

Talk to Your Child About Employment: A Checklist for Parents

Use these questions and checklist to begin a conversation with your child about employment. Be sure to read, "[The Transition to Employment: What Parents Can Do Now](#)" for more information.

What am I good at? _____

What is difficult for me? _____

What do I like to do for fun? What are my hobbies? _____

What kind of work would I like to do? _____

What skills do I still need to learn or improve? _____

What kind of accommodations do I use at school that could help me on a job? _____

Use this checklist of skills to prepare for employment:

Yes	Sometimes	No	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I am able to follow written directions.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I am able to follow verbal directions.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I am always on time.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I am able to work independently without much supervision.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I will be able to work full time.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I like to try new things.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I like to work with people.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I know how to locate resources for finding employment.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I know how to fill out a job application.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I know how to interview for a job.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I know how to be well-groomed and dress appropriately for a job.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	I understand my rights and responsibilities as an employee under the Americans with Disabilities Act.

Statements checked “no” are skills that may be areas to improve. Discuss them with your child’s IEP team.