



Cov tswv yim txhawb nqa kev nyeem ntawv thiab sau ntawv: Txhua tus sau ntawv yuav tsum muaj ib tug cwj mem sau

(Tips to Support Reading and Writing: Every Writer Needs a Pencil—Hmong version)

Maiv zoo siab hlo tuav ib tug cwj mem kos duab thiab sau ib qho lus rau nws niam. Thaum daim ntawv no zoo li daim kos ua dog ua dig tsis muaj qab hau rau peb los yeej yog qhov pib uas yuav txia los ua ib txoj kev sau ntawv tiag tiag. Cov tswv yim hais hauv no yuav hais txog kev txhawb txoj kev xyaum kom txawj sau ntawv rau cov me nyuam muaj qhov tsis taus heev, li Maiv.

1. Nrhiav ib tug cwj mem

Thawj qho tsis yooj yim ua los txhawb kom cov me nyuam muaj qhov tsis taus heev sau ntawv ntau tej zaum yuav yog qhov nrhiav tus cwj mem haum rau lawv. Ntshe yuav tau tshawb nrhiav lwm hom cwj mem thaum lawv siv tsis tau cov cwj mem ib txwm siv. Lwm hom cwj mem yuav yog cov cwj mem nyhav, cov cwj mem muaj qhov tuav, daim xuas qhov muag ntsia ntau ntawv, qhov ntaus ntawv, qhov qhia tawm cov lus sau (word prediction) thiab ntau hom ntxiv. The Center for Literacy and Disabilities Studies muaj ib daim CD piav txog lwm hom cwj mem uas muaj muag nyob hauv: www.med.unc.edu/ahs/clds/products/available-for-purchase.

Kos ntawv yog ib hom kev sau ntawv tseem ceeb rau txhua tus me nyuam, nrog rau cov me nyuam muaj qhov tsis taus heev. Vim tej zaum koj tus me nyuam yuav siv lwm hom cwj mem ces, qhov kos tau ntawd kuj yuav txawv dua thiab. Cov tsiaj ntawv uas muaj tawm ntau hom nyob hauv lub hlwb hlau (computer) tej zaum yuav nyeem tau meej, tiam sis cov no los yeej zoo tib yam nkaus li Maiv cov ntawv kos ua dog ua dig los ntawm cov cwj mem kos duab. Thaum pib ces ob qho kev xyaum sau ntawv no puav leej zoo sib xws. Ob qho no puas leej sau ua cov lus hais tawm thiab ntev mus ces cia li muab coj los ua hom sawv daws nyiam sau lawm xwb.

Thaum pom tias kev sau ntawv yog dab tsi, ib qho tseem ceeb ntxiv yog tseem yuav tau saib qhov tsis yog sau ntawv. Sau ntawv tsis yog luam tawm los yog kos raws; cov no yog ua kom tes muag xwb. Kev sau ntawv kuj tseem tsis yog qhov nias tawm los yog siv hlwb hlau (computer) los sau ib sob lus ua ke.

2. Muab lub tsam thawj rau

Cov sau ntawv yeej xav tau cov tsam thawj txhua hnuv los xyaum thiab sim sau ntawv. Kuj muaj ntau tsam thawj ntawm ib hnuv twg uas niam txiv muaj cuab kav los sau qhia thiab muab cov tsam thawj rau lawv tus me nyuam los xyaum sau. Cov me nyuam muaj qhov tsis taus heev yeej xav tau kev xyaum kos mus kos los thiab kos ua voj ua voog kom txog thaum kos tau zoo li tus tsiaj ntawv, sau tau lus, thiab sau tau ib sob lus lawm tiag. Hauv qab no yog cov kev sau ntawv:

1. Sau daim me ntawv ua tsaug
2. Cov ntawv sau txog qhov tseem ntsiab
3. Sau qhov ua ib hnuv
4. Cov tsam thawj tshwm sim txhua xyoo (Hnuv sib hlub, hnuv yug, thiab lwm qhov ntxiv)
5. Daim ntawv teev cov khoom yuav

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6. Daim ntawv caw neeg
 7. Sau email los yog sau ntawv mus rau ib tug kwv tij los yog phooj ywg sib raug zoo tshaj plaws
 8. Daim teev ua hauj lwm
 9. Daim teev qhua cov npe
 10. Daim teev qhov xav tau

3. Txhawb txoj kev sau

Qhov tseeb ces yuav tau nco ntsoov tias cov kawm ntawv tsis tas yuav paub nyeem tau los yog txawj sau cov lus tus kheej ua ntej yuav siv tau lwm hom cwj mem (Center for Literacy and Disabilities Studies hais tawm xyoo 2013). Raws li peb ua rau cov me nyuam uas loj hlob zoo, peb yuav tsum ntaus nqi rau qhov lawv sau thiab kos tau. Ntaus nqi txhais tau tias peb xav hais tias qhov lawv sau ntawd yog dab tsi. Peb yuav nug tau cov txheeb ze seb lawv xav tias yog dab tsi, los yog saib tau tej duab lawv siv los yog qhov lawv muaj cuab kav qhia tau rau peb txog qhov lawv sau. Peb tseem muaj cuab kav qhia tawm qhov sau tau los. Qhia tawm qhov sau tau yog ib qho tseem ceeb los pab kom lawv to taub tias lawv sau tau li cas (Erickson & Hanser tau tshawb pom xyoo 2010). Piv txwv li, “Kuv pom qee tus tsiaj ntawv zoo li cov sau koj lub npe. Sim nrhiav seb” los yog “Vuag kuv pom ntau tus E ua luaj” los yog “Sim muab cov tsiaj ntawv koj sau tau los hais ua lus seb.”

Xav rau qhov zoo thiab muaj kev cia siab rau. Yog koj xav txog lwm hom cwj mem sau ntawv ntau tshaj no, thov mus saib koom haum PACER qhov kev pab hu ua Simon Technology Center, qhov web site yog: www.PACER.org/stc/library.