

AT HOME FAMILY ACTIVITY: Culture Box

An activity for children of all ages. Younger children may need their parents' assistance.

Culture is defined as a way of life for a group of people. It's the food they eat, traditions and celebrations they practice, the clothes they wear, and more. A culture box is a way to show you and your family's way of life. There are no right or wrong contents in your culture box. This project helps show your child who they are as an individual.

What goes in a culture box?

Your child can put a variety of different things in their culture box, anything that's important to them. For example:

- Pictures of friends, family, traditions, celebrations, etc.
- Things that are important to your child, such as a superhero action figure, a favorite book, or a necklace from their grandmother.
- Things that show who they are. For example, sports equipment, drumsticks, or watercolor pencils.
- Cultural influences, such as a menorah, rosary, or traditional clothing.

The goal is for your child's box to be different and unique to them. Help them to put in it whatever they think defines them.

What does the box need to look like?

- The box can be any shape or size.
- The box can be decorated with anything your child wants. Pictures, paper, drawings, or whatever inspires them!

Find a time to sit together as a family and share what makes each of you special!

