



Cov twj pab txhawb no yog dab tsi thiab yuav pab tau kuv tus me nyuam li cas? Cov tswv yim rau cov niam txiv

What is Assistive Technology and how can it help my child?
Tips for parents - Hmong version

Zoo tib yam li cov muaj 2 xyoos, Malik tab tom tshawb txhua yam tsis tseg hauv nws lub neej thiab kawm coj nws tus xeeb ceem. Txawm tias Malik tsis muaj cuab kav hais tau lus nrog lwm tus los, nws tseem muaj ntau yam los hais tias ua tsaug rau nws qhov twj txuas lus uas “Hais” hloov nws ncauj.

Thaum muaj 4 xyoos, Angelica nyiam mus kawm ntawv heev, tab sis txoj kev hloov mus no yeej tsis yooj yim rau nws kiag li. Qhov siv lub moo caws nyob hauv chav kawm yeej pab Angelica faj txog tias nws tshuav lub sij hawm li cas los ua ib qho kev kawm, uas yuav txo nws txoj kev ntxho siab thiab npaj mus kawm lwm yam. Qhov nov kuj pub Angelica hloov ib qho kev kawm mus rau lwm qhov zoo heev nrog nws cov phooj ywg.

Cov twj uas pab tau Malik thiab Angelica yog cov hu ua cov twj pab txhawb (Assistive Technology) los yog hu yooj yim tias cov twj AT, thiab cov twj no muaj cuab kav pab tau koj tus me nyuam tsis hais yuav muaj hnuv nyoog li cas los yog hom tsis taus twg.



Cov twj Assistive Technology no yog dab tsi?

Assistive Technology yog hais txog ntau hom twj, cov khoom ua tau, cov software, thiab apps uas pab kom cov me nyuam muaj qhov tsis taus ua tau ntau yam uas lawv ua tsis tau. Cov ntsiab lus hais nyob hauv tsab cai kawm ntawv ntawm cov tib neeg muaj qhov tsis taus (the Individuals with Disabilities Education Act) tau tshab txhais cov twj AT no tias yog, “ ib qho khoom twg, ib qhov ntawm cov khoom, los yog qhov khoom ua tawm los, txawm yuav yog muab tawm ntawm cov tsee rau khoom, cov hloov kho lawm, los yog kho kom raug, uas tau muab coj los ua, tuav, los txhawb qhov peev xwm noj nyob ntawm ib tug me nyuam muaj qhov tsis taus.” Cov twj AT no muaj cuab kav pab tau yuav luag txhua qhov txuj, thiab yuav siv tau yooj yim heev. Cov twj AT muaj ntau yam heev xws li hom siv tau yooj yim, low-tech solutions – cov cwj mem kob uas muaj qhov hloov tuav uas yuav pab ib tug me nyuam kos duab tau ywj pheej – los mus rau qhov twj txuas lus high-tech uas muaj cuab kav hais tau qhov ib tug xav muab coj los hais tawm.

Vim li cas thiaj siv Assistive Technology?

Thaum ua tib zoo siv, cov twj AT muaj cuab kav pab tau cov me nyuam muaj qhov tsis taus rau cov tsam thawj lawv ua lawv cov dej num uas tseem ceeb heev rau lawv txoj kev loj hlob noj qab nyob zoo. Cov twj AT muaj cuab kav pab cov me nyuam kawm kom muaj txoj kev ywj pheej, pab lawv txo tau cov kev khuam tes khuam taw, thiab pab kom lawv ntseeg siab los ua kom tiav cov dej num uas pheej yuav tau muaj kev pab rau (xws li pub los hnav ris tsho). Tsis hais yuav muaj hnuv nyoog li cas los yog yuav txawj dab tsi thiaj li yuav siv tau AT, txhais tau tias yuav luag txhua tus me nyuam muaj qhov tsis taus puav leej muaj cuab kav siv tau.

Cov twj AT muaj cuab kav pab tau kuv tus me nyuam li cas?

Yeej muaj ntau txoj kev uas cov twj AT muaj cuab kav txhawb tau cov me nyuam tseem yau lub neej, tab sis qhov sawv daws paub zoo mas cov twj AT zoo li tus choj tuam rau qhov tus me nyuam txawj tam sim no mus rau qhov tus me nyuam yuav tau txawj ntxiv. Piv txwv li, ib tug me nyuam muaj cuab kav ntxuav tau tes thaum nws pom niam thiab txiv ntxhuav lawn, tab sis yuav tau muaj qhov pab kom nws ua tau tus kheej. Qhov twj AT daws tau kuj yog tej qhov ua tau yooj yim li muab cov duab qhia ua los lo rau ntawm kais dej kom tus me nyuam ua raws li ntawd. Cov twj AT muaj cuab kav pab tau yuav luag txhua yam txuj tus me nyuam xav tau. Cov txuj yuav tau muaj yuav yog:

