and what are you looking for in a roommate?

<table>
<thead>
<tr>
<th>Smoking:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Don’t smoke</td>
<td>Non-smoker</td>
<td>No Preference</td>
</tr>
<tr>
<td>☐ Occasional</td>
<td>Smoker</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Drinking:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Don’t drink</td>
<td>Non-drinker</td>
<td>No Preference</td>
</tr>
<tr>
<td>☐ Occasional</td>
<td>Drinker</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Housekeeping:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Not Tidy</td>
<td>Tidy</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cooking:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Cook Occasionally</td>
<td>Cook Often</td>
<td>No Preference</td>
</tr>
<tr>
<td>☐ Cook Often</td>
<td>Cook Occasionally</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Having People Over/Entertaining:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Occasionally</td>
<td>Occasionally</td>
<td>No Preference</td>
</tr>
<tr>
<td>☐ Often</td>
<td>Occasionally</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Dating:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Single</td>
<td>Attached</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Early to Bed / Stay up Late:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Early</td>
<td>Late</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Music Volume:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Soft</td>
<td>Loud</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Music Preference:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country</td>
<td>Pop</td>
<td>No Preference</td>
</tr>
<tr>
<td>Rock</td>
<td>Country</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Talks on Phone:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Occasionally</td>
<td>Occasionally</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Going out for Fun:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Occasionally</td>
<td>Occasionally</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Currently Employed:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Yes</td>
<td>No</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Internet Use:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Occasionally</td>
<td>Occasionally</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Own a Pet:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Yes, what?</td>
<td>Yes, what?</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Allergies:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ Yes</td>
<td>No</td>
<td>No Preference</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Language:</th>
<th>Check what applies to you:</th>
<th>Check what applies to your ideal roommate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ English</td>
<td>Other</td>
<td>No Preference</td>
</tr>
</tbody>
</table>
Please contact me for more information or questions

Jerry Mellum, Senior Planning Analyst
Phone: 763-360-9307
Email: jerry.Mellum@Hennepin.us
Let’s Get Started!
Dawn, Tristan, Kris, TJ, Connie, Bryce – Townhome
Dawn, Tristan,
Tristan’s One-Page Profile

About Tristan Rankin

What’s important TO me:
- Good oral hygiene
- Staying clean
- Getting exercise daily
- Eating healthy
- Being able to choose the snacks I want whenever I want them
- Participating in sports
- Travel
- Being able to go to my parent’s house on a regular basis
- Having friends

What people like about me:
- I am nice
- Hard worker
- Good at sports
- Great smile

What’s important FOR me:
- Friends
- A supportive manager at work and friendly co-workers
- Staff who are willing to help me with household tasks and preparing/cooking meals
- Reliable transportation to work
- Using a reasonable amount of body wash, shampoo, and toothpaste
- Turning my phone off at night so I don’t use it in bed which can cause me to wake up with a headache

How to best support me:
- Encourage me to do things with my roommates and activities other than watching TV or playing video games in my room
- I may get cranky if I am watching a game and my team loses. Remind me that it’s only a game.
- If I am cranky and I haven’t watched a game, it most likely means I am not feeling well.
- Let me know when I will be going shopping every week and help me plan ahead so I don’t run out of things
- Keep me informed if staff schedules change

One page profile concept developed by Helen Henderson Associates [http://helen-henderson-associates.co.uk] and The Learning Community for Persons with Severe Disabilities [http://@pacer.com] ©2009 PACER Center, Inc. PNP1-0816, One-Page Profile Template
TJ & Kris
About TJ Lindsey

What's important TO me:
- independence
- work a job
- have money to support myself
- friends
- play sports with friends
- go to sporting events
- go out on activities

What's important FOR me:
- my family supporting my independence
- having my own car
- a job to support my independence
- supportive manager & co-workers
- staff to help with shopping, prepping and cooking meals

What's people like about me:
- friendly
- smiles a lot
- hard worker
- always willing to help
- easy going

How to best support me:
- understand my wants and needs
- help plan activities
- help make a list and grocery shop
- help with meal prep and cooking meals for the week

TJ’s One-Page Profile
Bryce & Connie
Tristan, TJ & Bryce Home & Leisure
Tristan, TJ, Bryce – Townhome Rental

- **Rent**: $1,895 (Tristan pays $100 more for larger room. Tristan: $717.68, TJ/Bryce: $581.66 ea.)
- **Utilities**: Water/trash $50 ($16.66 ea.)
- **Electric/Heat/Gas**: $115-255 mo ($38.33-$85.00 ea.)
- **Phone**: $70.00 a mo. **Internet/You Tube TV**: $137.81
- **Food**: $200-$400.00 a mo.
- **Income – SSI**: $941.00 (Tristan previously received)
- **Jobs**: TJ: Full time+benefits, Bryce: $17.00, 8 hrs. 4x week, Tristan: $13.00, 5 hrs. 4x wk. (+SSI, $771.00)

**Waiver Service**
- DD Waiver – IHS w/training, w/o training, Customized Employment Supports (Tristan)
- **Natural Supports**: family/ friends

**Total Income**: $___
**Total Expenses**: $___
**Left**: $___ (Enough to pay bills and have some left over for personal needs, savings).
“Words of Wisdom”

• **Dawn:** “Start the process sooner rather than later. I started the process with our case manager two years before the actual move.” “Have roommates in place early. Have the parents on the same page for lifestyle and vision.”

