



Day Training and Supported Employment Programs: Information for Parents - Worksheet

This worksheet is a companion to PHP-c199a, “*Day Training and Supported Employment Programs: Information for Parents of Students with Intellectual and Developmental Disabilities.*”

What can be done before graduation?

Before graduation, the IEP team and a county case manager should provide the family and the student with ideas of appropriate programs, and information on eligibility requirements and waiting lists. Other parents with experience in the programs may also be good sources of information. Ultimately, families will need to determine which program is the best fit for their son or daughter. Be prepared to meet with more than one agency and request tours of their facilities. Quality programs offer services, training, and supports to help each individual make progress toward reaching his or her full potential. The following list of questions may provide further guidance to compare options, make decisions, and determine next steps.

General Questions:

- What types of jobs and/or non-work activities are available for my son or daughter in the center?
- What types of jobs in the community are supported? What employment models are offered, such as person-centered planning, long-term job coaching, enclaves, or independent work?
- What percentage of the individuals you serve are currently working at jobs in the community?
- What specific job skills training do you provide?
- How many days per week would my son or daughter work? How many hours per day?
- Do you provide transportation to job sites in the community? Is there an additional fee?

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- Do you provide transportation to where we live? Is there an additional fee?
 - Is there a fee for your services? Are there other costs? How do families usually pay for services? Is the program open only to individuals with specific funding sources?
 - At what age should we apply for your service? How do we apply? Do we need a referral from the county or school?

Specific Questions:

- What would a typical day for my son or daughter look like in your program?
- Which of your programs would my son or daughter be eligible for? Are there programs specifically for transition-age youth?
- What is the average weekly pay? How would my young adult be paid? How often would he or she receive a paycheck?
- What is the current average “wait time” for an enrolled individual before he or she begins doing supported work in the community?
- Can you provide long-term job supports or job advancement guidance?
- Will you help my young adult prepare for and find independent employment?
- Is there a waiting list for any of the programs?

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- What is the staff-to-client ratio for each program?
 - Will your staff be able to accommodate my young adult's needs? Examples might include: wheelchair; restroom, or lunchroom assistance; hearing or language assistance; medication administration; or behavior management.

Additional Questions:

- How many people do you serve? What is the age range? Do they have a particular diagnosis or disability? Do they live in a certain geographic location or county?
- Do you work in partnership with any other organization or agency?
- What is the parent/family role and level of involvement in your program?
- What social opportunities do you provide? What opportunities do you provide for inclusive activities with non-disabled peers?
- What kinds of non-work opportunities do you offer? Therapy? Self-advocacy and self-determination training? Transportation training? Social interaction?
- What are you “known for?” What does your organization do well? What can you do for my young adult that other providers may not be able to offer?