- **Key noj nyob thiab cov dej num:** Cov twj AT, xws li cov diav thiab lub moo caws ua tawm tshwj zias, muab tau ntau txoj hau kev los pab kom tus me nyuam tus kheej txawj muaj kev noj nyob thiab ua tau tes dej num xws li noj tau mov thiab pw tau yooj yim thiab mus tau rau qhov ub qhov no.
- **Key txawj nrog lwm tus thiab tus cwj pwm coj:** Cov twj AT, xws li cov sij hawm teev muaj duab qhia thiab cov lus qhia, muaj cuab kav ua rau txoj kev qhia ntawv tau yooj yim. Qhov no tseem muaj cuab kav txhawb kom kawm tau cov kev txawj coj thiab txawj nrog lwm tus, thiab yuav yog qhov twj muaj nqis los tswj cov cwj pwm coj tsis haum.
- **Key txob siab:** Cov twj AT, xws li tus dais cuav cev nyhav, yuav pab ntxiv los yog txo qhov txob lub siab xwv tus me nyuam thiaj muaj cuab kav tso siab thiab kab ntsab nyob hauv qhov chaw nws nyob.
- **Key txawj siv tes taw:** Cov twj AT muaj ntau txoj hau kev los txhawb kho cov khoom xwv cov me nyuam tseem yau uas pheej muaj qhov tuav tsis tshua tau los siv tau cov khoom no.
- **Key txuas lus:** Thaum yug tau mus rau 5 xyoos, ib tug me nyuam yuav kawm paub cov keeb lus (cov lus lawv to taub thiab cov lawv siv tau) sai heev li. Cov me nyuam uas hais tsis tshua tau lus muaj cuab kav siv cov twj AT uas yuav hais tau cov lus li lawv xav hais.
- **Key txawj nyeem ntawv:** Txhua tus me nyuam tseem yau muaj cuab kav xyaum kom txawj nyeem ntawv. Cov twj AT muaj cuab kav pab kom txoj kev nyeem tau ntawv no yooj yim kom cov me nyuam muaj qhov tsis taus muaj kev to taub thiab xyaum kom txawj nyeem ntawv.
- **Key siv computer:** Cov me nyuam siv computer los yog cov nqa tau yuav muaj cuab kav sim tau cov tuav qhib uas tau npaj los pab kom siv tau.

Cov lus qhia txog cov twj AT siv tau rau cov me nyuam tseem yau muaj nyob hauv TIKES daim ntawv hais txog “Cov twj AT siv tau rau cov me nyuam tseem yau”. Xav paub ntxiv tias yuav nrhiav tau cov twj AT koj tus me nyuam siv tau, mus saib TIKES cov ntawv qhia tswv yim, xws li “Kev npaj cov twj AT raws li koj tus me nyuam siv tau), nyob hauv PACER lub website [PACER.org/STC/TIKES](https://www.pacer.org/stc/tikes).

Kuv yuav pib siv cov twj pab txhawb no nrog kuv tus me nyuam li cas?

Ib qhov kev sib tham me me nrog cov kws txuj paub haj tom no muaj cuab kav muaj tau cov lus qhia rau koj los pib tshawb xyuas cov twj AT rau koj tus me nyuam. Yog koj tus me nyuam tseem tsis tau muaj 3 xyoos thiab muaj tsab ntawv teev kev pab rau ib tsev neeg twg uas hu ua tsab IFSP, nrog tus tuav kev pab no tham txog cov twj AT rau koj tus me nyuam. Yog koj tus me nyuam muaj 3 xyoos rov saum thiab muaj tsab ntawv teev kev kawm ntawv tus kheej hu ua tsab IEP, nrog tus tuav tes dej num no tham txog cov AT rau koj tus me nyuam. Pab neeg npaj IFSP/IEP no muaj cuab kav hais qhia tias cov twj AT yuav pab tau li cas, thiab sib tham tau txog cov twj AT uas yuav coj los sim tau.

Xav paub ntxiv tias yuav tshawb xyuas cov twj AT li cas rau koj tus me nyuam, nyeem TIKES daim ntawv tawm tswv yim hais txog, “Tshawb xyuas cov twj AT thiab qhib lub qhov rooj tshiab rau koj tus me nyuam.” Cov twj AT muaj cuab kav txhawb tau koj tus me nyuam ua tau ib lub neej txawv, thiab yeej nyob ntawm koj uas yog tus yuav los pib tshawb xyuas qhov yuav ua tau mus.