



Vim li cas koj thiaj yuav tau ua ib tug thoob tswv yim rau koj tus me nyuam?

(Why your child needs you to become an advocate? - Hmong version)

Ib tug thoob tswv yim yog dab tsi?

Ib tug “Thoob tswv yim” txhais tau hais tias yog “Tus los pab lwm tus hais kom muaj qhov zoo mus.” Kev thoob tswv yim yog qhov yuav muaj hais nyob hauv ntau tes dej num uas yuav luag txhua tus ua txhua hnub nyob hauv ntau qhov chaw. Peb feem coob yeej tau hais pab lwm tws. Tam li leej niam leej txi ntawm ib tug me nyuam muaj qhov tsis taus, koj yeej tau hais pab koj tus me nyuam los lawm, tej zaum yuav yog hais nrog tus kws qhia ntawv, tus zov me nyuam, tus kws kho mob, tus saib mob, tus ua hauj lwm pab tib neeg, lwm tus niam txiv, tus txheeb ze, los yog cov phooj ywg.

Ib leej niam ntawm ib tug me nyuam tsis pom kev hais tias, “*Kuv yog ib tug neeg nyob twj ywm xwb, thiab kuv tsis nyiam hais lus ntau ntau. Tab sis kuv pom tias kuv tus me nyuam yuav tsis tau txoj kev pab zoo yog kuv tsis hais dab tsi hlo li.*”

Kej thoob tswv yim yog niam txiv txoj cai thiab feem xyuam

Koj tus me nyuam xav tau koj los thoob tswv yim rau nws nyob hauv nws txoj kev kawm ntawv. **Cov niam txiv muaj txoj cai thiab feem xyuam los thoob tswv yim rau lawv tus me nyuam muaj qhov tsis taus.** Tseem fwm tsab cai kawm ntawv ntawm tib neeg tsis taus hu ua “The individuals with Disabilities Education Act, IDEA) tau hais kom cov niam txiv koom tes nrog¹. Cov kev pab hauv kev kawm ntawv tshwj xeeb rau ib tug me nyuam yog tsim los ntawm kev lis dej num pom zoo ua ke los ntawm tus me nyuam niam thiab txiv thiab cov ua hauj lwm hauv tsev kawm ntawv².

Cov kws txuj yeej paub los qhia koj tus me nyuam los ntawm lawv txoj kev kawm. **Koj yog tus los thoob tswv yim rau koj tus me nyuam los ntawm kev ua niam ua txiv.** Koj yog tib tug nyob hauv pab neej npaj kev kawm rau koj tus me nyuam uas paub koj tus me nyuam tag tag tias tus me nyuam ua tau dab tsi nyob hauv tsev thiab hauv zej zog, tus me nyuam txoj kev mob nkeeg thiab kev kawm ntawv yav tas los, thiab qhov koj tus me nyuam nyiam, xav tau tshaj, thiab xav kom muaj.

Qee tus niam txiv yuav muaj kev khuam siab ntau yam. Qee tus tau qhia peb tias, “*Peb muaj kev cai coj txawv; nyob hauv lub teb chaws peb khiav tuaj, peb tsis muaj kev koom tes txhawb nqa kev kawm ntawv, thiab peb tsis swm tham thiab nug cov lus nug,*” thiab “*kuj tsis yooj yim los thoob tswv yim rau kuv cov me nyuam thaum kuv twb tsis paub hais tias yuav nug dab tsi los yog muaj kev pab dab tsi rau lawv.*”

Cov kws txuj muaj kev paub thiab kev txawj nyob hauv tes dej num lawv ua, tab sis lawv tsuas los pab koj tus me nyuam mus ib ntus xwb; koj yog nws leej niam leej txi mus tas li. **Koj yog tib tug ntawm pab neej los npaj kev kawm ntawv tus kheej** mus, yam luv yuav txog thaum koj tus me nyuam nto 18 xyoo lawm³. Cov kws txuj mas qhia ntawv rau coob tus me nyuam, ho koj mas tsuas txhawb koj tus me nyuam tib leeg xwb. Koj tus me nyuam yuav tau txais txoj kev pab zoo heev yog koj thiab cov kws txuj lis dej num ua ke.