• **Kris:** “Early on, get to know the parents of your friends.”

• **Connie:** “Talk to your young adult about living with a friend.” “The first year expect “ripples”. Don’t sweat the small stuff, try not to be too reactive.”
Ian & Andrea – Life Sharing Community, Maui, Hawaii

What People Like and Admire about Ian

- Enthusiastic
- “Happy Camper”
- Very social
- Fun!
- Empathetic
- Prefers those who are neurotypical but hangs out with all abilities
- Loves Sports

$Pay from Wailuku Coffee Company!
Ian’s Journey - Transition to Adulthood

High School
• Transition
• Camp Hill

First Transition to Licensed Community Residential Setting
• Funding for Licensed Group Home from Governor Abercrombie

First house licensed on Maui since 1985 & only the second DOM home on Maui
Creating the “Ordinary Life”

Ian’s Friends
Pivotal Moment!
What makes Life Sharing Work for Ian?
“Words of Wisdom”

“Build relationships with friends, neighbors, business people, elected officials, everyone!”
In Closing….

• Educate yourself! Start networking!

• Time is an advantage due to limited funding, availability of supports & services, and affordable housing.

• It is beneficial to start the application process for social services in your high school years.

• Plan time to start your person-centered plan with your young adult and about housing services and options.

• Call PACER Center’s Housing Project with additional questions.
Resources

PACER’s Housing Project:
www.PACER.org/housing
  Contact Person: Susan Shimota
  Phone: 952-838-9000
  Email: susan.shimota@PACER.org

Hennepin County Social Services
Jerry Mellum, Senior Planning Analyst
Hennepin County Human Services and Public Health Department
Phone: 612-596-7094
Jerry.Mellum@hennepin.us

PACER’s National Parent Center on Transition & Employment:
https://www.PACER.org/transition  Transitioning to Life After High School - PACER Center

Disability Hub MN
disabilityhubmn.org  1.866.333.2466
Resources

Person Centered Planning:
Helen Sanderson and Associates [www.helensandersonassociates.co.uk](http://www.helensandersonassociates.co.uk)
The Learning Community for Person Centered Practices
[https://tlpcp.com](https://tlpcp.com)
MN Department of Human Services > Person Centered Practices
ARC Minnesota: Planning & Coaching
[https://arcminnesota.org/ways-we-can-help/planning-your-future](https://arcminnesota.org/ways-we-can-help/planning-your-future)
Phone: 952-920-0855, ARC Statewide: 833-450-1494
Email: [https://arcminnesota.org/ways-we-can-help/ask-an-advocate](https://arcminnesota.org/ways-we-can-help/ask-an-advocate)
MN Governor’s Council on Developmental Disabilities
“Its My Choice”:
Resources

Minnesota’s Olmstead Plan
https://www.pacer.org/housing/gettingstarted >Minnesota’s Olmstead Plan

The ARC of MN - Housing Resources
Phone: 952-920-0855, ARC Statewide: 833-450-1494

Metropolitan Center for Independent Living, Inc.
https://www.mcil-mn.org  651.646.8342
Resources

MN Department of Human Services Main Page
http://mn.gov/dhs

- People with Disabilities>Services>Home and Community Services
  https://mn.gov/dhs/people-we-serve/people-with-disabilities
- Healthcare>Child & Adult Mental Health:
  http://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care

- Housing
  http://mn.gov/dhs/people-we-serve/adults/economic-assistance/housing
- Housing Benefits101 https://mn hb101.org
- HB101 Places https://mn hb101.org/places.htm
- Disability Benefits 101 https://mn.db101.org
Resources

MN Department of Human Services – Housing Stabilization Services
https://mn.gov/dhs/partners-and-providers/policies-procedures/housing-and-homelessness/housing-stabilization-services/housing-stabilization-services.jspf

MN Department of Human Services (DHS) Community-Based Services Manual
https://tinyurl.com/sn9pmt6
CBSM - Resource: Life sharing matching process and ongoing support options (state.mn.us)

“Find Choose & Keep Great DSPs (Direct Support Professionals) Toolkit”


Metro Crisis Coordination Program (MCCP) Residential Openings List https://mnopenings.org
Resources

Housing Link
Housing Rental Listings, Public Housing, Section 8, Waitlists & Newsletter
www.housinglink.org
Housing Link “Streams” Database: https://www.housinglink.org/Streams/

TAC- Technical Assistance Collaborative
www.tacinc.org/knowledge-resources/publications/e-books/section-8-made-simple
Voucher Database for MN: http://www.tacinc.org/knowledge-resources/vouchers-database/?state=MN

HUD - Information for Disabled Persons: https://www.hud.gov/topics/information_for_disabled_persons
HUD Resource Locator https://resources.hud.gov
HUD Reasonable Accommodations & Rights for Individuals with Disabilities:
https://www.hud.gov/program_offices/fair_housing_equal_opp/reasonable_accommodations_and_modifications
HUD File a Complaint: https://www.hud.gov/program_offices/fair_housing_equal_opp/online-complaint
Resources

“20 Revealing Questions that Every Renter Should Ask”
https://www.apartments.com/rental-manager/resources/article/20-revealing-questions-that-every-renter-should-ask

MN Housing Finance Agency
https://www.mnhousing.gov

MN Home Ownership Center
https://www.hocmn.org

Homes for All
http://homesforallmn.org/
https://www.hocmn.org/homeownershipopportunityalliance

Social Security Administration