

# GIVING INPUT AT YOUR IEP MEETINGS

*A resource for students*



Individualized Education Program (IEP) meetings can be overwhelming and it can feel difficult to include your thoughts. Here are some tips to help you share your perspective and prepare for the meeting.

## STEP 1:

Gather information about your strengths, needs, and how people can support you. Input can be shared at an IEP meeting by creating a video, sharing pictures, or making a list of your strengths and needs.

PACER's [Student Snapshot](#) is a template that can be used to guide your thoughts.

## STEP 2:

Share this information with a trusted adult and your IEP case manager. Plan how this input will be discussed in your next meeting.

For more information on advocating for yourself, scan this QR code or go to [PACER.org/students](https://PACER.org/students).