Muab kev txiav txim siab los thoob tswv yim

Thoob tswv yim rau koj tus me nyuam yuav yooj yim zog thaum koj tau txiav txim siab los ua ib tug thoob tswv yim rau koj tus me nyuam. Piv txwv li, Carolyn Anderson, ib tug thoob tswv yim pab niam txiv thiab ib leej niam ntawm ib tug me nyuam muaj ib qho tsis taus hais tias, “*Kuv yog ib tug neeg txaj muag tsawv txog thaum kuv los ua ib leej niam rau kuv tus me nyuam muaj ib qho tsis taus. Kuv tau txiav txim siab tias kuv yuav tsum*”

tawm ncauj tawm lus nyob hauv cov rooj sib tham xwv kuv tus me nyuam thiaj tau cov kev pab li nws xav tau. Yeej tsis yooj yim ua li no kias vim kuv kuj yog ib tug uas ib txwm txaj muag tsawv los. Tab sis kuv tau txiav txim siab tias kev tawm ncauj tawm lus sawv cev kuv tus me nyuam yog ib qho tseem ceeb tsim nyog kuv yuav tau hloov kuv tus kheej los ua. Cov uas paub kuv zoo tam sim no yeej tsis paub txog tias yav tas los kuv yog ib tug txaj muag thiab tsis nyiam tawm!”

“Zoo tib yam li sawv daws cov ua niam ua txiv, kuv yeej tsis paub dab tsi txog kuv tus me nyuam qhov tsis taus li. Thaum tau tshuaj pom qhov tsis taus lawm, kuv kuj nyeem txhua yam li kuv yuav nrhiav tau thiab tham nrog txhua tus uas yuav paub txog qhov tsis taus no. Kuv kawm tau tias yeej muaj ntau txoj hau kev los txhawb cov me nyuam muaj qhov tsis taus li cas. Ib txoj hau kev los qhia ntawv thiab saib xyuas ib tug me nyuam muaj ib qho tsis taus nyob hauv tsev kawm ntawv kuj yog txoj uas sawv daws nyiam, tab sis kuv xav lawm tias kuv yuav tau txiav txim siab rau txoj kev qhia kuv ntseeg tias yog txoj txhawb tau kuv tus me nyuam.”

“Tom qab xam xyuas txoj hau kev thiab qhov kuv xam pom rau kuv tus me nyuam lawm, kuv tau txiav txim siab tias txoj kev qhia sawv daws nyiam ntawd tsis raug li qhov kuv tus me nyuam kawm tau. Kuv yuav tsum tau sawv los thoob tswv yim kom tau txoj kev qhia txawv yog kuv xav kom kuv tus me nyuam kawm tau mus raws li qhov kuv xav. Kuv tau txiav txim los twv ntxhais kuv tus kheej kom kuv los tawm tswv yim, tsis txhob cia kuv yog tus tsis hais dab tsi thiab nyob ntsiag to. Yeej tsis yooj yim li, thiab yeej siv ntau lub xyoo ua ntej kuv yuav kaj lub siab los tuav kuv tes dej num tshiab, tab sis yeej tsim nyog ua kawg. Kuv tus me tub kawm tau ntau tshaj li qhov kuv xam pom.

Thoob tswv yim rau koj me nyuam muaj qhov tsis taus yog ib txoj hauj lwm tseem ceeb tshaj plaws koj yuav tau ua thiab **muaj cuab kav tawg paj txi txiv ntev ntev mus**. Rau cov nyuam qhuav pib, tsis muaj leej twg to taub koj tus me nyuam li koj. Koj paub zoo qhov nws txawj, qhov ua tsis tau, me ntsuj plig, thiab qhov xav tau zoo tshaj lwm tus. Koj yeej muaj lub zeem muag rau koj tus me nyuam yav tom ntej thiab paub meej tias yuav ua li cas thiaj yuav ua tau. Koj muaj cov tswv yim txog qhov ua tau thiab ua tsis tau. Koj pab neeg npaj kev kawm xav tau koj los qhia cov lus los pab lawv txhawb cov hom phiaj thiab cov kev kawm nrog rau qhov koj xam pom rau koj tus me nyuam.

