

# Npaj koj tus me nyuam muaj qhov tsis taus rau txoj kev kawm ncuab deb

(Preparing Your Child with Disabilities for Distance Learning - Hmong translation)

Npaj los txhawb koj tus me nyuam muaj qhov tsis taus rau txoj kev kawm ncuab deb ntshe yuav yog ib qho ntxhov siab kawg rau tam sim no. Nov yog cov tswv yim los pab koj thiab koj tus me nyuam thaum nws hloov mus rau qhov chaw kawm ntawv tshiab.

Yog koj xav tau ib qho khoom siv los yog cov kev pab ntxiv (xws li, koj tsis tau txuas internet), koj yuav tau hais rau tus tuav kev kawm ntawv tus kheej (IEP case manager) los yog tus tuav kev txhawb raws tshooj cai 504 (504 coordinator) thiab xa qhov koj hais no rau koog tsev kawm ntawv tus tswj kev kawm ntawv tshwj xeeb kom muab cov khoom siv thiab cov kev pab no raws li cov kev txhawb nqa los yog cov kev pab cuam nrog. Yog tsev kawm ntawv muab cov ntawv ua ib pob, koj yuav hais kom muab ib qho twj siv (device) los pab ua kom tiav cov ntawv kawm ntawd los tau.

Xyuas meej tias koj thiab koj tus me nyuam neb ob leeg to taub siv qhov twj los yog cov ntawv kawm thiab cov qauv kawm.

- ✓ Qhov twj los pab txoj kev kawm no yuav muaj:
  - Qhov nyeem ntawv nrov nrov rau koj tus me nyuam (nyeem cov ntawv mus ua lus hais)
  - Lub sijhawm los ceeb toom kom koj tus me nyuam rau siab kawm
  - Hais tawm cov ntawv sau thiab teb cov lus rau hauv qhov twj no
  - Daim teev hnuv thiab qhov qhia tuav cov ntawv kawm hauv tsev
  - Qhov nug tau cov lus nug los yog lwm qhov kev koom ua rau thaum lub caij qhia ntawv
  - Kaw cov kev qhia ntawv cia thaum koj los yog koj tus me nyuam xav rov qab los xyuas cov lus qhia dua
  - Sau cov lus cia thaum kawm hauv chaw kawm los yog thaum nyeem ntawv
  - Muaj qhov sau kab ntawv qhia (Closed Captioning)
- ✓ Teev koj tus me nyuam cov kev txhawb thiab xa email rau txhua tus kws qhia ntawv, nug lawv seb yuav muab cov kev txhawb no li cas los yog koj ho yuav pab los muab cov kev txhawb li cas, nrog rau lwm cov hau kev koj muaj cuab kav txhawb tau koj tus me nyuam txoj kev hloov los mus kawm nyob hauv tsev. Yog tsim nyog, koj yeej pom zoo tau los muab cov kev txhawb tshiab thiab cov kev hloov kho rau koj tus me nyuam.
- ✓ Nug tus kws qhia ntawv los yog tus tuav koj tus me nyuam cov ntaub ntawv seb txoj hau kev twg koj yuav nrog lawv tham tau zoo (email, xov tooj, thiab lwm yam) thiab lub caij twg thiaj hu tau rau lawv.
- ✓ Xa ib tsab email mus rau tus thawj tswj tsev kawm ntawv seb leej twg yog tus koj hu tau thaum koj muaj teeb meem siv qhov twj los yog xav tau kev pab siv qhov twj.

## Npaj ib qhov chaw kawm ntawv hauv tsev

- ✓ Nrhiav ib qho chaw ntsiag to kom txhob muaj qhov txob.
- ✓ Npaj kom muaj lub rooj kawm ntawv los yog ib lub rooj me thiab qhov chaw cia ntawv kawm (ib lub thawv los yeej tau)

- ✓ Npaj kom muaj qhov chaw txawb lub computer rau yog koj tus me nyuam nyiam sawv (lub thawj tuab tuab los yeej tau lawm)
- ✓ Npaj ib lub rooj zaum (lub tig tau mus los pab kom rau siab kawm)
- ✓ Tu qhov chaw kom muaj qhov twj siv, muaj chaw cia cov pob rau ntawv kawm, lwm cov khoom siv, thiab cov phau ntawv kawm.
- ✓ Npaj kom muaj cov khoom nyem ua si, ib hwj dej haus, thiab tej khoom txom ncauj los pab kom rau siab kawm.
- ✓ Yuav tau khaws cov ntawv kawm rau qhov chaw cia ntawv thiab txhob muab pov pawg lug thoob tsev.
- ✓ Pab koj tus me nyuam teev lub sij hawm ua dej num txhua hnuv (lub sij hawm kawm ntawv, lub ciaj noj mov, thiab ntau yam ntxiv).
- ✓ Pab tus me nyuam caws moo hauv nws lub xov tooj los yog lub caw moo.

### **Ua ntej lub caij kawm**

- ✓ Tuav lub caij ua dej num txhua hnuv: tsa kom nws sawv thiab hais kom mus pw tib lub sij hawm txhua hnuv.
- ✓ Siv lub caij thaum sawv ntxov los da dej, hnav ris tsho, thiab noj tshais yuav pab koj tus me nyuam npaj tau los kawm ntawv.

### **Thaum lub caij kawm**

- ✓ Nrog koj tus me nyuam tham thiab npaj los pab nws yog nws ua tsis tau qhov twg.
- ✓ Cia koj tus me nyuam muaj lub caij so txhua hnuv, xws li mus ncig koj lub tsev li 5 los yog 10 feeb.

### **Tom qab lub caij kawm lawm**

- ✓ Cia koj tus me nyuam ua cov ntawv kawm hauv tsev mus ntxiv nyob rau tib qhov chaw tib yam li nws nyob hauv chav kawm.
- ✓ Khaws cov khoom siv ua cov ntawv kawm hauv tsev rau qhov chaw cia ntawv tom qab ua tag lawm.
- ✓ Tua los yog kaw qhov twj siv kom txhob tau siv mus ua lwm yam thiab kom txhob muaj lwm tus nyiag nkag tau lub koob thajj lso yog lub hais lus.
- ✓ Xa ib tsab email rau tus kws qhia ntawv thiab tus tuav ntawv – hu los yog ntau ntawv rau yog lawv nyiam li ntawd – txog qhov ntawv kawm hauv tsev los yog cov ntawv kawm koj tus me nyuam ua tsis tau rau hnuv ntawd.
  - Sau tsab email, ntau ntawv, thiab hu xov tooj, tab sis txhob hais ntau ntau, tsuas hais kiag qhov tseem ceeb xwb. Sim nrog txhua tus kws qhia ntawv tham ib tug twg no ib hnuv ib zaug xwb.
  - Npaj teev koj cov kev txhawj txog ua ntej yuav hais mus rau tus kws qhia ntawv.

**Ua siab ntev thiab nco ntsoov tias qhov nov yog ib qho chaw kawm tshiab rau cov kws qhia ntawv, cov kawm ntawv thiab cov naim cov txiv tib yam nkaus.**

Xav paub ntxiv, thov hais mus rau koom haum PACER Center, tus xov tooj yog (952) 838-9000 los yog ntaus ntawv rau PACER@PACER.org.