



Cov tswv yim txhawb kev nyeem ntawv thiab sau ntawv rau cov me nyuam muaj qhov tsis taus heev

(Tips to Support Reading and Writing for Children with Significant Disabilities—Hmong version)

Tau muaj kev tshawb xyuas los lawm tias yuav txhawb tau cov kawm ntawv muaj qhov tsis taus heev li cas tiag xwv lawv thiab muaj cuab kav kawm kom muaj cov tswv yim nyeem ntawv, sau ntawv thiab txuas lus. Cov tswv yim hais tawm no yog cov uas tau tshawb pom los thiab yuav muab tau cov tswv yim los txhawb koj tus tub los yog tus ntxhais nyeem thiab sau ntawv li cas.

1. Nyeem ntawv rau koj tus tub los yog tus ntxhais

Nyeem ntawv rau koj tus me nyuam raws li qhov nws muaj cuab kav to taub tau thiab kawm tau cov lus koj hais. Tib txoj kev uas cov kawm ntawv muaj qhov tsis taus heev, nrog rau cov me nyuam, yuav kawm tau lus ces yog lawv yuav tsum hnov ntau li ntau tau.

“Ib qho yuav twv tau zoo tshaj rau txoj kev txawj nyeem ntawv ces yog lub sij hawm siv los nyeem ntawv. Hais tau yooj yim tias, tus kawm ntawv nyeem ntawv ntau npaum li cas ces nws yuav txawj nyeem ntau npaum li ntawd.”
(Cov tshawb pom yog Allington, 2006; Anderson, Wilson, & Fielding, 1988)

Qhov no txhais tias koj yuav tau nyeem ntawv rau koj tus me nyuam kom ntau li yuav ntau tau, txawm yuav ntau tshaj li qhov lawv xav tau los haj yam zoo. Cov me nyuam muaj qhov tsis taus heev yeej poob qab rau kev nyeem ntawv, sau ntawv thiab kev txuas lus vim yog lawv muab lawv cov sij hawm siv ntau rau lawv txoj kev kho mob los yog kev kho lub cev. Qhov yuav caum cuag ces yog lawv yuav tsum tau qhov chaw uas muaj cov neeg nyeem ntawv rau lawv thiab hais lus rau lawv txog txhua yam tshwm sim rau lawv lub neej.

2. Ua tib zoo xyuas kom cov me nyuam muaj txoj kev los txuas lus

Txhua tus xav muaj ib lub suab. Qhov nov mas tseem ceeb heev rau cov me nyuam muaj qhov tsis taus heev. Qhov yuav kom txawj lus, cov kawm ntawv yuav tsum muaj kev los hais tau lus lawv tus kheej. Yeej muaj ntau hom twj los pab txuas lus. Hu rau koom haum PACER Center qhov kev pab hu ua Simon technology Center, tus email yog [PACER.org/stc/library](mailto:stc@pacera.org).

Thaum koj tshawb tau ib hom kev txuas lus los yog qhov twj pab txuas lus uas pab tau lawm, qhia koj tus me nyuam siv qhov twj ntawd. Qhov nov yuav pab koj tus tub los yog tus ntxhais kawm kom txawj siv thiab siv tau nws lub suab. Ib lub tswv yim yooj yim koj muaj cuab kav siv yog hu ua **C.A.R.**

- **C** yog Comment-qhia tswv yim thiab tos li 5 feeb
- **A** yog Ask- nug ib lo lus nug thiab to li 5 feeb
- **R** yog Respond- Teb li qhov hais cov lus kom meej ntxiv

3. Txhua tus me nyuam xav tau txoj kev los sau ntawv

Rau qee cov me nyuam, tus cwj mem kua los yog cwj mem qhuav ib txwm siv yuav pab tau lawv. Rau lwm tus mas yuav yog tus cwj mem hluav taws xob los yog qhov ntaus ntawv thiab yuav pab tau lawv rau tiam siv hom

twj tshiab (technology) no. Cov me nyuam muaj qhov tsis taus heev ntawd yeej xav nrhiav lwm txoj hau kev los xyaum thiab sau ntawv. Kuj muaj ntau hom twj uas muaj cuab kav siv los ua lwm hom cwj mem sau (alternative pencils), nrog rau qhov xuas qhov muag ntsia cov niam ntawv (eye gaze alphabet system), qhov kev nrhiav cov lus hais, los yog qhov ntaus ntawv nqa tau. Mus saib koom haum PACER Center qhov kev pab hu ua Simon Technology Center hais txog ntau hom cwj mem siv tau, qhov web siste [PACER.org/stc/library](https://www.pacer.org/stc/library).

“Txhua tus kawm ntawv xav sau txog tej yam uas muaj nuj nqis rau lawv tus kheej” (Allington, 2012)

Hais kom koj tus me tub los yog me ntxhais sau kom muaj paus ntsis tiag. Pab nrhiav ib tug neeg sau ntawv sib cuag (pen pal), hais kom nkawv sau ib phau ntawv rau tsev neeg, los yog siv lwm lub tswv yim thoob tsib los sau ib yam uas koj tus tub los tus ntxhais nyiam ua heev. Tsis txhob rawm maj kho qhov nws sau tsis raug. Qhov zoo ces cia koj tus me nyuam pom tus qau ntawv sau tau raug ntawd zoo li cas thiab pab kom nws muaj qhov nyiam sau ntawv. Thaum tus kawm ntawv sau tag ib phab ntawv lawm, ces mam li pib muab tus qauv sau ntawv nraug ntawd koj los kawm uas yog qhov yuav muab cais tau ua qib ua dua koj los qhia ib zaug no ib qho me ntsis xwb.

Xav rau qhov zoo thiab muaj kev cia siab rau. Cov me nyuam muaj qhov tsis taus heev muaj cuab kav kawm tau cov tswv yim tseem ceeb los txhab lawv rab peev xwm kawm nyeem ntawv, sau ntawv thiab txuas lus.