Kuj tsis yog tias koj muaj kev to taub zoo txog koj tus me nyuam xwb, **koj tseem yog leej niam leej txi rau nws mus tag ib sim**. Thaum koj tus me nyuam loj hlob mus lawm, cov neeg ua hauj lwm nyob hauv tsev kawm ntawv kuj yuav mus tag ces yuav tso txhua tsav txhua yam rau koj, li ntawd thiaj tseem ceeb rau koj los xyuas meej tias lawv yog cov koj thiab koj tus me nyuam xav tau rau lub sij hawm lawv muaj lub tsam thawj los pab. Kev thoob tswv yim rau koj tus me nyuam ib xyoos dhau ib xyoos muaj cuab kav pab kom muaj qhov koj tus me nyuam ua tau zoo tawm los.

Xyuum kev thoob tswv yim tus kheej (Model self-advocacy)

Koj yuav tsis faj txog li, tab sis txhua zaus koj sawv cev hais raws li koj tus me nyuam txoj cai thiab hais tawm qhov nws xav tau, koj yeej tawm tau qhov tswv yim tseem ceeb uas yog kev thoob tswv yim tus kheej ntag. Li koj pom cov rooj sib tham npaj kev kawm thiab qhov hais tawm qhov xav tau thiab yuav ua tau, koj tus me nyuam yuav tau lub tsam thawj los kawm tau cov ntau ntawv uas yuav tseem ceeb rau lub neej mus tag li.

Rau thaum kawg, kev thoob tswv yim yog los xyuas txhua yam kom meej pem tias koj tus me nyuam tau txais cov kev pab thiab kev kawm ntawv li qhov nws xav tau thiab muaj cai tau. Li Virginia Richardson, tus tuav kev thoob tswv pab niam txiv nyob hauv PACER hais tias, “Koj yog tus tib neeg tuav txoj kev xav tau rau koj tus me nyuam lub neej yav tom ntej. Li no, koj thiaj yuav tsum muaj qhov sawv cev tawm ncauj tawm lus rau nws.”

¹ Raws li tsab cai IDEA hais, lo lus niam txiv no txhais tias yog tus niam tus txiv yug, niam txiv tu hlob, qee tsam kuj yuav yog niam qhuav txiv qhuav, tus muaj cai saib xyuas, tus sawv cev rau tus niam txiv yug los yog tus tu hlob, thiab tus uas muaj feem xyuum saib xyuas tus me nyuam. Yog tus me nyuam tsis muaj niam thiab txiv lawm, tsev kawm ntawv yuav tsum tsa ib tug sawv cev (a surrogate) rau tus me nyuam.

² Yog tias koj thawj hom lus tsis yog lus As kiv, nco ntsoov tias yuav tau muaj ib tug txhais lus xwv ob tog thiab li sib to taub. Cov txhais lus tsis yog txhais lus rau cov niam txiv xwb.

³ **Xeev Minnesota tus Statute 125A.03 hais txog kev qhia ntawv tshwj xeeb rau cov me nyuam muaj qhov tsis taus.** “Notwithstanding any age limits in laws to the contrary, special instruction and services must be provided from birth until July 1 after the child with a disability becomes 21 years old but shall not extend beyond secondary school or its equivalent, except as provided in section 124D.68.subdivision 2.” Qhov no txhais tau tias yuav tsum muaj kev qhia ntawv tshwj xeeb thiab kev pab cuam rau cov me nyuam muaj qhov tsis taus kom txog lub 7 hli, tim 1 tom qab lawv muaj hnuv nyooog 21 xyoos tab sis tsis pub dhau tsev kawm ntawv theem 2 (secondary school) los yog kev kawm nto ib txig zos, tshwj zias rau cov kev kawm teev tseg nyob hauv section 124D.68. subdivision 2.”